



ELTHAM HIGH SCHOOL

Health Support Planning Strategy

At Eltham High School we aim to ensure all students feel safe and supported at school. We do this by working with families to ensure that clear plans and processes are developed and maintained to support the student's health care needs, either on enrolment or when a health care need is identified. In addition, we allocate time to discuss, practice and review health support planning policies and processes.

Students with an identified medical condition are required to have a current medical action plan to assist with health support planning at school.

We require medical details to be provided for all students upon enrolment at the school and require families to provide an update on medical conditions annually. We require an update of medical action plans for all medical conditions no later than the beginning of term two each year. In addition, families will have the opportunity to review and update details when the Student Information Details are sent out at the beginning of semester two each year.

The list below describes the information that is required by the school and includes links to sample plans for specific student health support needs.

Anaphylaxis

- ASCIA Action Plan for Anaphylaxis (to be signed off by a medical practitioner)
 - For EpiPen:
https://www.allergy.org.au/images/stories/anaphylaxis/2021/ASCIA_Action_Plan_Anaphylaxis_Red_EpiPen_2021_WEB.pdf
 - For Anapen:
https://www.allergy.org.au/images/stories/anaphylaxis/2022/ASCIA_Action_Plan_Anaphylaxis_Red_Anapen_2022.pdf
- Individual Anaphylaxis Management Plan, where relevant

For further information on allergies, plans and resources, visit <https://www.allergy.org.au/hp/anaphylaxis>

Asthma

- Asthma Action Plan (to be signed off by a medical practitioner)
https://asthma.org.au/wp-content/uploads/2020/08/AAAAP2022-Asthma-Action-Plan-A4_v8_Toolkit_editable.pdf
- Asthma Care Plan for Education and Care Services (to be signed off by a medical practitioner)
https://asthma.org.au/wp-content/uploads/2021/09/AA2022_Care-Plan-for-Schools-A4_v2_editable.pdf

Diabetes

Diabetes Action Plan (to be signed off by a medical practitioner)

- Twice daily injections:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o0000FUgHzAAL.pdf>
- Multiple daily injections:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o0000FUgHpAAL.pdf>
- Insulin pump:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o0000FUgHuAAL.pdf>

Epilepsy

- Epilepsy Management Plan (to be signed off by a medical practitioner)
 - For one seizure type: <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-1-unrestricted.pdf>
 - For multiple seizure types: <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-2-unrestricted.pdf>
- Emergency medication plan for seizure emergencies (to be signed off by a medical practitioner)

If a child has a specific medical condition that is not identified above then it is the expectation of the school that the parents inform the school and provide a medical action plan to support us to address the specific health and wellbeing needs of the child whilst at school.

Where a plan has not yet been updated during 2022, we request families to complete the attached documents as appropriate (including sign off by a medical practitioner as required). Please provide a copy of the completed action plan to the First Aid Officer – Fiona Casey. If you have any questions or would like to request a hard copy version of the template please contact Fiona on 9430 5112 or by email at firstaid@elthamhs.vic.edu.au .

Where it is necessary for your child to have medication at school (i.e. Epipen / insulin) it is imperative that this is kept up to date and replaced by you when necessary.

The information you provide will enable us to provide the highest care possible for your child.

Thank you for your support.



Fran Mullins
Assistant Principal



Fiona Casey
First Aid Officer