



Thursday 27 April
2023 Year 7 Open Morning /
Information Evening

Monday 01 May
Eltham High School Jazz Night: 7:00pm
in The Nallejerring Performance Centre

Monday 08 May
Elevate Study Sensai - Year 12 Tutorial
Eltham High School 2023 Jazz Night

Thursday 11 May
Student Free Day

Friday 19 May
VCE Careers Expo

Thursday 06 April - Last day of Term 1 (2:30pm finish)

Thursday 27 April
2023 Year 7 Open Morning / Information Evening

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Eltham High School Jazz Night - 7:00pm in The
Nallejerring Performance Centre

PRINCIPAL'S REPORT

Welcome back to Term 2

I welcome all students and staff back to Term 2, hoping that everyone has had a restful and relaxing break.

Whilst this term is rather short (9 weeks), it will be a very busy one. Already this week we have had our ANZAC Day Commemorative Ceremony and on Thursday of this week we will be hosting our Open Morning and Information Evening for prospective 2024 Year 7 students and families. Our first Working Bee for the Term is scheduled for Sunday, 7 May. Other planned activities will also take place during this term.

We are very fortunate to continue to have a full complement of staff as we proceed to create a new sense of normality within a COVID environment. A small number of staff changes occurred at the end of Term 1 as people have taken long awaited leave. We have managed to replace these staff and as such, all classes have their allocated teachers.

Furthermore, our newly appointed First Aid attendant, Fiona Casey, has joined us today. I take this opportunity to wish Fiona a wonderful start to such an important role.

I look forward to our work together as we support our students to continue to learn and grow.

Student Achievement: VCE Top achievers 2022

At the conclusion of the remaking of his English Literature Script by the VCAA, I am very pleased to announce that Jude Revill joins our other two top achievers for 2022, Fieke Van Der Kamp and Jules Broeren.

The three achieved ATAR Ranks between 99.50 and 99.60.

Jude has accepted a place in the Bachelor of Engineering (Honours) at Monash University; Fieke has accepted a place in the Bachelor of Science (Elite Athlete Program) at The University of Melbourne and has been offered a place at a university in the USA, and; Jules has accepted place in the Bachelor of Commerce (Achievement Scholarship) at The University of Melbourne.

Congratulations to Jude, Fieke and Jules on their achievements and we wish them well in their chosen career path.

2023 AusCycling Junior National Track Championships

Over the Term 1 break, **Lavinia Ward (Year 8, Everard House)** achieved exceptional success at the 2023 AusCycling Junior National Track Championships at Brisbane from 11 to 14 April.

Lavinia had been training extremely hard, keeping to a tight schedule, and was prepared for the championships. Her mental preparation and focus were also evident through her discussions at school with teachers and class members. A large part of her preparation was to participate in regular racing at the Joe Ciavola Velodrome, Darebin International Sports Complex.

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SCHOOL CALENDAR 2023

APRIL

Thursday 27

- 2023 Year 7 Open Morning / Information Evening

Friday 28

- Year 7 Film Screening - Edward Scissorhands
- SSV Swimming

MAY

Monday 01

- Eltham High School Jazz Night - 7:00pm in The Nalleijerring Performance Centre
- GAT English Information Session

Tuesday 02

- Skylarking - Kate Midenhall
- Year 8 Sport - Hoop City
- Year 8 Sport - Boxercise
- Year 8 Sport - Tennis Lessons

Wednesday 03

- Anthology Launch
- Year 7 Sport - The Edge Dance School
- Year 7 Sport - Swimming

Wednesday 03 - Thursday 04

- Year 11 OES Overnight Camp - Point Leo

Thursday 04

- District Athletics
- GAT Maths/Science Information Session
- Year 10 PE Excursion - Eltham Leisure Centre

Monday 08

- Elevate Study Sensai - Year 12 Tutorial
- Eltham High School 2023 Jazz Night

Tuesday 09

- Senior Round Robin - Boys AFL
- Senior Round Robin - Boys Soccer
- Senior Round Robin - Boys and Girls Badminton
- Senior Round Robin - Girls Netball
- Year 10 & 12 Volleyball Victoria One Day Event

Wednesday 10

- Young Women in Trades and Tech Expo
- Year 7 Volleyball Victoria One Day Event

Thursday 11

- Student Free Day
- Year 9 & 11 Volleyball Victoria One Day Event

Lavinia represented Victoria and raced against the best U15 Women across Australia at Anna Meares Velodrome, Brisbane. She was dominant across all five events she competed in including:

- U15W Points Race – Bronze.
- U15W Keirin (motopaced bunch race) – Silver.
- 500m Time Trial – 1 second Personal Best.
- U15W 2000m Individual Pursuit - Silver
 - a qualifying time of 2.41.9 - a 7 second personal best, and 1 second off the Australian U15W record;
 - gold medal race with a time of 2.42.7, Lavinia finished with a silver by 0.8 seconds.



Lavinia leading the U15W Points Race



U15W 2000m Individual Pursuit – Silver (Left)

Lavinia is now looking forward to racing road and offroad over the winter, whilst pursuing her track cycling Olympic aspirations!

Congratulations, Lavinia.

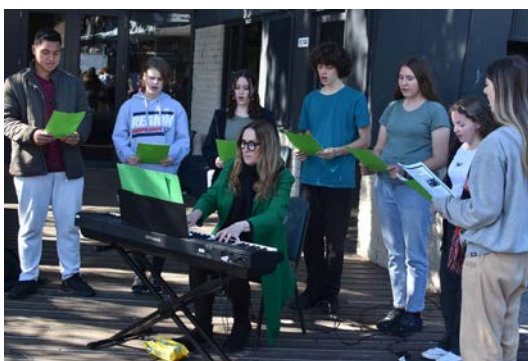
ANZAC DAY Ceremony

Our ANZAC Day Commemorative Ceremony took place on Monday morning, 24 April. It was a beautiful morning and the ceremony proceeded well amongst the sounds of the birds resting in the large gum tree in the courtyard.

We were joined by our State Member of Parliament, Vicki Ward, who spoke to the assembly not only in terms of commemorating our ANZACs but also in consideration of all wars, including the most recent and current upheavals across the globe.

Our student leaders did an amazing job with the program led by **Zoe Glynatsis (Year 12, Rutter House)** and **Noah Harrison (Year 12, Andrew House)** as MCs. The Members of the choir led us all into a beautiful rendition of the National Anthem and our trumpeter, **Rordy Watkins (Year 12, Everard House)**, did a wonderful job playing the Last Post and Reveille.

On the 25 April, our two School Leaders also attended the Dawn Service in Eltham and the Later Service in Montmorency. They represented our school admirably.



Friday 12
• Year 8 Volleyball Victoria One Day Event

Monday 15
• Year 8 Medieval Day Incursion

Tuesday 16
• Year 8 Science Guest Speakers

Wednesday 17
• Inter Round Robin - Boys AFL
• Inter Round Robin - Boys Soccer
• Inter Round Robin - Boys and Girls Badminton
• Inter Round Robin - Girls Netball

Thursday 18
• Year 11 English - Exam Preparation Seminar

Friday 19
• VCE Careers Expo

Monday 22
• Year 11 Tutorial - Uncle Trevor

Monday 29
• Unit 3 Outdoor Education - Revision Session

JUNE

Thursday 01
• Unit 3 Art - Revision Session

Thursday 01 - Friday 02
• Year 12 OES Overnight Camp - Barmah National Park

Friday 02
• Year 9 Recreational Activities - Latrobe Golf Park

Monday 05
• Unit 3 & 4 Physical Education - Revision Lecture
• Unit 3 & 4 Mathematical Methods - Revision Lecture
• Unit 3 & 4 General Maths - Revision Lecture
• Unit 3 & 4 General Maths - Revision Lecture
• Unit 3 & 4 Business Management - Revision Lecture
• Unit 3 & 4 History Revolutions - Revision Lecture
• Unit 3 & 4 Legal Studies - Revision Lecture
• Unit 3 & 4 Health & Human Development - Revision Lecture
• Unit 3 & 4 Psychology - Revision Lecture
• Unit 3 & 4 Biology - Revision Lecture

Open Morning and Information Evening – 2024 Prospective Year 7 Students and Families

One of the most important days on the school calendar is our Open Morning/Information Evening for prospective students and parents for the following year. This year's event will take place this coming Thursday 27 April.

The Open Morning allows our visitors to take a guided tour of our school guided by our students. These run between 9:00 - 11:00am followed by a morning tea. Students and parents will be added to a tour group as they arrive. Whilst booking for these tours were encouraged, any family that was not able to make a booking, is still very welcome to attend.

The Information Evening begins at 5:30pm with Key Learning Area Displays and the opportunity to engage with the teachers from the various disciplines.

The formal presentation will begin at 7:00pm with the evening finishing at approximately 8:00pm.

Once again, whilst booking for the Information Evening was encouraged, families who were not able to make a booking are still very welcomed to attend.

Can I ask all our current families, if you know of anyone interested in sending their children to our school in 2024, that you make them aware of this information and encourage them to attend.

I thank you in anticipation of your support.

Student Illness

I ask parents/carers that you keep you child(ren) home from school if they are ill first thing in the morning or have sustained an injury prior to heading off to school.

It is not appropriate for students to arrive at school ill or injured. We do not have long term care facilities on site only a First Aid space for the purpose of First Aid.

If a child does come to school ill, as a first port of call, parents/carers will be called to come and collect the student. This becomes a waste of time for everyone involved and may cause further anguish for the student.

I also ask that if your child is displaying cold/flu symptoms that you support them to undertake a COVID Rapid Antigen Test before leaving for school. If positive, then they should remain home for 5 days and possibly longer if symptoms persist. If they test negative, they should remain at home until they get over their symptoms and then come to school.

Please check in with your child(ren) in the morning and if they are unwell, they must remain home. Following this decision please excuse their absence on COMPASS with the Illness tag.

May thanks for your support with this.

.....
VINCENT SICARI, Principal

PARENTS AND CARERS

RHUniform Trading Hours

As of 1 May 2023, our Eltham retail shop open times will be changing to the following:

Monday 9:00am - 5:00pm

Tuesday: CLOSED

Wednesday 9:00am - 3:00pm

Thursday: CLOSED

Friday 9:00am - 3:00pm

*Again, please note these changes will take effect from May 2023 and be for Term 2 and 3 only.

.....
KRISTINA ELVEY, Business Manager

**PARENT
INFORMATION**

2023

Term Dates

Term 1:

Starts 30 January (Year 7, 11 & 12)
31 January (whole school)

Finishes Thursday 06 April

Term 2:

Starts 24 April

Finishes 23 June

Term 3:

Starts 10 July

Finishes 15 September

Term 4:

Starts 2 October

Finishes 20 December
(Dependant on Year level)

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2023

Working Bees

Sunday 19 March

Sunday 7 May

Sunday 4 June

Sunday 27 August

Sunday 15 October

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

SENIOR SCHOOL

Year 10 CAT Redemption Session

In order to support our Year 10 students to achieve success in their studies and preparedness for VCE, Senior School is implementing a Year 10 CAT (Common Assessment Task) Redemption Session after school on selected Thursdays throughout the term, from 3:15pm – 4:25pm in Room 321/322.

Year 10 students will be booked into this session if:

- They have missed a CAT in class due to being absent for either medical or school approved activities such as excursion, camp, school sport, music or other extra-curricular activities.
- The CAT that was submitted has not satisfactorily met the requirements of the task. In this case a redemption task will be given to provide another opportunity for the student to demonstrate their understanding of key knowledge and skills being assessed.

The CAT redemption session will appear on the student's Compass schedule. We encourage students with part-time employment to allow for this when advising their employer of their availability. Please contact the relevant Year 10 Coordinator if you have any further questions.

GAT Information Sessions

The GAT will be held on Thursday 15 June. All students enrolled in one or more VCE or scored VCE VET Unit 3-4 sequences will sit Sections A and B of the GAT, and students enrolled in one or more VCE VM Unit 3-4 sequence will sit Section A.

To best prepare students to complete the GAT, Senior School will hold two compulsory information sessions that will now appear on each students Compass schedule.

GAT English - Monday 1 May, period 4 in The Nallejerring Performance Centre

GAT Maths/Science – Thursday 4 May, period 1 in The Nallejerring Performance Centre

Year 12 Jumpers

Year 12 Jumpers have arrived!

A Year 12 group photo will be arranged this term and available for purchase though MSP Photography.

TERM 2 Key dates

EVENT/TASK	DATE(S) 2023
Elevate: Study Sensei (in 12TUT)	Monday 8 May
Unit 1 & 2 Change of Subject applications open	Monday 15 May
Unit 1 & 2 Change of Subject applications close	Friday 19 May
Year 12 Careers Expo	Friday 19 May
Year 10 Change of Subject applications open	Monday 22 May
Year 10 Change of Subject applications close	Friday 26 May
VCE Unit 1 concludes	Friday 26 May
VCE Year 11 Examinations	Monday 29 May - Friday 2 June
VCE Unit 3 concludes	Friday 2 June
Unit 3 Revision Day	Monday 5 June
Unit 2 Commences	Monday 5 June
Unit 4 Commences	Tuesday 6 June
Year 10 Semester 1 Examinations	Tuesday 6 June - Friday 9 June + Wednesday 14 June - Thursday 15 (rescheduled exams only)
King's Birthday holiday	Monday 12 June
VCAA- GAT examination- Unit 3/4 studies	Thursday 15 June
Transition- Year 11-12, 2024 subject selection assembly	TBC
Year 10 Pathways Day	Monday 19 June
Year 10 classes resume	Tuesday 20 June
Year 10 Semester 1 classes finish	Friday 23 June
End term 2	Friday 23 June

AMANDA SALIBA, Senior School Team Leader

CAREERS

Senior Science Superstars: Careers in Environmental Science & Conservation

On Friday 12 May, there will be an Australia wide virtual event which offers the opportunity for senior secondary school students to connect with, learn from and be inspired by professionals in the fields of environmental science and conservation. In sharing their experiences, insights and passions, our presenters from the Bush Heritage team will provide valuable information and advice about career pathways, opportunities and the benefits of working in this area.

With a greater focus on the importance of environmental protection, tackling the climate crisis and halting biodiversity loss, there is a rising demand and a burgeoning depth within the environment and conservation sector. These challenges create a need for more passionate, intelligent and tenacious people to join the ranks of ecologists, conservation officers, environmental engineers, wildlife officers, environment and sustainability consultants and so many others who are stepping up to combine their talents.

The event will be held at Eltham High School from 11:30am - 1:00pm in the Conference Room. Interested student can register with Mr Pringle via email on pri@elthamhs.vic.edu.au.

Year 12 - La Trobe University Aspire Community Contribution Program

Applications are open for the Aspire Community Contribution Program. We'd love to hear from your Year 12 students about how they've volunteered, displayed leadership, supported their family or engaged with their community. We'll be doing rolling offers again this year for uncapped courses, so students will know if they have a conditional offer by October or even sooner.

To apply for the Aspire Community Contribution program, students need to write two 100-word statements explaining their involvement and impact. We like to keep it simple, so they just need to tell us what they've done and how they've helped. Examples of Aspire students' contributions include:

- Fundraising for charity
- Coaching a sports team or volunteering at the club
- Helping with care or nursing at home
- Volunteering for an organisation and much more.

For more information please go to: <https://shorturl.at/cDO67>

The Trades Fit - Young Women in Trades and Tech Expo

There is an excellent opportunity for any female and non-binary students from Years 9 - 12 to attend **The Trades Fit - Young Women in Trades and Tech Expo is Wednesday 10 May**. The excursion will be a full day activity leaving at 9:00am and returning at 3:00pm

Experience hands-on activities and demonstrations. Learn about rewarding and well-paid career opportunities and hear from women in diverse occupations. Discover career pathways in a wide range of industries.

The maximum number of students will be capped at 22 and expression of interest must be by emailed only to Ross Pringle at pri@elthamhs.vic.edu.au and are to come from the student directly.

Work Experience

Once a student turns 15 they are free to engage in work experience in a preferred area. This arrangement should be a minimum of 3 days and typically no longer than 5 days. To get started on the process there are two forms - Work Arrangement and Travel/Accommodation form. The majority of placements will only require the Work Arrangement form.

Hard copies of each are always available outside the Careers Office (next to the Drama room).

They are also available on-line at <https://www.elthamhighcareers.com/>. Select the link "Workplace Learning" then "Required documents" at which point you can download a copy of each form.

A student can undertake multiple placements throughout the year but it is best to consult with your coordinator or careers teacher prior to confirming a placement .

Completed forms can either be returned to the Careers Office by placing in the box outside the door or emailed to Ross Pringle at pri@elthmanhs.vic.edu.au

ROSS PRINGLE, Careers / Pathway Coordinator

Choir Masterclass

On Friday 31 March, during session three in the Drama Space, the 70 members of our Eltham High School Choir and the 40 members of the Eltham Primary School Choir combined for an exceptional Masterclass with renowned Jazz Singer and Singing Teacher, Louisa Rankin.

Louisa is also an ex-student of Eltham High School having spent her entire 6 years of secondary school playing Tuba in our Eltham High School Wind Ensemble. It is the first time that the two choirs have collaborated since Lynlee Williams (EHS Choir Director) and **Fieke Van der Kamp (EHS student Choir Leader, 2022)** started the Eltham Primary School Choir early last year.

Huge thanks must go to Louisa Rankin for an inspiring Masterclass-session and to the Principal of Eltham Primary School, Lorraine Kennedy, for her dedication and support given to the Choir.



LYNLEE WILLIAMS, Choir Director

Eltham High School Jazz Night - 7:00pm Monday 1 May 2023

Our annual Eltham High School Jazz Night, featuring our very own Stage Band, Jazz Band, Big Band and a special guest performer will be held on **Monday 1 May, at 7:00pm in The Nalleijerring Performance Centre.**

Tickets: \$20.00 per Adult

\$10.00 per Student, Concession or Child

All seating is general admission, with no allocated seats.

Please purchase tickets beforehand via Trybooking: <https://www.trybooking.com/CGZBX>

We will not be selling tickets at the door, as we want to minimise the use of cash payments.

Ticket sales open 22 March at 9:00am and will close 1 May at 7:00pm.

There will be further details available on Compass by going to the Jazz Night event in your child's schedule.

We look forward to seeing you there and enjoying a great night of jazz music!

Training Band and Training Strings Music Fees

The 2023 Instrumental Music fees have now been being added to your family account. You will have received an email on 22 March 2023 which outlines the fees due and when they are to be paid. Please note the Instrumental Music Fees cannot be paid via Compass.

Lesson Fees are due for payment by 24 April 2023

Ensemble Fees are due for payment by 1 June 2023

Hire Instrument Fee, Percussion Equipment Fee or any outstanding fees are due for payment by 1 August 2023.

Payment of the Music Fees can be made by completing and returning the credit card form emailed to you on 22 March 2023, or by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email they may allocate the funds to other areas. If you do not know your BPay reference or would like to organise a re-payment plan please contact the school's Revenue Administrator, Jacinta D'Avoine on 9430 5118 or by email at accounts@elthamhs.vic.edu.au

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Your prompt payment of the fees is appreciated.

2023 Instrumental Music Program Fees

The 2023 Instrumental Music fees have been added to your family account. The 2023 Instrumental Music Program fees and credit card payment form have been emailed to you. The first instalment, which covers your Instrumental Music Lesson fee, is due for payment now.

The Instrumental lesson fees are listed below for each ensemble:

- VCE Instrumental Lesson Fee - \$1900.00
- Symphonic Band - \$1700.00
- Concert Band - \$1250.00
- Wind Ensemble - \$1150.00
- Chamber Strings - \$1250.00
- String Orchestra - \$1150.00

Payment of the Music Fees can be made by completing and returning the credit card details on the Credit Card Payment Form or by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". The music fees will appear on your family statement, not in the Compass Parent Portal.

If you make a payment via BPay please ensure you email our accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email, they may allocate the funds to other areas.

If you do not know your BPay reference number or would like to set up a repayment plan for the music fees, please contact the school's Revenue Administrator, Jacinta D'Avoine on 9430 5118 or by email at accounts@elthamhs.vic.edu.au

The second instalment is for the Main Ensemble levy which is due for payment by Monday 1 May, 2023.

The third instalment is for any other items i.e. instrument hire, percussion equipment hire, other ensembles like Stage Band, Jazz Band, Big Band, Choir etc. The third instalment is due by Friday 23 June 2023.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries. Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Please note if you have a student in the Training Band, Training Strings, Choir or Big Band, these fees have not yet been added to the family accounts. As soon as they are added we will advise you.

Your prompt payment of the music fees is appreciated.

Year 7 Instrumental Music Lessons

Year 7 Instrumental Music Lessons will commence the week starting 6 March 2023. Please check Compass for your scheduled instrumental music lesson time. Training Band and Training String Ensemble rehearsals will commence the week starting 27 March 2023.

We look forward to welcoming our new Year 7 families to our Music Program.

Music Rehearsal Schedule

Monday	String Orchestra	7:30 - 8:40am arrive by 7:15am	306
	Stage Band	3:30-5:30pm	306
	Training Band	3:30-4:45pm	101 & 111
Tuesday	Training Strings	7:30-8:40am (arrive by 7:15am)	101
	Chamber Strings	3:30-5:30pm	700s
	Concert Band	3:30-5:30pm	306
Wednesday	Symphonic Band	3:30-5:30pm	306
Thursday	Big Band	Lunchtime	306
	Jazz Band	3:30-5:30pm	700s
	Wind Ensemble	3:30-4:45pm	306
Friday	Choir	Lunchtime	111
	Symphonic Band	3:30-4:45pm	306

RICK KEENAN, Director of Music

STUDENT AGENCY AND GROWTH

Student Agency and Growth News

Late in Term 1, our students were very busy representing Eltham High School at a number of events in various spaces. We had students attend Rainbow Monday, the GRIP Student Leadership Conference, and Legacy's ANZAC Service at the Shrine of Remembrance. You can read more about these events in the reports below.

Rainbow Monday

In April, I had the pleasure of representing Eltham High School at local MP Vicki Ward's Rainbow Monday, a pride event in response to the recent hateful demonstration outside Victoria's Parliament House. Held at her office (which was covered in rainbow decorations) this event was attended by people of all ages, members of the LGBTQIA+ community and allies. As some of the younger people in attendance, my friend and I were quickly made welcome by Vicki herself, as well as her staff. Despite the negative event this gathering was in response to, it was clear the focus of the gathering was to celebrate Eltham's rich queer community and to offer a show of support to all those in it. There were drinks, food, music and decorations, but the highlight of the event was the presence of Minister for Equality the Hon. Harriet Shing, the first openly lesbian member of the Victorian Parliament. She personally introduced herself to everyone in the room, before making a moving speech that left myself, and many others with tears in our eyes. She highlighted the importance of events such as this, and left us with an impactful message: awareness, celebration and a loud presence is the only way to fight hatred.

Esther MacIsaac (Year 12, Stewart House)

GRIP Student Leadership Conference

At the Student Leadership GRIP Conference, we were taught about a variety of different things to assist in our leadership roles. We learnt about making our school a great place for everybody, and then were given an option to either learn more about how to get everybody participating in big events or how to make every student feel valued. After this, we had the choice of finding out more about how to get everybody on board with a new idea, and how to replace conflict with unity. These all help greatly with student leadership. During these presentations, we went through a booklet with areas in it to fill out. We were surrounded by lots of other schools in the area, and often exchanged answers with them or swapped ideas for things to do at our schools.

Jacob Fisher (Year 10, Rutter House)

Legacy ANZAC Commemoration Service

On Wednesday 5 April Tom Westerman (Year 11, Rutter House), Alyssa Baker (Year 12, Andrew House), Stephanie Smith (Year 11, Stewart House) and I from the Year 11 and 12 Eltham High School Leadership Team went to Legacy's 91st Annual ANZAC Commemoration Ceremony at the Shrine of Remembrance in the city. In the morning we left Eltham Station and caught public transport to the city. Many other schools from around Victoria attended the ceremony. The ceremony was made up of speeches from Her Excellency the Honorable Linda Dessau AC, and Mr. Anthony Howard AM QC. Linda Dessau spoke about the importance of remembrance, Anthony Howard told stories of some of the young people who joined the forces and lost their life at Gallipoli. During the service we sung the National anthem, 'I am Australian', and 'Waltzing Matilda', and the poems 'In Flanders Fields' and 'We shall keep faith' were read out by students from other schools. Stephanie and Tom represented the school by placing Eltham High's wreath at the base of the Shrine. My biggest takeaways from the ceremony are the stories of the young soldiers who went to protect our country and the sacrifices made during war times.

Cecilia Heath (Year 12, Rutter House)

NADIA DEVLIN, Student Agency and Growth Leader

Eltham Gateway Renewal Project



ENVIRO CLUB

Eltham Gateway Renewal Project

On Wednesday 5 April, Year 12 students **Nina Seidel (Year 12, Stewart House)**, **Erin Liss (Year 12, Everard House)** and **Annabel Page (Year 12, Rutter House)** participated in a planting day as part of the Eltham Gateway Renewal Project.

The community-led project is revitalising the southern gateway into Eltham with a view to rehabilitate and enhance areas on both sides of Main Road, between Falkiner Street and the Diamond Creek Bridge, while also creating a sense of arrival into Eltham and the Green Wedge Shire by reclaiming public open space.

Representing the Eltham High Enviro Club, the girls worked alongside Vicki Ward MP for Eltham, Councillor Natalie Duffy and Parks and Open Space Coordinator Rowena Cairns to plant native trees and bushes along the edge of the brand new pathway.

The Enviro Club is privileged to have been part of this project. We look forward to visiting the space and watching the trees we have planted grow and be enjoyed by everyone in the Shire.

LAUREN MCNALLY, Enviro Club Leader

ART

Year 7 Art Club - Thursday Lunchtimes in Room 613

Do you enjoy art and love being creative? Our Art club is an opportunity for Year 7 students to have a space to create and connect with other likeminded students.

The leaders have planned some fun activities and will be on hand to teach students some new skills.

If you have any questions contact Lisa Foote foo@elthamhs.vic.edu.au or just turn up on Thursday lunchtimes to Room 613 and don't forget to bring your lunch.

Art Space for All Year Levels - Monday Lunchtimes in Room 613

This is for ALL Year levels who want to make art in a relaxed and supportive environment.

You are welcome to bring along your sketchbook and work on your own ideas, do work for your folio subjects or take advantage of access to materials and teacher support with building your techniques and ideas.

You don't have to be great at art - if you enjoy being creative or want to create more art this space is perfect for you.

VCE Folio Workshops - Tuesday Lunchtimes in Room 613

VCE students of Art Creative Practice and Art Making & Exhibiting can work on their folios. Students can take advantage of access to materials, gain further support and advice around the development of their ideas and practice and address some of the expectations around time that should be spent on folios as homework.

VCE Art students are encouraged to take advantage of the additional time and support available to them at school.

Life Drawing Opportunity for Senior Students and Staff

Eltham High School has collaborated with Nyora Studio Gallery to once again offer exclusive Life Drawing Classes for our Senior students and staff.

This enrichment opportunity will add significant depth to folios and broaden artistic experience. For those students wishing to apply for tertiary placements experience in life drawing is highly recommended. The classes will commence May 9.

The cost is \$130 for all six sessions, which is exceptional value. This covers the hire of the model, use of studio space and tutoring by artist Emmy Mavroidis as well as basic drawing materials.

Sessions will run after school on Mondays 4:00pm - 6:00pm. Places are strictly limited.

If you are interested please email your expression of interest to foo@elthamhs.vic.edu.au to secure your place.

Further details will be sent to participants once numbers are confirmed.

N.B.- Participants will need to make their own way to and from the studio.

Eltham High Arts & Technology Instagram Account

Did you know we have an Instagram account? This platform enables us to provide regular viewings of the amazing work our Arts and Technology students are creating.

Keep up to date about everything Arts and Technology including upcoming events, exhibitions, subject information, plus lots more.

You can join our account at [elthamhs.arts.tech](https://www.instagram.com/elthamhs.arts.tech/)

If you don't have Instagram, you can access the account through the following link:

<https://www.instagram.com/elthamhs.arts.tech/>

LISA FOOTE, Arts Coordinator

WORKING BEE

2023 Working Bees

The first Working Bee for Term 2 is scheduled for Sunday May 7. The Grounds Committee will meet on Wednesday April 26 (Week 1, Term 2) to plan the activities for the upcoming Working Bee that will include garden bed rejuvenation and planting.

If you would like to get involved by attending the upcoming Working Bee can you please complete the Google form via the link below:

<https://forms.office.com/r/z9ZCA9RraZ>

or contact Anna Panas via email pan@elthamhs.vic.edu.au

Committee Meeting Date	Working Bee Date
Wednesday 26 April* (27 April - Information Night)	Sunday 7 May
Thursday 25 May	Sunday 4 June
Thursday 17 August	Sunday 27 August
Thursday 14 September	Sunday 15 October
Thursday 23 November (RESERVE DATE)	Sunday 3 December (RESERVE DATE)

ANNA PANAS, On behalf of the EHS Grounds Committee

CANTEEN

Canteen Volunteers

Our Canteen is currently updating its volunteer database for this year in preparation for a Canteen Volunteer roster for next term. Canteen Volunteers help in the Canteen once a month on a rotating roster, generally twice a term.

Volunteers would nominate their preferred weekday and assist Canteen staff for 3 hours between 11:00am - 2:00pm. All Canteen Volunteers must have a Working with Children's Card which is available free of charge to all volunteers.

Please contact Carolina Constable at cob@elthamhs.vic.edu.au or on 9430 5122 if you would like to join the Canteen Volunteer Roster or if you need any further information.

CAROLINA CONSTABLE, Canteen Manager

STUDENT SERVICES

Navigating Sexual Health Online Parent Workshop

Eltham High School has arranged for Sexual Health Victoria to facilitate a workshop for parents and carers that focuses on key strategies and information on how to navigate sexual health for young people. This workshop has been designed for parents of Year 7, 8 and 9 students.

The topics include:

- How to promote consent and healthy relationships with your young person.
- Changes and developmental stages young people go to.
- Strategies for discussing sexual health with your young person.
- Sexual health services available for young people

Pencil in the event details:

Date: Monday 8 May

Time: 7:00pm - 8:30pm

Location: Online (via Webex)

Cost: Free

This session can be accessed via the Webex link: <https://meet305.webex.com/meet/pr25513350782>

Please find below a link to two useful resources, an overview of the sequence of speaking to young people about RSE topics, and link to relevant podcasts that were created for parents/carers.

https://shvic.org.au/assets/resources/SHV_RSEforParentsAndCarers_Basics.pdf

<https://shvic.org.au/schools/podcasts>

Wellbeing Initiative: Knitting a Trauma Teddy.

Eltham High School with the support of the Eltham Lion's Club are participating in the Australian Red Cross Trauma Teddy wellbeing initiative.

Tens of thousands of Trauma Teddies are made by volunteers and given to organisations that support young people. These teddies are providing wellbeing support to children impacted by traumatic life events such as illness, fire, floods, or other disasters across Australia. According to the Red Cross, more than one million children have cuddled a colourful, comforting Trauma Teddy since they first started the project back in 1990.

Trauma Teddies bring familiarity and a sense of safety during periods of uncertainty and anxiety for children. With that being said, the Student Services team are calling all student knitters to participate in this activity during a Wednesday lunch in Term 2 and Term 3. Students will have the option of making a small or a large teddy to help a child in need.

We look forward to knitting with you next Term!

Free Family Counselling – Strengthening Connection

'Matters' is a free family therapy program that supports families who live in Melbourne's North East region. The program works with a diverse range of families who are experiencing challenges with relational functioning and connection.

The therapists work with the '*whole of family*', which allows various family members to attend sessions individually or together. This approach gives each family member the opportunity to express their thoughts or feelings, not only about the problem, but also possible solutions.

There is not a fixed number of sessions offered as this is based on the needs of each family. Moreover, the therapists are flexible and are able to offer Zoom sessions for working parents.

The therapists support families with a range of issues, including:

- Challenging Adolescent Behaviours.
- Increase Parenting Confidence, Capacity And Skills.
- Experience Less Stress, Conflict And Harmful Behaviours.
- Increase Positive Family Relationships.
- Family Conflict.
- Loss And Trauma.

This program requires a parent to contact them directly to be referred: 03 9450 4700.

MADLINE KAMAMIS, Student Services Leader

Edendale and Open House

Student Services, in partnership with Edendale and Open House, would like to offer the opportunity for 10 students (Years 9 and 10) to spend one day per week at Edendale farm during Term 2, engaging in activities aimed at building healthy communities, strengthening engagement with education, doing hands-on-learning, improving relationships, achieving goals and having fun.

Referral Criteria:

- Students have shown signs of disengagement and/or irregular attendance at school throughout 2022/2023.
- Students interested in hands-on learning, gardening, interacting with animals, and environmental and health benefits of their local food systems
- The program has been fully funded by VicHealth and is a joint partnership between Open House & Edendale Farm (Nillumbik Council) and is free of cost to participants.
- Program runs every Wednesdays across Term 2 (2023)
- The program will be fully staffed by Open House and Edendale Farm workers. Eltham High Wellbeing staff will oversee the applications and selection of participants, and will monitor student attendances, but no Eltham High teaching staff will accompany students or participate in the daily activities.
- Students will be picked up and dropped back off at Eltham High School by two Open House workers (the vehicles are Open Houses vehicles, comprehensively insured, the driver is appropriately licensed and staff have WWCC)

If you would like to nominate a student to participate in this program, contact their Middle or Senior school year level coordinator and ask them to complete a referral form and send to Wellbeing ASAP.

For further questions on the program, please contact Mental Health Practitioner, Anna Jenkins (jek@elthamhs.vic.edu.au).

ANNA JENKINS, Mental Health Practitioner

OPEN DAY



**Eltham
High School**

Thursday 27 April, 2023



Daily tours available commencing at 9:30am.
Bookings essential by phoning 9430 5111

Open Morning

Tours commence
at 9:15am

Information Evening

Doors will be open from
5:30pm for you to engage
with Key Learning Area
specialists and displays.

Catering and light
refreshments prepared
by our VET Hospitality
students.

Presentation
commencing at 7pm

BOOKINGS REQUIRED:



www.trybooking.com/CGFVY

Withers Way, Eltham | T 9430 5111 | eltham.hs@edumail.vic.edu.au | www.elthamhs.vic.edu.au

**ARE YOU PASSIONATE ABOUT POLITICS,
YOUTH AND THE LOCAL COMMUNITY?**

**DO YOU WANT TO HAVE A SAY ABOUT WHAT
HAPPENS TO OUR CLIMATE AND ENVIRONMENT?**

**MAYBE YOU HAVE IDEAS ABOUT WHAT ELSE THE
VICTORIAN GOVERNMENT COULD BE DOING ...**



WE'RE LOOKING FOR OUR NEW

ELTHAM YOUTH COUNCIL 2023

THIS COULD BE YOU!

**SCAN TO FIND
OUT MORE AND
APPLY**



PORN IS NOT THE NORM

Online Presentation for
PARENTS AND CARERS

With Maree Crabbe and Dr. Wenn Lawson




Young People, Autism & the Impact of Porn

INFORMATION:

For young people growing up with internet access, pornography is easy to access and difficult to avoid. It has become a default sex educator for many young people, with serious implications for their ability to develop safe, respectful relationships and sexuality. For autistic young people pornography's influence can be even more challenging. Monotopism, the key characteristic of autism, can make autistic young people particularly vulnerable to the impacts of pornography. Pornography's messages can be a source of confusion and concern, and shape unrealistic and unhealthy sexual understandings and expectations.

This session seeks to support parents and carers of autistic young people to understand pornography's prevalence and influence, its implications for autistic young people, and how we can support them to navigate respectful, consenting and safe sexuality and relationships in this new reality.

Maree Crabbe is Director of the Australian violence prevention initiative *It's time we talked*. She is an educator, author and filmmaker who is passionate about gender based violence prevention, and about supporting parents, schools, communities and government to address pornography's influence on young people - www.its timewetalked.com

Dr. Wenn Lawson is an autism expert, researcher, poet & author. He is a family man with autistic children & grandchildren. In 2021 Wenn won the Lesley Hall Disability Leadership Lifetime achievement award. Wenn is passionate about all things LGBTQA+ and autism - www.wennlawson.com

Wednesday 10 August - 7pm to 9pm

Cost: \$10pp or \$5 concession

Book Online: www.trybooking.com/CAZAW

Enquiries:

Sarah at Interchange Outer East on 03 9758 5522 or sarah.lawson@ioe.org.au



Eltham High School with the support of the Eltham Lion's Club are participating in the Australian Red Cross Trauma Teddy Weaving initiative.



Knitting a Trauma Teddy

Our student knitters will be creating teddies for children who are experiencing illness or ill-mental health from traumatic events.

Trauma Teddies provide care in so many ways:

- comfort to children fleeing the summer bushfires
- a warm welcome to refugee children
- company in a speeding ambulance
- friendly security in hospital
- a happy face in a lonely time.

Wednesday Lunch Time in Student Services | Term 2 and Term 3

Each Trauma Teddy takes 5 hours to make. Come for 5 lunch time sessions or come for all!

autistic art group

Explore a range of art materials in a relaxing and fun environment. No art experience necessary & all materials are provided!

This group is facilitated by Different Journeys and headspace Greensborough staff wanting to create a safe and supported space.

You are welcome to bring your own sensory toys, headphones and iPad/tablet device to this group.

who's invited

Young people aged 12 to 18

where

headspace Greensborough
L1/78 Main Street, Greensborough
VIC 3088

when

Monday 1 May—4pm to 6pm
Monday 8 May—4pm to 6pm
Monday 15 May—4pm to 6pm
Monday 22 May—4pm to 6pm

cost

Free!

register here:



for further enquiries, please contact Mel:

mel@differentjourneysautism.com
0412 698 807



Schools on Air



Ever wanted to be on radio

Create your own podcast

Or be a producer?

Whether you've never picked up a mic, or you know your basics but want to learn more, join us and record your very own show.

Each week you will work with a SYN 90.7 FM radio expert who will guide you as you decide on the music and script, before you record and go live on radio across Melbourne and Geelong!

Join Schools on Air!

Book Now!
<https://bit.ly/SchoolsOnAir23>



Dates: Term 2, 3 & 4

Time: Mondays from 4:00 - 6:00 pm

Location: Banyule Nillumbik Tech School

61 Civic Drive, Greensborough

For more information contact
BanyuleNillumbikTS@melbournepolytechnic.edu.au

BANYULE NILLUMBIK
TECH SCHOOL





The Nillumbik PARENTING HUB

Navigating Sexual Health For Teenagers

Join Sexual Health Victoria to learn key strategies and information on how to navigate sexual health for young people aged 12-14. This session is being specifically delivered for parents and carers at Eltham High School.

This online session will cover:

- How to promote respectful and healthy relationships to your young person.
- Consent: ethics, laws and in practice
- Online sexual content including sexting and pornography
- Strategies for discussing sexual health with your young person.
- Sexual health services available for young people

This session is for parents and carers of Eltham High School students aged 12-14.

Key Details:

Date: Monday 8 May
Time: 7-8.30pm
Location: Online (via Webex)
Cost: free

This session can be accessed via the Webex link below:
<https://meet305.webex.com/join/joinmeeting.aspx?meetingid=13350782>

For further information please contact:

Madeline Kamamis
 Student Services Leader
 kai@elthamhs.vic.edu.au
 03 9430 5111

Proudly brought to you by



Care Education Advocacy



Eltham High School



chat with a registered nurse at headspace Greensborough Mondays & Wednesdays

Nurse Hayley provides free and confidential health advice including:

- Sleep Hygiene**
 - Sleep routine management
 - Advice & plans
- Family Planning**
 - Pregnancy testing
 - Options, advice & referrals
 - Contraceptive options & information
- Sexual Health**
 - STI Information
 - Referrals for STI screening
 - Safe-sex education
 - Respectful relationship education
 - Cervical screening (pap smear)
- Diabetes**
 - Education & management
 - Blood glucose testing
- General Physical Health**
 - Anatomy & Physiology education
 - Measure vital signs
 - Chronic disease management
 - Health promotion
 - Skincare routine
 - Vaccination information & advice



headspace Greensborough
 Level 1/78 Main Street, Greensborough VIC 3088
 (03) 9433 7200
headspacegreensborough@mindaustralia.org.au

BOOK YOUR FREE 20 MINUTE SESSIONS

www.cleanenergynillumbik.org.au/eec

Expert Eco Chats

EXPERT HOME SUSTAINABILITY ADVICE

SATURDAY 6 MAY
 2:00PM - 4:30PM
 EDENDALE FARM, ELTHAM

Ask about energy efficient products, solar, draught proofing, going electric, water efficiency, sustainable building and much more.

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Give life. Give blood in Eltham.

2 to 12 May



Eltham
Pop-up Blood Donor Centre
801 Main Road
Eltham Vic 3095
Please see website for opening hours.



Got a bit of time next month? Time to give blood and change lives?

1 in 3 people in Eltham will need blood, and they need people like you to give it.

We're popping up in town from 2 to 12 May.

Don't forget to pre-book your spot at lifeblood.com.au, on our app or on 13 14 95.

DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"