



Tuesday 06 June
District Athletics

Tuesday 13 June
Report and Assessment Writing Day
(Student Free Day)

Wednesday 14 June
NMR Cross Country

Thursday 15 June
General Achievement Test (GAT)

Friday 23 June
Last Day of Term 2 (2:30pm finish)

Report and Assessment Writing Day (Student Free Day)
Tuesday 13 June

General Achievement Test (GAT) - Thursday 15 June

PRINCIPAL'S REPORT

Student Achievement: Sorry Day

On National Sorry Day, 26 May, the Nation remembers the Stolen Generations. This is part of the ongoing effort towards reconciliation between Indigenous and non-Indigenous Australians.

As a learning community we take this opportunity to remind our students of the meaning of Sorry Day and why it has become an important part of our Nation's calendar.

This Year, School Leader **Beau Duder (Year 12, Rutter House)** and Year 10 student **Indiana Upton (Stewart House)**, each delivered an address to the school which I share with you below.

Beau's address:

"On 26 May, we acknowledge National Sorry Day. This day marks the anniversary of the tabling of the Bringing Them Home Report in the Australian Parliament in 1997. The report detailed the history of the forced removal of Aboriginal and Torres Strait Islander children from their families, under laws enacted by Australian governments. This is what we know as 'The Stolen Generation'. Today, as a sign of respect for those traumatised and impacted by The Stolen Generation, our flags fly at half-mast.

The dates for National Reconciliation Week remain the same each year; 27 May to 3 June. These dates commemorate two significant milestones in the reconciliation journey—the successful 1967 referendum, and the High Court Mabo decision respectively. The 1967 Referendum marked two key changes in Australian politics – Indigenous Australians being counted in the census as citizens and being able to have laws made for them. The Mabo Decision, passed in 1993, was significant as it acknowledged Indigenous connection to the land and led to the introduction of the Native Title Act.

This year, the theme for National Reconciliation Week is 'Be a Voice for Generations'. In the year The Voice Referendum will take place, this theme encourages all Australians to be a voice for reconciliation in tangible ways in our lives – where we live, work, and socialise. It urges all Australians to use their power, their words, and their action to create a better, more just Australia for all of us.

Thank you for your time this morning. I encourage you all to consider how you can use your voice to be a voice for generations and Reconciliation in our local and national communities.

In a demonstration of how we can be a voice for generations, we will now hear from Indi Upton of Year 10 who will share her family's story."

CONTENTS

Principal's Report	1
Assistant Principal's Report	3
Senior School	4
Careers	5
Music	6
Student Agency & Growth	10
Art	10
Languages	9
Working Bee	11
Canteen	12
Student Services	12
Community Announcements	13

Eltham High School
T (03) 9430 5111 |
ABSENCES: (03) 9430 5299
eltham.hs@edumail.vic.gov.au
www.elthamhs.vic.edu.au

SCHOOL CALENDAR 2023

MAY

Tuesday 30 - Wednesday 31

- Year 12 OES Overnight Camp - Barmah National Park

JUNE

Thursday 01

- Unit 3 Art - Revision Session
- Year 8 Round Robin - Girls Netball
- Year 8 Round Robin - Boys Soccer
- Year 8 Round Robin - Badminton

Friday 02

- Year 9 Recreational Activities - Latrobe Golf Park

Monday 05

- Unit 3 & 4 Physical Education - Revision Lecture
- Unit 3 & 4 Mathematical Methods - Revision Lecture
- Unit 3 & 4 General Maths - Revision Lecture
- Unit 3 & 4 General Maths - Revision Lecture
- Unit 3 & 4 Business Management - Revision Lecture
- Unit 3 & 4 History Revolutions - Revision Lecture
- Unit 3 & 4 Legal Studies - Revision Lecture
- Unit 3 & 4 Health & Human Development - Revision Lecture
- Unit 3 & 4 Psychology - Revision Lecture
- Unit 3 & 4 Biology - Revision Lecture

Tuesday 06

- District Cross Country
- 2023 Space Camp Parent and Student Meeting - 7:30pm

Thursday 08

- Year 12 Literature - Close Reading Workshop
- Year 12 English Language - Essay Workshop
- Year 12 English Revision Session

Tuesday 13

- Report and Assessment Writing Day (Student Free Day)

Wednesday 14

- Boroondara Choral Eisteddfod Choir Performance
- NMR Cross Country

Indiana's address:

"Hi my name is Indi and today is National Sorry Day.

This day marks the handing down of the bringing them home report. Of the 27 recommendations there has only been one implemented.

My great grandma was taken away from her country and family, as well as my grandma and uncle.

Today we recognise those who were ripped away from their family and country by the government and put into society where they had to act as if they were not indigenous.

Aboriginal children are 17 times more likely to be removed from their families. Twice as likely to take their life by suicide and on average live 10 years less.

My family has been greatly impacted by this as not long ago my uncle ended up taking his life by suicide.

This shows the intergenerational trauma and the lasting impacts of the choices of the governments at the time.

We need our voices heard,

Thankyou."

I thank both Indi and Beau for their presentations and inform you of the following.

This week, in marking Reconciliation Week, each morning in the five minutes before the 9:00am bell, music will play over the PA. This will showcase different Indigenous music and artists, allowing us an opportunity to reflect on the rich ways Indigenous Australians contribute to our society. There will also be a film viewing of 'In my Blood it Runs', as well as an art mural to which students may contribute. These are all student led initiatives which I am sure will strengthen the spirit of Reconciliation.

Eltham Music

The Mid-Year Music Concerts took place last week and I want to congratulate all the students for their outstanding performances as well as all the music staff for the ongoing guidance that they provide to our students to be the best musicians that they can be.

Both concerts were well attended and livestreamed across the world inviting extended family and friends to be part of our community for these exceptional events.

Concert 1 featured the inaugural performance of "Old Trees, Old Wisdom" composed by Jodie Blackshaw. It also featured the inaugural performance of both the Training Strings and Training Band.

I congratulate all the students in these two bands for their wonderful performances especially considering that most of them only picked up their instrument 7 weeks prior to the concert.

We hope that the performance of the other more experienced bands and ensembles inspired these young people to commit to their music studies and practice with dedication so that they too can become consummate musicians in the coming years.

I want to thank all the members of the Friends of Music for their unwavering commitment to supporting the program and let them know that their efforts are noticed, valued, and much appreciated.

I also wish to recognise the work of our music secretary, Jane Nicholson, who from behind the scenes manages to organise a great deal not only for the concerts but also for the overall music program ensuring that everything proceeds without a hitch.

Finally, a big thank you to you the parents/carers, for the part that you play in encouraging all of our young people to continue with their music and for the consistent support you provide to them.

Students in the Music Program will continue to avail themselves of all the opportunities that the program offers them for the remainder of this term and into Term 3.

Celebration of 25 Years of Reconciliation in Nullumbik

On Sunday 28 May, I was fortunate enough to be present for the 25 Year celebrations of reconciliation in Nullumbik. The event took place at the Eltham Community Centre. The two MCs (Jan McKenzie - past parent of EHS and Julie Allen - past teacher of EHS) did a marvellous job in moving through the program.

Year 8 Student **Olly Nicholson (Stewart House)** and her family, acknowledged country and Warundjeri Elder Ian Hunter, welcomed us all to country and later addressed the assembly.

The Community Centre was full of dignitaries, members of the Nullumbik Reconciliation Group (NRG), local families and friends.

In addition to a number of performances by the Djirri Djirri Dancers and The Chocolate Lilies, the Eltham High School Symphonic Band performed "Old Trees, Old Wisdom" which

Thursday 15 • 2023 General Achievement Test (GAT)	was commissioned from composer Jodie Blackshaw, specifically for this event. Everyone listened in awe of this amazing piece of music and of our students' performance. The Eltham High School Symphonic Band also played at the first Nillumbik Reconciliation Group event 25 Years ago, so it was fitting that the Band played again in 2023.
Friday 16 • Year 11 OES - Daytrip to Yarra River Whitewater Rafting	The celebrations concluded with a smoking ceremony conducted by Ian Hunter. It was an enjoyable afternoon, encompassing reflection on where we came from, where we are at now and the work that needs to still occur in the spirit of reconciliation; some learning; some entertainment and some fun.
Monday 19 • Year 10 Pathways Day • Year 10 Outdoor Education Bushwalk - Mt Kooyoora	I congratulate the NRG not only on this event but on what it has managed to achieve towards Reconciliation over the last 25 years and for identifying the work that needs to take place in moving forward to achieve the vision of Reconciliation in the true sense.
Wednesday 21 • Go Girl Go for IT 2023 - Deakin University • Senior Drama Performance • Year 7 Round Robin	Reminders: Susan Street Oval Bridge works We have been informed by the Shire of Nillumbik that works have begun on the reconstruction of the Susan Street Oval shared trail bridge in Eltham. As these works will surely impact students walking to and from the school, please take note of the following.
Friday 23 • Last day of Term 2 • Year 9 Recreational Activities - Ice Skating	Lifting of the spans commenced a couple of weeks ago, with the installation of the decks and approach ramps expected to be completed in May, weather permitting. Some trail realignment may be required on assessment once the ramps are placed. However, this will be completed once the bridge re-opens.
JULY	The bridge was damaged due to flooding in late 2022 and was no longer safe. It was removed as a safety precaution.
Wednesday 12 • Symphonic Band Sectional Day 2023	The new bridge has been raised as much as the site allows while maintaining accessible grades on access ramps to ensure safe use by all. This will reduce the frequency of future flood events impacting the bridge.
Thursday 13 • State Cross Country • Year 9 into Year 10 Information Evening	The replacement of the pedestrian bridge in Alistair Knox Park near the skate park is still being investigated by Council.
Friday 14 - Saturday 15 • Symphonic Band Music Camp	VINCENT SICARI, Principal
Monday 17 - Tuesday 18 • Training Band Music Camp	
Tuesday 18 • Year 10 into Year 11 Information Evening	
Wednesday 19 • Year 7 STEAM Experience at Edendale Farm - 7A, B, C and D • NMR Boys Table Tennis	
Wednesday 19 - Thursday 20 • Concert Band Music Camp	
Thursday 20 • Year 7 STEAM Experience at Edendale Farm - 7E, F and G	
Friday 21 • Year 7 STEAM Experience at Edendale Farm - 7H, J and K	

ASSISTANT PRINCIPAL'S REPORT

Health Planning Support

At Eltham High School we aim to ensure all students feel safe and supported at school. We do this by working with families to ensure that clear plans and processes are developed and maintained to support individual student's health care needs, either on enrolment or when a health care need is identified. In addition, we allocate time to discuss, practice and review health support planning policies and processes.

Students with an identified medical condition are required to have a current medical action plan to assist with health support planning at school.

We require medical details to be provided for all students upon enrolment at the school and require families to provide an update on medical conditions annually. We require an update of medical action plans for all medical conditions no later than the beginning of term two each year. In addition, families will have the opportunity to review and update details when the Student Information Details are sent out at the beginning of semester two each year.

The list below describes the information that is required by the school and includes links to sample plans for specific student health support needs.

Anaphylaxis

ASCIA Action Plan for Anaphylaxis (to be signed off by a medical practitioner)

- **For EpiPen:** https://www.allergy.org.au/images/stories/anaphylaxis/2021/ASCIA_Action_Plan_Anaphylaxis_Red_EpiPen_2021_WEB.pdf
- **For Anapen:** https://www.allergy.org.au/images/stories/anaphylaxis/2022/ASCIA_Action_Plan_Anaphylaxis_Red_Anapen_2022.pdf
- Individual Anaphylaxis Management Plan, where relevant

For further information on allergies, plans and resources, visit: <https://www.allergy.org.au/hp/anaphylaxis>

2023

Term Dates

Term 2:

Starts 24 April

Finishes 23 June

Term 3:

Starts 10 July

Finishes 15 September

Term 4:

Starts 2 October

Finishes 20 December
(Dependent on Year level)

Asthma

- Asthma Action Plan (to be signed off by a medical practitioner) https://asthma.org.au/wp-content/uploads/2020/08/AAAAP2022-Asthma-Action-Plan-A4_v8_Toolkit_editable.pdf
- Asthma Care Plan for Education and Care Services (to be signed off by a medical practitioner) https://asthma.org.au/wp-content/uploads/2021/09/AA2022_Care-Plan-for-Schools-A4_v2_editable.pdf

Diabetes

Diabetes Action Plan (to be signed off by a medical practitioner)

- **Twice daily injections:** <https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHzAAL.pdf>
- **Multiple daily injections:** <https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHpAAL.pdf>
- **Insulin pump:** <https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHuAAL.pdf>

Epilepsy

Epilepsy Management Plan (to be signed off by a medical practitioner)

- **For one seizure type:** <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-1-unrestricted.pdf>
- **For multiple seizure types:** <https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-2-unrestricted.pdf>

Emergency medication plan for seizure emergencies (to be signed off by a medical practitioner)

If a child has a specific medical condition that is not identified above then it is the expectation of the school that the parents inform the school and provide a medical action plan to support us to address the specific health and wellbeing needs of the child whilst at school.

Where a plan has not yet been updated during 2022, we request families to complete the attached documents as appropriate (including sign off by a medical practitioner as required). Please provide a copy of the completed action plan to the First Aid Officer – Fiona Casey.

If you have any questions or would like to request a hard copy version of the template please contact Fiona on 9430 5112 or by email at firstaid@elthamhs.vic.edu.au.

Where it is necessary for your child to have medication at school (i.e. Epipen / insulin) it is imperative that this is kept up to date and replaced by you when necessary.

The information you provide will enable us to provide the highest care possible for your child.

Thank you for your support.

.....
FRAN MULLINS, Assistant Principal

SENIOR SCHOOL

Covid Positive Students

Please register your positive RAT with the Department of Health, keep a copy of the confirmation notification SMS and notify Susan Inglis (Senior School Administrator) via ing@elthamhs.vic.edu.au or on 9430 5164.

Year 10 Meningococcal ACWY Secondary School Vaccine Program

Parent consent cards have been delivered to all Year 10 classes. Please return the signed consent cards at your earliest opportunity. You may choose to tick either the YES or NO box according to your preference.

Year 10 CAT Redemption Session

In order to support our Year 10 students to achieve success in their studies and preparedness for VCE, Senior School is implementing a Year 10 CAT (Common Assessment Task) Redemption Session after school on selected Thursdays throughout the term, from 3:15pm - 4:25pm in Room 321/322.

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2023

Working Bees

Sunday 4 June

Sunday 27 August

Sunday 15 October

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

Year 10 students will be booked into this session if:

- They have missed a CAT in class due to being absent for either medical or school approved activities such as an excursion, camp, school sport, music or other extra-curricular activities.
- The CAT that was submitted has not satisfactorily met the requirements of the task. In this case a redemption task will be given to provide another opportunity for the student to demonstrate their understanding of key knowledge and skills being assessed.

The CAT redemption session will appear on the student's Compass schedule. We encourage students with part-time employment to allow for this when advising their employer of their availability. Please contact the relevant Year 10 Coordinator if you have any further questions.

Year 12 Jumpers - Group Photo

A Year 12 group photo has been arranged for **Monday 19 June at 1:15pm** in the Showcourt and will be available for purchase through MSP Photography.

Year 12 Formal

The Formal will be held on Friday 21 July at Leonda by the Yarra, commencing at 7:00pm.

Payment for this event covers will be in two parts:

- A non-refundable Deposit of \$100.00
- A second event will be published (Year 12 Formal Balance Payment) to cover the remainder of the Formal cost by **Friday 30 June**. The Balance payment for the formal is expected to be between \$60.00 - \$100.00 depending on the number of students attending.
- Total cost will be between \$160.00 - \$200.00.
- Please contact the General Office to make arrangements for payment plans.

An additional event will be posted later this term to cover the cost of Year 12 End of Year Celebrations including final day breakfast, activities and Valedictory on Thursday 16 November.

Term 2 Key Dates

EVENT/TASK	DATE(S) 2023
VCE Unit 3 concludes	Friday 2 June
Unit 3 Revision Day Unit 2 Commences	Monday 5 June
Unit 4 Commences	Tuesday 6 June
Year 10 Semester 1 Examinations	Tuesday 6 June - Friday 9 June + Wednesday 14 June - Thursday 15 (rescheduled exams only)
King's Birthday public holiday	Monday 12 June
VCAA- GAT examination- Unit 3/4 studies	Thursday 15 June
Transition - Year 11 into 12, 2024 Subject Selection Assembly	TBC
Year 10 Pathways Day	Monday 19 June
Year 10 classes resume	Tuesday 20 June
Year 10 Semester 1 classes finish End term 2	Friday 23 June

.....
AMANDA SALIBA, Senior School Team Leader

CAREERS

Year 12 Early Entry Offers for 2024

Please find links to the early entry programs for 2024 and it is very important that you look carefully at:

- Opening and closing dates for each program
- Eligibility
- Courses that can you access with your application
- Application details

<https://www.acu.edu.au/study-at-acu/admission-pathways/acu-guarantee>

<https://www.latrobe.edu.au/study/aspire>

<https://www.swinburne.edu.au/courses/planning-your-future/early-entry-program/>

<https://www.vu.edu.au/study-at-vu/how-to-apply/special-admission-programs/vu-guaranteed>

<https://federation.edu.au/future-students/study-at-federation/early-offer-program>

<https://www.rmit.edu.au/study-with-us/applying-to-rmit/local-student-applications/access-rmit/early-offer>

Year 10 Information Work Experience 2023

Work Experience will be held in Term 3 between Monday 4 – Friday 9 September

It's never too early to start planning your 2023 placement so now is the time to think about what placement might best suit you. Keep an eye on Compass, the Careers website and the Newsletter for ideas and options.

Forms can be accessed through our Careers website at www.elthamhighcareers.com.au Use the "Workplace Learning link" and select "Required documents". Alternatively they are outside the Careers Office next to the Drama room. There is the standard Placement Form along with a Transport/Accommodation Form, if necessary.

Forms need to be returned by **Tuesday 29 August** to the Careers Office or by email to pri@elthamhs.vic.edu.au

ROSS PRINGLE, Careers / Pathway Coordinator

MUSIC

2023 Music Fees

The Training Band and Training Strings Music Fees are due:

Ensemble Fees are due for payment by 1 June 2023.

Hire Instrument Fee, Percussion Equipment Fee, Choir or any outstanding fees are due for payment by 1 August 2023.

Hire Instrument Fee, Percussion Equipment Fee, Stage Band, Jazz Band, Choir or any outstanding fees are due for payment by 23 June 2023.

Payment of the Music Fees can be made by completing and returning a credit card form, by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email our accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email they may allocate the funds to other areas.

If you do not know your BPay reference number or you would like to organise a re-payment plan please contact the school's Revenue Administrator, Jacinta D'Avoine. Please note, music fees will appear on your family statement, not in the Compass Parent Portal.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries. Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Your prompt payment of the fees is appreciated.

RICK KEENAN, Director of Music

STUDENT AGENCY AND GROWTH

Reconciliation Action Plan – Join our Working Party

Eltham High School is committing to a Reconciliation Action Plan (RAP) and we need your help! A RAP involves committing to a series of actions from an existing list on the RAP website (linked below).

We are looking to establish a working party consisting of members of the school community including parents, teachers and students that are interested. This group will meet regularly throughout the year as we look to establish our RAP and work towards implementing our goals.

You can read more about what's involved on the Narragunnawali RAP website:

<https://www.narragunnawali.org.au/raps/what-is-a-rap>

If you are interested in joining our Reconciliation Action Plan Working Party, please indicate your expression of interest by emailing Nadia Devlin, dev@elthamhs.vic.edu.au.

**Kris Van Der Kamp (Year 10, Stewart House) and
Ava Grzechnik (Year 12, Rutter House) - Respect for Diversity Leaders**

Push Up Challenge – Join us!

In the month of June, our community will be taking part in The Push-Up Challenge. As a community, we are going to shine light on mental health to raise awareness, as well as honour the 3,144 lives lost to suicide in 2021.

The Push-Up Challenge collaborates with multiple foundations including the Push for Better Foundation, the Movember Charity and Lifeline, all of which are strong advocates for mental health. All services aim to raise awareness, engage and educate people and raise funds for mental health, all while making engagement as fun and friendly as possible.

The Push-Up Challenge is a 23-day mission that aims for every participant to complete 3,144 push-ups during the set period, 3,144 push-ups for the 3,144 lives lost to suicide in 2021. The focus of the Push-Up Challenge is to "*Get fit, have fun and learn about mental health*". You can aim for half or the full push-up target, and other exercise alternatives are always welcome.

The challenge will commence on Thursday 1 June, and will end on Friday 23 June. There will be student-run challenges being held throughout the 23 days, all of which will go towards the charity.

You can join a team or support someone who is taking part in the challenge. We have set up a team for the school, where you will be able to support your House while pushing for mental health awareness. To sign up and join the Eltham High School Community, follow this link: <https://www.thepushupchallenge.com.au/fundraisers/elthamhighpushupchallenge>

If you don't want to do the challenge, but would still like to contribute to this cause, you can donate to our team via this QR code.



Maali Kerta-Rice (Year 12, Stewart House)

NADIA DEVLIN, Student Agency and Growth Leader

ART

Senior Arts Enrichment Tour 2024

The Arts Faculty is very excited to announce the confirmed dates for the Senior Arts Enrichment Tour to Sydney and the Shoalhaven for 2024 and the proposed itinerary.

Flying to Sydney on Friday, 15 March students will spend two nights in the historic Rocks; and a further two nights at Arthur Boyd's iconic studio and property, Bundanon, located on the Shoalhaven River. After five amazing days of inspiration and creativity students will return to Melbourne on Tuesday 19 March, 2024.

We are calling for expressions of interest from Senior Art and Design students who will be studying an Art or Design Subject in Years 10, 11 or 12 in 2024.

This is an amazing opportunity for students to build their folios and immerse themselves in some profound artistic experiences. They will be visiting the studios of iconic Australian artists, touring major galleries and participating in a range of artist led workshops.

Places are limited to a maximum of 30 students. As we expect more applications than places, acceptance will be determined by written expression of interest, order of receipt and consideration of year level (priority will be given to Year 12s, 11's and then 10's). Forms are available from the General Office and should be returned along with a non-refundable/non transferable deposit of \$600 by Thursday 22 June. This will enable us to secure flights, accommodation and other bookings on this incredible trip.

The total cost is expected to be between \$1,600 and \$1,950 and is inclusive of flights, accommodation, all travel by train, bus and ferry, tours, workshops, entries, theatre tickets, art materials and meals.

For more information contact Lisa Foote at foo@elthamhs.vic.edu.au

An information session for interested students will be held this **Wednesday 31 May at lunchtime in Room 613** to provide more information and outline the proposed itinerary.

The 2024 itinerary includes:

Visits to significant Australian artists' studios and renowned galleries while exploring Sydney's vibrant city and capturing it through drawing, painting and photography. We will visit the Shoalhaven region and stay at Bundanon the home of Arthur Boyd. The tour will address many of the requirements of VCE Study Designs as outlined by the VCAA.

Eltham High School is the first Victorian State Government school to enable its students access to the facilities at Bundanon, in the Shoalhaven region. A few of the proposed highlights include:

- Life drawing at Brett Whiteley's Studio;
- Chinese Brush Ink workshop at the Chinese Friendship Garden;
- Tour of Museum of Contemporary Art and artist run workshop;
- Tour of the Opera House;
- Nighttime theatre performance;
- Visit to Art Gallery NSW to view TOPEXPRESS 2024- an exhibition of the top scoring Year 12 students in NSW;
- Tour of Arthur Boyd's studio and residence;
- Workshops including painting, drawing, photography and printmaking in some of the most iconic places where significant Australian artworks have been created including painting landscapes where Arthur Boyd produced his most significant works of the Shoalhaven river.

Year 7 Art Club - Thursday Lunchtimes in Room 613

Do you enjoy art and love being creative? Our Art club is an opportunity for Year 7 students to have a space to create and connect with other likeminded students.

We have planned some fun activities and will be on hand to teach students new skills.

If you have any questions contact Lisa Foote foo@elthamhs.vic.edu.au or just turn up on Thursday lunchtimes to Room 613 and don't forget to bring your lunch.

Art Space for All Year Levels - Monday Lunchtimes in Room 613

This is for ALL Year levels who want to make art in a relaxed and supportive environment.

You are welcome to bring along your sketchbook and work on your own ideas, do work for your folio subjects or take advantage of access to materials and teacher support with building your techniques and ideas.

You don't have to be great at art - if you enjoy being creative or want to create more art this space is perfect for you.

VCE Folio Workshops - Tuesday Lunchtimes in Room 613

VCE students of Art Creative Practice and Art Making & Exhibiting can work on their folios. Students can take advantage of access to materials, gain further support and advice around the development of their ideas and practice and address some of the expectations around time that should be spent on folios as homework.

VCE Art students are encouraged to take advantage of the additional time and support available to them at school.

Eltham High Arts & Technology Instagram Account

Keep up to date about everything Arts and Technology including upcoming events, exhibitions, subject information, plus lots more.

You can join our account at [elthamhs.arts.tech](https://www.instagram.com/elthamhs.arts.tech/) or you can access the account through the following link: <https://www.instagram.com/elthamhs.arts.tech/>

LISA FOOTE, Arts Coordinator

LANGUAGES

Interested in Live French Theatre?

Melbourne French Theatre is the only production company in Australia to present live theatre in the French language.

English subtitles made available above the stage.

Click on the link below for more information about MFT's upcoming farcical black police comedy: "*Flagrant Délire*", playing in August this year.

<https://melbournefrenchtheatre.org.au/current-show-flagrant-delire/>

Bonne séance!

Alliance Française de Melbourne's French Pop-up

Keen to immerse yourself in more French culture and language?

Consider visiting the Alliance Française de Melbourne's French pop-up corner in Madame Brussels Lane! Live your best French life in the Paris-end of Madame Brussels Lane.

Croissants, coffee, French reading hub, games events and conversation with native French-speaking tutors.

For more information, go to the Alliance Française de Melbourne:

<https://www.afmelbourne.com.au/events-live-french/pop-up/>

CATHERINE CONSIDINE, Languages KLA Coordinator

WORKING BEE

Eltham High School Working Bee

The Grounds Committee is inviting members of our school community to come along to our Working Bee to be held on **Sunday 4 June 2023**.

We are seeking volunteers to come in and perform a number of key tasks on the day:

- Mowing and brush-cutting – along the Withers Way entrance in front of the stadium. Please bring your mower / whipper-snipper and safety gear if you are keen to be involved in this task.
- Sanding of table tops in the courtyard areas. Please bring along your belt sander and safety gear if you would like to undertake this task.
- Clearing of grasses along the 400s building- hardcourts side to make way for a seating area
- Weeding /Pruning/ General clean-up – Particularly the garden beds in the courtyard area, tennis courts and car parks

The Working Bee runs from 9:00am until 1:00pm. Morning tea and a BBQ lunch will be provided. Attendees are asked to report to the central courtyard for sign-in and briefing.

If you would like to attend the upcoming Working Bee can you please complete the following Microsoft Form by Tuesday 30 May, 2023 to advise of numbers and any dietary requirements.

<https://forms.office.com/r/z9ZCA9RraZ>

Committee Meeting Date	Working Bee Date
Thursday 25 May	Sunday 4 June
Thursday 17 August	Sunday 27 August
Thursday 14 September	Sunday 15 October
Thursday 23 November (RESERVE DATE)	Sunday 3 December (RESERVE DATE)

ANNA PANAS, On behalf of the EHS Grounds Committee

CANTEEN

Canteen Announcements

Canteen would like to remind students that the best way to ensure that you get the Lunchtime Specials at lunch is to place a lunch order either before school or at recess.

Canteen adjusts the quantity of the Lunchtime Special according to demand therefore the best way to ensure you don't miss out is to make sure you have a lunch order.

CAROLINA CONSTABLE, Canteen Manager

STUDENT SERVICES

Parent Information Session – Nurturing Resilient and Independent Young People

Eltham High School has arranged for The Big Sister Experience to facilitate a workshop for parents and carers that focuses on learning strategies to encourage your young person to find a strong sense of identity. In addition, this session will give you as the parent confidence around establishing strong foundations that will enable your young person to build their resilience and flourish in secondary school.

The delivery of this information session coincides with The Big Sister Experience facilitating workshops for the Year 9 students. The workshop is suitable to all parents and carers who have students at Eltham High.

The Big Sister Experience have requested that your young people do not attend this online workshop with you. Further, this session will not be recorded.

Date: Wednesday 14 June

Time: 7:00 - 8:00pm


Location: Online (via Webex)

Cost: Free

Webex Details - Meeting link: <https://eduvic.webex.com/eduvic/j.php?MTID=mcd568d2fa73dc2cf79bd1f6235a45e5c>

MADLINE KAMAMIS, Student Services Leader

Canteen Autumn Menu Prices 2023

Hot Food	Warm Stuff	Cool Stuff	Sandwiches and Wraps
Hash Browns (GF) (V) \$1.50	Sweet Muffin \$3.50	Fresh Fruit (Piece) \$1.00	Ham, Cheese, Tomato Sandwich \$4.50
Pin Wheel \$2.00	Vegemite Cheese Scroll \$3.00	Banana Bread Slice \$2.80	Egg & Lettuce Sandwich \$6.00
Garlic Cheesy Bread \$2.00	Hot Jam Doughnut \$3.80	Yoghurt Tub \$3.00	Roast Beef & Mustard Pickle Sandwich \$6.00
Dimms Sims (2) \$2.50			Salad & Cheese Roll \$6.00
Ham & Cheese Toasty \$4.00			Ham & Salad Roll \$6.00
Tomato & Cheese Toasty \$4.00			Chilli Chicken Wrap \$6.00
Egg Muffin & Relish \$4.00			Plant Based Chilli Chicken Wrap \$6.00
Bacon Egg Muffin & Relish \$4.50			Falafel Wrap (V) \$7.00
Sausage Roll \$3.80			Tandoori Chicken Wraps \$7.00
Spinach & Ricotta Roll \$3.80			BLT (Bacon, Lettuce & Tomato) \$7.00
Vegan Wholemeal Pasty \$5.00			HLT (Haloumi, Lettuce & Tomato) \$7.00
Meat Pie \$5.00			
Beef Curry Pie \$5.00	Thursday	Hot Dogs with Cheese (Tomato Sauce included in Price) \$4.50	
Shepherd's Pie \$5.00		Burgers- Beef, Chicken & Veggie \$7.00	
Chicken & Vegetable Pie \$5.00	Friday		
Hot Soup (V) \$6.00			Hot Chocolate \$2.50
Bread Roll \$0.80			Hot Tea, Chai Tea & Coffee \$2.50
Nachos \$6.00			Full Cream Milk & Soy available (V)
Super Nachos \$7.00			
Pasta Bake \$7.00			
		Sweet Things	
	Apple Cake \$4.00	Coffee Scroll \$3.80	Caramel Slice \$3.80
	Smarty Cookies \$3.80	Strawberry & Chocolate Doughnut \$3.80	Hedgehog Slice \$3.80
			Lemon Passionfruit Slice (GF) \$3.80

Please be advice that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Gluten Free Rolls, Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies, Gluten Free Chicken Tenders & Gluten Free Beef Burgers

Canteen is opened everyday at 8:45am for student and staff to place lunch orders for Recess or Lunch (V) = Vegan



chat with a registered nurse at headspace Greensborough Mondays & Wednesdays

Nurse Hayley provides free and confidential health advice including:

- Sleep Hygiene**
 - Sleep routine management
 - Advice & plans
- Sexual Health**
 - STI Information
 - Referrals for STI screening
 - Safe-sex education
 - Respectful relationship education
 - Cervical screening (pap smear)
- Diabetes**
 - Education & management
 - Blood glucose testing
- Family Planning**
 - Pregnancy testing
 - Options, advice & referrals
 - Contraceptive options & information
- General Physical Health**
 - Anatomy & Physiology education
 - Measure vital signs
 - Chronic disease management
 - Health promotion
 - Skincare routine
 - Vaccination information & advice



headspace Greensborough
Level 1/7/8 Main Street, Greensborough VIC 3088
(03) 9433 7200
headspacegreensborough@mindaustralia.org.au



Some problems can build and grow until they feel too big to handle. That's why it's good to get help early, for yourself or for someone you know.

Talk to your friends, family, or teacher and **NIP it in the bud.**

Get other tips and tools to look after your mental health at headspace.org.au/nipitinthebud





Partners in Parenting




Is your teenager struggling to attend school due to anxiety, depression or emotional distress?

Be among the first to trial a new online parenting program designed to support parents of teens struggling with school attendance.

Researchers from Monash University and Deakin University are offering parents a **FREE online parenting program** designed to support parents of teenagers who have **difficulty attending school due to anxiety, depression, or emotional distress** (sometimes called 'school refusal', 'school can't', or 'school phobia'). The program is being offered as part of a research trial.

What's included in the program?

- A parenting self-assessment tool with personalised feedback
- Up to 13 online modules with practical strategies to support your teen's mental health and school attendance
- Complete weekly modules and work towards goals

Who can take part?

You may be eligible to participate if:

- you are the parent or guardian of a teenager aged 12-18
- live in Australia
- can read, write, and speak in English,
- have regular access to the Internet.

The program is not recommended as a sole source of support for young people experiencing school refusal. We recommend seeking professional support from a mental health or education professional alongside completing this program. Although all parents are able to take part, please also note that the program content is not tailored for parents of teenagers with Autism Spectrum Disorder or intellectual disability.

What else is involved?

To help us evaluate the program, we'll ask you to complete two online surveys about your parenting and your teen's mental health. We may also invite you to complete an interview about your experience with the program. You'll receive a \$20 gift voucher after completing the second survey, and an additional \$20 gift voucher if you complete an interview.

FIND OUT MORE:

pip-ed.web.app
Contact:
med-pip-ed@monash.edu



This research has been approved by the Monash University Human Research Ethics Committee (ID: 32704).

YOUTHFEST '23

PERFORMERS, VOLUNTEERS AND STALLHOLDERS WANTED!

WE'RE LOOKING FOR YOUNG PEOPLE AGED 12-25 TO VOLUNTEER AT YOUTHFEST ON SUNDAY 10 SEPTEMBER

Every September, Banyule Youth Services host a FREE festival packed with activities & games, live music, food trucks, art, freebies, and market stalls.

HOW YOU COULD GET INVOLVED:

PERFORM: on one of our 2 stages. Whether you're a band, soloist, dancer, poet or comedian, all are welcome!

VOLUNTEER: to support activities, hand out prizes and merch, or support festival goers.

HOST A MARKET STALL: young artist or business owner? Sell your products!

More information:
Call: (03) 9098 8000
Email: jets@banyule.vic.gov.au

SCAN HERE TO APPLY!



www.linktr.ee/jetsbundoora





Banyule Youth Services is proud to acknowledge the Wurundjeri Woi-wurrung people as traditional custodians of the land and we pay respect to all Aboriginal and Torres Strait Elders, past, present and future, who have resided in the area and have been an integral part of the region's history.



Reconciliation Week Family Day



BE A VOICE FOR GENERATIONS

Barrbunin Beek Aboriginal Gathering Place invites you to join us for a family fun day for National Reconciliation Week.

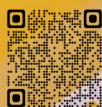
**Saturday 3rd June
2023
10am to 1pm**

Come along with the whole family to learn how to be a Voice for Generations, Celebrate the Uluru Statement from the Heart and the Warin (wombat) Season with a range of fun activities.

**Barrbunin Beek
Aboriginal Gathering
Place
65 Catalina St
Heidelberg West**

Sausage Sizzle and drinks will be available for a gold coin donation.

For more information please check out our Facebook page www.facebook.com/BarrbuninBeekGP or contact Kristen on 0423 063 737



National Reconciliation Week 2023
27 May - 3rd June

BE A VOICE FOR GENERATIONS

Show your support,
participate in an activity
this week!

'IN MY BLOOD IT RUNS' FILM

Upper 100s - Wednesday & Thursday Lunchtime

FEATHER COLOURING FOR BUNJIL MURAL

Upper 100s - Tuesday, Wednesday & Thursday
Lunchtime

Barista Basics

**Saturday 17 June
10am-3pm**

For 15+yrs

Learn how to make different coffees and use a commercial coffee machine. Participants receive a Certificate of Participation for their CV's.

www.livinglearningnillumbik.vic.gov.au/BaristaBasics





tuning into teens

information session

Want to know how to build your teens resilience to cope with stress or difficult times?

Join us on a one hour webinar to find out more about the Tuning Into Teens program.

We will be introducing the key themes including adolescent development, what to expect from the program, and the benefits of emotion coaching.

If you have a child who is showing signs of mental distress, or you are interested in strengthening your connection to your teen, sign up below



bit.ly/3nqipdZ

Date & Time
Tuesday, 13 June 2023
5:30pm to 6:30pm

Cost
Free!

Location
Online (Zoom)

Enquiries
Call us on (03) 9433 7200 or email
headspacegreensborough@mindaustralia.org.au



ABOUT

Learn strategies to encourage your young person to find a strong sense of identity and give you as a parent, confidence around establishing strong foundations that will enable your young person to flourish for 2023 and beyond.



@bigsisterexperience

NURTURING
RESILIENT,
INDEPENDENT
YOUNG
PEOPLE

DETAILS

WHERE:
ONLINE

WHEN
WEDNESDAY 14TH JUNE 2023

TIME
7PM - 8PM

WHO
PARENTS OF ALL GENDERS
& YEAR LEVELS

AS SEEN ON



IN THIS ONE-HOUR PRESENTATION, THE BIG SISTER EXPERIENCE WILL TAKE YOU THROUGH THEIR KEYS TO NURTURING RESILIENT, CONFIDENT AND HAPPY YOUNG PEOPLE.

1300 BIG SIS @bigsisterexperience www.bigsisterexp.com



INTRODUCTION TO FILM MAKING WORKSHOP

MONDAY 26 & TUESDAY 27 JUNE
10M - 2PM - MAX 10 PARTICIPANTS [Book Here](#)

\$25 PER ENROLMENT INCLUDING PIZZA & SOFT DRINK LUNCH

OR

WEDNESDAY 28 & THURSDAY 29 JUNE
10AM - 2PM - MAX 10 PARTICIPANTS [Book Here](#)

\$25 PER ENROLMENT INCLUDING PIZZA & SOFT DRINK LUNCH

Join us for an immersive content production & filmmaking workshop for young people aged 13-17 years who are interested in producing content for social media.

During this hands-on workshop, you'll gain invaluable insights into the world of cinema cameras, lighting techniques, and the essentials of video editing. Tim, with over a decade of experience directing music videos for renowned artists like Youngn Lipz, Stonebwoy, T-Pain and Gappy Ranks, has garnered billions of online views.

Get ready to unlock your creative potential and learn the skills necessary to create your own future masterpieces. By the end of the workshop, you'll have acquired the tools and knowledge to confidently utilise cinema cameras, set up professional lighting, employ special video lights, and seamlessly edit videos. Don't miss this opportunity to be part of a transformative learning experience.

More information www.WarrandyteNeighbourhoodHouse.org.au or 9844 1839

Check out Tim McCartney's socials

@tmcmedia_ 295k subscribers @tmcmedia_ 641k subscribers @tmcmedia_ 1.1m subscribers

THESE WORKSHOPS HAVE BEEN MADE POSSIBLE BY
COMMUNITY BANK WARRANDYTE
THANK YOU FOR YOUR SUPPORT

Schools on Air



Ever wanted to be on radio
Create your own podcast
Or be a producer?

Join Schools on Air

Book Now!
<https://bit.ly/SchoolsOnAir23>

Whether you've never picked up a mic, or you know your basics but want to learn more, join us and record your very own show.

Each week you will work with a SYN 90.7 FM radio expert who will guide you as you decide on the music and script, before you record and go live on radio across Melbourne and Geelong!

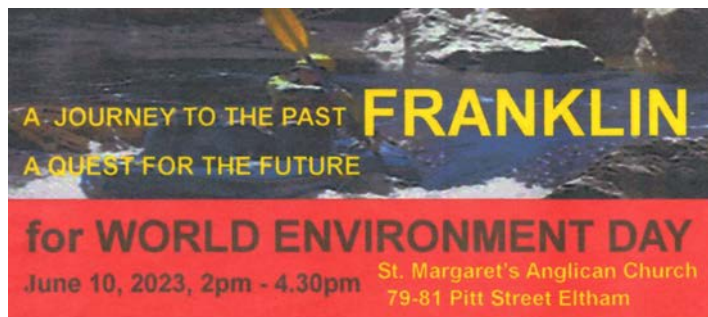


Dates: Term 2, 3 & 4
Time: Mondays from 4:00 - 6:00 pm
Location: Banyule Nillumbik Tech School
61 Civic Drive, Greensborough

For more information contact
BanyuleNillumbikTS@melbournepolytechnic.edu.au



Community Announcements



Amnesty International, OXFAM and St.Margaret's Eltham have partnered to show the documentary "FRANKLIN" which follows the eighth - generation Tasmanian Oliver Cassidy as he embarks on a life changing solo raft trip down the mighty, beautiful Franklin River. His aim is to retrace his late father's trip made to attend the blockade that saved the World Heritage listed national park from being destroyed by a huge hydroelectric dam project in the early 1980s.

PROGRAM MC: Mitzi Tuke

Acknowledgement of Country

Marguerite Marshall: A Climate Reality Leader trained by Al Gore. A climate campaigner for decades, Marguerite will talk about urgent action needed to prevent catastrophic change and how joining others will help achieve success.

Dr. Harry Watson (SAGE) will speak on "The extreme urgency of holistic action for carbon neutral mobility."

Don Stokes (OXFAM) volunteer and activist speaking on Oxfam's Climate Justice Program

Katrina North (Amnesty International) The right to protest is powerful when passionate and courageous people raise their voices to make the world a better place, for example in protection of the mighty Franklin River.



Refreshments and information tables in the hall
Cost: \$10.00. To book: use the QR code
or <https://trybooking.com//CHPMF>

For more information: Phone: 9439 9238 or visit:
www.stmargaretseltham.org.au



C.A.V.E.

Cordially invites You

to our Annual Fundraiser Luncheon.

On Sunday 18th June 2023

At 12 PM for 12:30 p.m.

To be held at St. Margaret's Hall
79-81 Pitt Street, Eltham.

Entry contribution \$25

Entertainment! Musical item
Eltham High School.

Raffle + sale of goods.

Your support of C.A.V.E.'s work &
The Judith Ireland Studentship
Programme is appreciated.

RSVP : Ann 9439 8879.

or Diana 9439 8565.

DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"