



Wednesday 26 October

Year 7 HPV Immunisations (2nd Visit)

Friday 28 October

Last Day of Year 11 Classes

Monday 07 November

Year 11 Headstart Assembly

Monday 14 November

Year 12 Headstart Assembly

Thursday 17 November

Valedictory Evening

Wednesday 26 October
Year 7 HPV Immunisations (2nd Visit)

Monday 07 November
Year 11 Headstart Assembly

Monday 14 November
Year 12 Headstart Assembly

PRINCIPAL'S REPORT

In the True Spirit of Reconciliation

It is certainly uplifting when one hears a story that authentically demonstrates the spirit of reconciliation, and when reconciliation goes both ways demonstrating a genuine sense of understanding, acceptance and forgiveness. It makes us really wonder why we are still at such a distance from what true reconciliation could be.

Such a story is the story of one of our staff members and his family.

Ross McKinnon recently travelled to Uluru to witness an event that he felt strongly about. He wasn't sure what to expect or whether he would in fact be welcomed by our First Nations People. What he experienced was a true sense of reconciliation, a preparedness for forgiveness and acceptance. This is his story:



"Return to Uluru"

On October 13, 1934, an Anangu man called Yokun was killed at Mutitjulu water hole, a sacred site at the base of Uluru.

Yokun and five other Anangu men had been pursued and captured by a Northern Territory police officer, on suspicion of their involvement in administering an act of traditional law.

Whilst being marched to Alice Springs, and despite the neck chains, Yokun escaped custody and was pursued for days across the central desert. Yokun's brother, Paddy Uluru, was a traditional custodian of Uluru, which may explain why they headed towards Uluru after escaping custody.

The police officer eventually tracked the men down at Mutitjulu water hole, where Yokun took refuge in a cave, possibly as a distraction so his friends could escape. With only stones to defend himself against the armed police officer, Yokun refused to leave the shelter of the cave. The police officer fired two rounds into the cave, mortally wounding Yokun who was dragged out of the cave and died a few hours later.

Yokun's remains, like those of so many First Nations people around the world, ended up in a university and a museum.

On October 13, 2022, Yokun's remains were returned to the community and buried at Mutitjulu water hole. I had the privilege of attending this repatriation ceremony.

CONTENTS

- 1 **Principal's Report**
- 4 **Assistant Principal's Report**
- 6 **Junior School**
- 7 **Middle School**
- 7 **Senior School**
- 8 **Careers**
- 8 **Music**
- 9 **Drama**
- 9 **VET Hospitality**
- 10 **Art**
- 10 **Student Services**
- 11 **Community Announcements**

Eltham High School
T (03) 9430 5111 |
ABSENCES: (03) 9430 5299
eltham.hs@edumail.vic.gov.au
www.elthamhs.vic.edu.au

SCHOOL CALENDAR 2022

OCTOBER

Tuesday 18

- Year 9 - 10 Forensic Science: Crack the Covid Case (Online - Part 2)

Wednesday 19

- NMR Year 8 - Table Tennis

Wednesday 19 - Friday 21

- Year 11 Outdoor and Environmental Studies 3 day Camp - Grampians National Park

Thursday 20

- Space Camp 2023 Parent Information Evening
- Into the Music - Music Composition with Ableton

Thursday 20 - Monday 26

- Practice Exams

Friday 21

- NMR Year 7 - Volleyball
- Year 9 Contemporary Jewellery Excursion

Tuesday 25

- NMR Year 8 - Volleyball
- Intermediate Nillumbik Volleyball - Round 1
- Intermediate Round Robin - Boys Tennis
- Intermediate Round Robin - Girls Softball

Wednesday 26

- Year 9 Active Girls - Belly Dancing
- Year 9 Recreational Activities - Fencing
- Year 7 HPV Immunisations (2nd Visit)

Wednesday 26 - Wednesday 18 November

- VCE Hand Written Exams

Thursday 27

- Culture Makers Lab with Jessica Bellamy
- NMR Year 7 - Table Tennis

Friday 28

- Last day of Year 11 Classes

NOVEMBER

Tuesday 01

- Melbourne Cup Public Holiday

Wednesday 02

- Year 9 Recreational Activities - Fitness Classes

Constable William McKinnon was my great uncle.

The way that I was made welcome by Yokun's family and the broader community are a wonderful example of what can happen when we are prepared to acknowledge the injustices of the past. There are many similar stories that need to be told, and voices that need to be heard.

It is only through actions such as this that the objective of the Uluru Statement, to 'walk together in a movement of the Australian people for a better future' can be achieved."

Student Achievement: Queensland State Open Water Championships

Congratulations to **Conor Hayes (Year 10, Everard House)** who last weekend participated in the QLD State Open Water Championships.

It was Conor's 1st 10km swim, and he came 2nd with a time of 2 hours, 1 minute and 12 seconds, 9 minutes under the open qualifying time for Nationals, which this year will be at Busselton WA at the end of January. This is a great achievement for Conor and for the sport. I am sure that Conor will do himself and the rest of us proud when he competes in January.

It is not long ago, during COVID lockdown, that Conor trained in the family pool, a rope tied around his waist with the other end tied to a tree in his backyard as he was not able to train anywhere else.

This last achievement is another milestone for Conor.

However, at present Conor is training to participate in the Eltham High School Lap-a-thon at the end of this month, hoping to clock up many laps in support of this very worthwhile fundraiser. Please support Conor and all the other students in the swim club who are putting themselves out there to raise funds for those in need within our community.

Well done Conor!



Student Free Day - Thursday 13 October

Last Thursday all staff, teachers and education support staff alike, took part in the first stage of the professional learning associated with the Berry Street Education Model.

Coming out of the last couple of years has certainly been challenging for most of us. The trauma that we all experienced because of the COVID-19 Pandemic and the associated lockdowns has certainly impacted on our wellbeing and on the way in which we both approach and respond to life. In a learning community this is clearly reflected in the way that we approach and respond to learning. To this end we decided that the Berry Street Education Model would support us all in working alongside our young people and our families.

The Berry Street Education Model isn't a program but rather a way of being and doing that highlights trauma informed practices so that we can better understand and respond to the needs of our young people, their families as well, as each other.

The professional learning is evidence-based and has demonstrated a number of very positive outcomes in a range of school settings in which it has been applied.

This is a big commitment on the part of the school both financially and timewise. However, our research indicates that it is the right initiative for us as it clearly aligns with our School Values.

The Berry Street Education Model will allow us to engage with our young people and their families from their point of need and being mindful what "space" they are in at the time.

We feel that it is both money and time well spent.

Year 12 Formal

The Year 12 Formal which was held on Wednesday 12 October at Leonda was a great success. Everyone put a lot of effort into preparing for this celebration and all the students looked amazing. The formal provided the much-needed opportunity to celebrate the achievement of having made it through the year. It is important to remember that when we first went into lockdown in 2020, these students were in Year 10 and as such have had to work through the consequences of the last couple of years through out their final year at school.

Wednesday 02 - Thursday 10 <ul style="list-style-type: none"> Year 11 Exams 	<p>The resilience of most of our young people never ceases to amaze me and it has been this resilience that has allowed them to push through all the challenges that they have faced in order to complete the year and do so to the best of their ability. I congratulate them all for having come so far.</p>
Thursday 03 <ul style="list-style-type: none"> Duke of Edinburgh Assessment Adventurous Journey - Brisbane Ranges 	<p>I do want to thank the Formal Committee under the guidance of Year 12 coordinator Matthew Hapsberg. The team did a marvelous job in getting everything ready for the night.</p>
Friday 04 <ul style="list-style-type: none"> Year 9 Active Girls - Hip Hop 	<p>We all had a great time, and the dance floor certainly did not get a break.</p>
Monday 07 <ul style="list-style-type: none"> Year 10 into Year 11 Headstart Assembly 	<p>World Mental Health Week</p> <p>This year's World Mental Health Day campaign is encouraging everyone to make a promise to "Look after your mental health, Australia." Therefore, our promise to you is to provide the relevant resources and support to grow and maintain positive mental health practices.</p>
Wednesday 09 <ul style="list-style-type: none"> Year 8 State Final - Volleyball Year 9 Recreational Activities - Lawn Bowls 	<p>Student Services have arranged wellbeing activities during this week, October 17 - 21.</p> <p>Please encourage your children to engage in the range of activities that have been organised for them. If you would like further information on World Mental Health Week, please contact Madeline Kamamis at kai@elthamhs.vic.edu.au.</p>
Friday 11 <ul style="list-style-type: none"> Year 7 State Final - Volleyball Symphonic Band Workshop with Jodie Blackshaw 	<p>Reminders: Day Before Melbourne Cup Day – 1 November</p> <p>Historically the day before the Melbourne Cup holiday has had very poor student attendance. Consequently, and as a way of causing the least disruption to the educational program of the school, the last few years have seen this day used as time-in-lieu for teachers. As clearly expressed in the Victorian Government Schools Agreement 2022 and supported by the Department of Education and Training, this compensates teachers for the time they allocate beyond work hours throughout the year to student progress interviews involving students, parents, and staff.</p>
Friday 11 - Tuesday 15 <ul style="list-style-type: none"> Year 9 Exams 	<p>In the past, irrespective of the time-in-lieu arrangement, the school has remained open on the Monday before Melbourne Cup Day as Year 12 exams are generally on during that time, and the school is an examination centre. This will also be the case this year.</p>
Monday 14 <ul style="list-style-type: none"> Year 12 Headstart Assembly 	<p>However, while this day would seem to be the most appropriate in terms of minimising disruption to the educational program of the school in the provision of time-in-lieu, I am writing to ascertain your intention as to your child's/children's attendance on Monday, 31 October for us to plan effectively. The school will be open on this day and based on previous experience, due to the small numbers of students in attendance, it is most likely that an alternative educational program will be in place. Your information will be valuable in ascertaining staffing requirements for this day.</p>
Monday 14 - Friday 25 <ul style="list-style-type: none"> Year 12 2023 Headstart 	<p>I ask you to confirm with us only if your child will be attending on Monday, 31 October, 2023 by contacting the appropriate Sub-School Office either by telephone on 9430 5111 or by email through each of the Sub-School Team Leaders before Wednesday, 26 October:</p>
Thursday 17 <ul style="list-style-type: none"> Valedictory Evening 	<p>Senior Sub-School: Amanda Saliba – sai@elthamhs.vic.edu.au Middle Sub-School: Ross McKinnon – mki@elthamhs.vic.edu.au Junior Sub-School: Melissa Hughes – huh@elthamhs.vic.edu.au</p>
Monday 21 <ul style="list-style-type: none"> Duke of Edinburgh - Gold Presentation Ceremony 	<p>I thank you for your cooperation with this matter.</p>
Monday 21 - Monday 28 <ul style="list-style-type: none"> Year 10 Semester 2 Exams 	<p>Planning for 2023</p> <p>It is at this time of the year when I put out a request for information from parents. Due to the high demand for places at the school, we have a number of students in Year 8-12 for 2023 on waiting lists for a place in the school. Whilst we are mindful of managing student numbers, we do want to give students and families who want to be part of the Eltham High School Learning Community the opportunity to do so. However, we cannot offer a place until we are know that a vacancy exists.</p>
Tuesday 22 <ul style="list-style-type: none"> Year 7 Futsal Finals 	<p>Can I ask all parents of students currently in Year 7 - 11 to please communicate with us if you know that your child will definitely not be attending Eltham High School in 2023, this may be because you will be moving address, possibly moving interstate, perhaps you child will be pursuing an enrolment in TAFE; enrolment into an apprenticeship etc.</p>
Tuesday 29 - Monday 5 December <ul style="list-style-type: none"> Year 11 2023 Headstart 	<p>Please contact the relevant person below to provide this information only if you know that your child will not be attending Eltham High School in 2023.</p>
DECEMBER	<p>Junior School (Year 7 only) - Mrs Melissa Hughes – huh@elthamhs.vic.edu.au Middle School (Years 8 & 9) - Mr Ross McKinnon - mki@elthamhs.vic.edu.au Senior School (Years 10 & 11) - Ms Amanda Saliba - sai@elthamhs.vic.edu</p>
Friday 16 <ul style="list-style-type: none"> End of Year Picnic at Eltham Lower Park 	<p>I thank you for your cooperation.</p>

**PARENT
INFORMATION**

2022

Term Dates

Term 1:

Starts 1 February

Finishes 8 April

Term 2:

Starts 26 April

Finishes 24 June

Term 3:

Starts 11 July

Finishes 16 September

Term 4:

Starts 3 October

Finishes 19 December
(Dependant on Year level)

Covid Update

The following is the latest information re COVID-19:

The Victorian Government has announced the end of the Pandemic Declaration and associated Pandemic Orders.

The following settings, based on advice from the Department of Health, will apply from 11.59pm Wednesday 12 October 2022.

It is strongly recommended that students:

- Who test positive to covid-19 stay home and isolate for 5 days
- Should not attend school after 5 days if still symptomatic
- Who are symptomatic but have not tested positive should not attend school
- Advise the school of the covid-19 positive test result

Where students become symptomatic at school they should:

- Be collected by their parents/carers
- Undergo testing for COVID-19

It is strongly recommended that staff:

- Who test positive to covid-19 stay home and isolate for 5 days
- Should not attend after 5 days if still symptomatic
- Who are symptomatic but have not tested positive should not attend school
- Report their positive test result to the school and through eduPay

Reporting positive COVID-19 test results

The Department of Health recommends that a person who tests positive for COVID-19 should inform those with whom they have recently been in contact, including their workplace, schools and household.

Parents and carers will therefore be asked to continue to report positive student COVID-19 cases using the [VicED COVID Tool](#).

COVID-19 vaccination changes

The current mandatory vaccination requirement for staff and visitors, contractors and volunteers working in specialist schools will cease to apply from 11.59pm Wednesday 12 October. COVID-19 vaccination, including booster doses, continues to be strongly recommended for all school staff.

Face masks

Staff and students who wish to wear a face mask should be supported to do so, and schools should continue to make face masks available for staff, students and visitors.

The Department of Health recommends that masks should be worn by a person who is a close contact of someone who has tested positive for COVID-19 when leaving home.

Additionally, the Department of Health recommends that masks should be worn by a person who has COVID-19, for at least 7 days after a positive test, when they need to leave home.

.....
VINCENT SICARI, Principal

**GROUNDS COMMITTEE
COMMITTEE MEETINGS AND WORKING BEE DATES**

2022

Working Bees

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

Working Bee Dates

Sunday 4 December

Working Bee Committee Meeting Dates

Thursday 24 November

ASSISTANT PRINCIPAL'S REPORT

Health Support Planning Strategy

At Eltham High School we aim to ensure all students feel safe and supported at school. We do this by working with families to ensure that clear plans and processes are developed and maintained to support the student's health care needs, either on enrolment or when a health care need is identified. In addition, we allocate time to discuss, practice and review health support planning policies and processes.

Students with an identified medical condition are required to have a current medical action plan to assist with health support planning at school.

We require medical details to be provided for all students upon enrolment at the school and require families to provide an update on medical conditions annually. We require an update of medical action plans for all medical conditions no later than the beginning of term two each year. In addition, families will have the opportunity to review and update details when the Student Information Details are sent out at the beginning of semester two each year.

The list below describes the information that is required by the school and includes links to sample plans for specific student health support needs.

Anaphylaxis

ASCIA Action Plan for Anaphylaxis (to be signed off by a medical practitioner)

1. For EpiPen: https://www.allergy.org.au/images/stories/anaphylaxis/2021/ASCIA_Action_Plan_Anaphylaxis_Red_EpiPen_2021_WEB.pdf
2. For Anapen: https://www.allergy.org.au/images/stories/anaphylaxis/2022/ASCIA_Action_Plan_Anaphylaxis_Red_Anapen_2022.pdf

Individual Anaphylaxis Management Plan, where relevant. For further information on allergies, plans and resources, visit: <https://www.allergy.org.au/hp/anaphylaxis>

Asthma

- Asthma Action Plan (to be signed off by a medical practitioner)
https://asthma.org.au/wp-content/uploads/2020/08/AAAAP2022-Asthma-Action-Plan-A4_v8_Toolkit_editable.pdf
- Asthma Care Plan for Education and Care Services (to be signed off by a medical practitioner)
https://asthma.org.au/wp-content/uploads/2021/09/AA2022_Care-Plan-for-Schools-A4_v2_editable.pdf

Diabetes

Diabetes Action Plan (to be signed off by a medical practitioner)

1. Twice daily injections:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHzAAL.pdf>
2. Multiple daily injections:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHpAAL.pdf>
3. Insulin pump:
<https://s3-ap-southeast-2.amazonaws.com/dv-resources/OrchestraCMS/a1f0o00000FUGHuAAL.pdf>

Epilepsy

- Epilepsy Management Plan (to be signed off by a medical practitioner)
- For one seizure type:
<https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-1-unrestricted.pdf>
- For multiple seizure types:
<https://epilepsyfoundation.org.au/wp-content/uploads/2019/09/EMP-Seizure-x-2-unrestricted.pdf>
- Emergency medication plan for seizure emergencies (to be signed off by a medical practitioner)

If a child has a specific medical condition that is not identified above then it is the expectation of the school that the parents inform the school and provide a medical action plan to support us to address the specific health and wellbeing needs of the child whilst at school.

Where a plan has not yet been updated during 2022, we request families to complete the attached documents as appropriate (including sign off by a medical practitioner as required). Please provide a copy of the completed action plan to the First Aid Officer – Naziha Mohammed. If you have any questions or would like to request a hard copy version of the template please contact Naziha on 9430 5112 or email moh@elthamhs.vic.edu.au.

Where it is necessary for your child to have medication at school (i.e. EpiPen / insulin) it is imperative that this is kept up to date and replaced by you when necessary.

The information you provide will enable us to provide the highest care possible for your child. Thank you for your support.

CANTEEN ROSTER

If you would like to volunteer for our canteen in 2022 please send your email address and availabilities to our Canteen Manager, Carolina Constable at: cob@elthamhs.vic.edu.au

Please check the display at the Canteen for the daily specials

EXTRACURRICULAR CLASSES & TUTORIALS

Eltham High School Anthology

When: Friday (Week A)

Location: Room 302

Time: Lunchtime

Mel Gaylard

Eltham High School Anthology

Coordinator

Eltham High School STEM Club

When: Monday (Week B)

Location: Room 802

Time: Lunchtime

Kathryn Boysen

Eltham High School Science

Coordinator

First Aid/ Medications

Eltham High School has a responsibility to provide first aid to members of the school community including students, staff and visitors to the school. Regular updates of medical conditions will be sought from parents and students to maintain an accurate and current record of all students with identified medical conditions. Our First Aid policy can be accessed at this [link](#).

If a student requires medication, it is strongly encouraged for the medication to be arranged to be taken outside of school hours. We will follow procedures set out in our policy Administration of Medication (available at this [link](#)) to safely manage any necessary provision of medication to students while at school or during school activities undertaken outside of the school grounds such as camps and excursions.

Please also refer to our Health Support Planning Strategy to support the health care needs of your child.

Sun Smart and Dress Code

Sun safety is a shared responsibility. Staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 and above (typically from mid-August to the end of April in Victoria). Guidelines supporting our students and staff to help minimise the risk of sun damage and skin cancer are outlined in the Sun Smart policy accessible at this [link](#).

The school's dress code policy outlines expectations for students for appropriate clothing for a school environment. The specific aspects of this policy that relate to sun protection outline that brief clothing is not appropriate for school – this includes singlets, short skirts and shorts, exposed mid-ribs and thongs footwear. This policy can be accessed at this [link](#).

Information about the daily local sun protection times is available via the free SunSmart app, or at sunsmart.com.au or bom.gov.au

FRAN MULLINS, Assistant Principal

JUNIOR SCHOOL

Junior School News

We continue to be busy in the Junior School in Week 3. This week on Tuesday, all students in Year 7 took part in the Standing Strong Workshop facilitated by Headspace. The aim of the workshop was to:

- Identify the ways your body and brain react to stress
- Review bullying's impact on mental health
- Find spaces and activities to help you stand strong
- Explore who you can talk to and seek support

The workshop is part of a series of educational opportunities to support the social and emotional development of our young people. The last two years have been particularly difficult for our tween to teen students who are not only managing the transition to high school and into puberty but have missed out on some of the key social and emotional development opportunities ordinarily provided through regular school attendance. We will continue to support them through the programs that we are offering here at school and are so grateful for the support from families as we help them to make good choices and perhaps most importantly, to be kind and empathetic.

The Year 7 Time Redemption Program began this week to support students transition into Year 8 and to ensure that they finish the year strongly. More information about this program is on the Compass Parent Dashboard. It was great to see the students arriving promptly to finalise some of their outstanding tasks and to work with the Junior School team to set some goals for growth.

MELISSA HUGHES, Junior School Team Leader

Chess Club

When: Wednesday Lunchtime
Location: Library
Gabriel Piras

Drama

When: Wednesday (Junior)
Thursday (Senior)
Location: 111 Drama Space
Time: 3.20pm - 5.00pm

Scrambled Brains

Location: Room 420
Monday 3:20 - 5:00pm

Scrambled Eggs

Location: 111 Tuesday 3:20 - 5:00pm
Ryan Patterson, Drama Teacher

StandOUT

When: Wednesday Lunchtime
Location: Room 420
Matthew Hapsberg
StandOUT Leader

French VCE Workshop

When: Monday Lunchtime
Where: Room 612

Indonesian Tutorial

Years 7 - 10 at lunchtime
When: Week A - Thursdays
Week B - Wednesday
Where: Room 610.

Year 7 Art Club

When: Wednesday Lunchtime
Where: Room 613
Lisa Foote Year 7 Art Club Coordinator

MIDDLE SCHOOL

End of Year Arrangements

The last day of school for Year 8 and 9 students is Monday December 19.

The ever-popular End of Year Picnic will take place on Friday December 16, at Eltham Lower Park. Further details will be provided closer to the date. Students are expected to attend normal timetabled classes up to, and including, Thursday December 15.

Year 9 Exams

Year 9 exams will take place for English, Maths, French, and Indonesian. The purpose of these exams is to provide students with an experience of preparing for, and undertaking exams leading into Year 10 and beyond. Exams will take place on the following dates:

Friday 11 November Period 1 English in Room 101

Monday 14 November Period 1 LOTE in Room 101

Tuesday 15 November Period 1 Maths Room 101

Catch-up exams will take place period 4 on Tuesday 15 November.

Each exam will run for one period (60 minutes) and students will be required to arrive 10 minutes early. Assembly point is the canteen courtyard. All other Year 9 classes will run as normal on these days.

.....
ROSS MCKINNON, Middle School Team Leader

SENIOR SCHOOL

Senior School Key Dates and Events

YEAR 12

Congratulations to the class of 2022!



- Year 12 SWOTVAC (Study Without Teaching Vacation)
This year during SWOTVAC, Eltham High School will provide students with the opportunity to meet with their teachers during their allocated class time. Year 12 teachers will be available in their scheduled classroom and will be running revision sessions to target key areas of improvement ahead of the end of year examinations. These classroom sessions are optional and parents of Year 12 students can ignore any SMS messages regarding student absences during this time. SWOTVAC will begin on Friday 14 October and conclude the day before the subjects scheduled VCAA examination.
- Year 12 Valedictory evening – Thursday 17 November
The 2022 Year 12 Valedictory evening is now open for booking.
The booking system can accommodate 2x tickets per student. If you would like to book more, you are welcome to book a Waiting List ticket. In the event more seats become available you will be contacted. Please access the booking link via Compass.

YEAR 11

- Year 11 last day of classes: Friday 28 October
- Year 11 Examinations: Wednesday 2 November - Thursday 10 November
The exam timetable will be published to students next week.

Notes: If you have a clash with a Unit 3 & 4 VCAA Exam you are required to attend the VCAA Exam. If you require a study day prior to a Unit 3 & 4 exam, please ask your parent or carer to email Susan Inglis on ing@elthamhs.vic.edu.au to advise her

of your absence.

If you have exam clashes, please use this exam rescheduling link:

<https://forms.gle/5jLAMHa2B8mRTqdE8>

- Year 11 - Year 12 Headstart Orientation 2022: Monday 14 November - Friday 25 November

Students will be able to order their subject resources through North of the Yarra Booksellers via this link: <https://www.northoftheyarra.com.au/eltham.html>

These resources will be delivered to school on Monday 14 November.

YEAR 10

- Year 10 classes end prior to exams: Friday 18 November
- Year 10 Semester 2 Examinations: Monday 21 November - Monday 28 November The exam timetable will be made available to students in the next few weeks.
- Year 10 - Year 11 Headstart Orientation 2022: Tuesday 29 November - Monday 5 December

AMANDA SALIBA, Senior School Team Leader

CAREERS

Year 9 Work Experience: Monday 5 - Friday 9 December Cancelled

School leadership has determined that the proposed Work Experience week planned for Monday 5 - Friday 9 December will be cancelled.

However once a student has turned 15 they are eligible for Work Experience at any time so I would encourage all eligible students to consider organising a placement at a time that suits.

The scheduled Year 10 Work Experience week will still take place in September 2023.

Forms can be accessed forms through the careers website at:

www.elthamhighcareers.com > Work place learning > Required documents.

They are also available from outside the Careers Office at all times. Completed forms need to be provided to me one week prior to the placement in hard copy or email at pri@elthamhs.vic.edu.au

ROSS PRINGLE, Pathways and Transition

MUSIC

2022 Music Fees

Please note the 2022 Instrumental Music Fees are now required to be paid in full for all ensembles. Your prompt payment of any outstanding music fees is appreciated.

Payment of the music fees can be made by completing and returning the credit card details on the form previously emailed to you, or by cash, BPay, credit card by calling [9430 5118](tel:94305118) or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email they may allocate funds to other areas. If you do not know your BPay reference number please contact the school's Revenue Administrator, Jacinta D'Avoine on [9430 5118](tel:94305118) or by email at accounts@elthamhs.vic.edu.au.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: [9430 5127](tel:94305127) or email: nio@elthamhs.vic.edu.au

RICK KEENAN, Director of Music



DRAMA

The Mango Fundraiser - 2022

Eltham High School's After School Drama Program are once again running their amazing Mango Fundraiser. If you love mangoes, here's your chance to indulge in fresh juicy mangoes direct from the farm.

The Mango Fundraiser only use Bowen Special Mangoes which are more formally known as Kensington Pride Mangoes. They are packed in a single layer tray and each tray will usually have between 14 and 23 mangoes, with a total tray weight of approximately 7kg. Trays cost \$30.00 each.

When you buy mangoes from the Mango Fundraiser you know the fruit is coming directly from the farm to you. Your mangoes aren't being held for long periods in storage or ripening rooms.

Money raised will be used to provide resources and opportunities for our Drama Students including tours, guest artists and performances.

Order your delicious tray/s of mangoes through Trybooking:

<https://www.trybooking.com/CDFCU>

Orders close on Monday 24 October 2022 and delivery day will be in early December on a date yet to be confirmed.

Contact details:

Rhonda Bonfante P:9430 5172 /
E:bon@elthamhs.vic.edu.au

If you need a little inspiration, just click on the link below to find loads of delicious Mango recipes.

<https://www.taste.com.au/recipes/collections/mango-recipes>



RYAN PATTERSON, Drama Coordinator

VET HOSPITALITY

VET Hospitality Cooking Competition

Four of our VET Hospitality students entered the World Skills Australia and VETis cooking competition for the Eastern region which took place at St Monica's College in Epping on Tuesday 11 October. It is the first time Eltham High students have entered this competition.

Lilly G. Harrison (Year 11, Everard House), Ruby Dawes (Year 11, Andrew House), Laura Parker-Hill (Year 11, Rutter House) and Anabel Farmer (Year 10, Everard House) prepared for the competition over the past few months, by practicing their recipes at home and school, writing recipes and workplans and designing their presentation ideas.

In the competition, they prepared an afternoon tea for 3 judges that consisted of a rice paper roll, a decorated cupcake and an open sandwich. They all did an excellent job preparing food items to a very high standard and made the judges job of determining a winner very difficult.

I congratulate all students for their commitment, effort, integrity and teamwork.

Lilly G Harrison was awarded the Bronze medal and Ruby Dawes was awarded the Silver medal which they will receive at an awards night next year.

Congratulations to you all, I am proud of how you represented yourself and Eltham High School.



YASEMIN ZIADA, VET Hospitality Teacher



ART

Ceramic Jewellery Making Workshops

Ceramic jewellery making workshops facilitated by local ceramic artist Emma Amos have been organised for staff and students.

The student workshop is an enrichment opportunity aimed at Year 9 and 10 students who have been recommended for participation by their teachers because of their engagement and achievements in the visual arts.

Participants will learn the process of creating jewellery from clay. Impressions are added to the clay using natural objects, stamps and textural surfaces. Following a bisque firing the ceramic pieces will be decorated with oxides and glazes.

After the glaze firing the ceramic pieces are then threaded or assembled into jewellery using leather thonging, beads or jewellery findings such as brooch backs, earrings or ring bases.

Eltham H.S. staff are also participating in the workshops after school as an opportunity to learn something new and promote wellbeing.

The first of three workshops were completed on Monday 10 October.

.....

LISA FOOTE, Art KLA Coordinator

STUDENT SERVICES

World Mental Health Week at Eltham High School 2022

This year's World Mental Health Day campaign is encouraging everyone to make a promise to "Look after your mental health, Australia." Therefore, our promise to you is to provide relevant resources and support to grow and maintain positive mental health practices.

Student Services have arranged wellbeing activities during the third week of World Mental Health Month: October 17 - 21. Please see the attached calendar for this year.

These activities will be held during the lunch break in Student Services or the Oval depending on the activity.

Light refreshments and a prize for two lucky students and their families that are valued at \$45 each will be on offer!

Prize: HallowScream 2022 — Montsalvat

Follow the link and secure a spot: <https://forms.office.com/r/O3Reb1ys6D>

World Mental Health Week 2022

Student Services will be facilitating wellbeing activities during the third week of World Mental Health Month: October 17th - 21st.

These activities will be held during the lunch break: 1:10pm – 1:50pm.



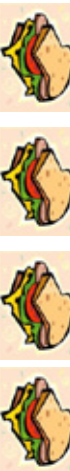
Sign up via the link to secure your place as some activities have limited spots: forms.office.com/r/O3Reb1ys6D

Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21 st
Crafty Craft: Stress Ball Making	Mood Booster: Ultimate Frisbee	Walk for Wellbeing	Expression through Art	Workshop: Wellbeing and the Brain
Location: Student Services	Location: Oval	Location: Oval	Location: Student Services	Location: Student Services
Facilitator: Nillumbik Shire Council	Facilitator: Dylan Meddings, Health/PE Leader	Facilitator: Anna Jenkins, Mental Health Practitioner	Facilitator: Carly Young, Art Therapist.	Facilitator: Umut, Student Counsellor
Limited Spots	Unlimited Spots	Unlimited Spots	Limited Spots	Limited Spots

.....

MADLINE KAMAMIS, Student Services Leader

Canteen Spring Menu Prices 2022

Hot Food	Cool Stuff	Cool Stuff	Sandwiches and Wraps
Hash Browns (V) (GF) \$1.50	Watermelon Slice \$0.50	Yoghurt Cup \$3.00	Egg & Lettuce Sandwich \$5.50
Pin Wheel \$2.00	Fresh Fruit (Piece) \$1.00	Salad Bowl \$7.00	Falafel Wrap (V) \$6.00
Sweet Muffin \$3.00			Chilli Chicken Wrap \$6.00
Dim Sims (2) \$2.50	Weekly Lunch Specials		
Hot Jam Doughnut \$3.50			Tandoori Chicken Wraps \$6.00
Ham & Cheese Toasty \$4.00	Monday	Hot Dogs with Cheese \$4.00	BLT (Bacon, Lettuce & Tomato) \$6.00
Tomato & Cheese Toasty \$4.00		(Tomato Sauce included in Price)	HL T (Haloumi, Lettuce & Tomato) \$6.00
Egg Muffin & Relish \$4.00	Tuesday	Chicken or Vegetarian Rice Paper Rolls \$6.50	Salad & Cheese Roll \$6.00
Bacon Egg Muffin & Relish \$4.50		2 Roll Pack	Ham & Cheese Salad Roll \$6.00
Sausage Roll \$3.80	Wednesday	Chicken Souvlaki with yoghurt \$6.50	Roast Beef & Mustard Pickle Sandwich \$6.00
Spinach & Ricotta Roll \$3.80		Eggplant Souvlaki with yoghurt \$6.00	
Meat Pie (GF) \$5.00	Thursday	Sushi- 2 Roll Pack (Tuna, Veg, Chicken, Salmon, Crab) \$6.50	
Vegan Pasty \$5.00			
Nachos (GF) \$6.00	Friday	Beef, Chicken or Veggie Burgers \$6.00	
Super Nachos (GF) \$7.00			
Vegan Pasta (V) \$4.00			
Pasta Bake \$5.00			
			
	Sweet Things		
	Chocolate Doughnut \$3.50	Strawberry Doughnut \$3.50	Hedgehog Slice \$3.50
	Apple Cake \$4.00	Banana Bread Slice \$2.50	Caramel Slice \$3.50
	Coffee Scroll \$3.50	Smartie Cookie - Chocolate or Vanilla \$3.50	
			Chai Tea \$2.50
			Hot Chocolate \$2.50
			Hot Tea & Coffee \$2.50
			Full Cream Milk & Soy available (V)

Please be advice that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies (GF). We can also substitute some Vegan ingredients in lunch orders. Canteen is opened every day at 8:45am for student and staff to place lunch orders for Recess or Lunch



Parent, Carer & Educator Webinar

Suicide Prevention Webinar for Parents and Carers

This webinar is designed to increase the confidence and skills of parents to recognise and respond to risk of suicide. Thoughts of suicide are common in the community, and the more we understand why people feel this way, the greater we can practice early intervention and support.

This webinar will explore common beliefs about suicide, how we can recognise the warning signs and start the conversation, and how to support ourselves and young people through these moments. This session has been informed by lived experience and focuses on early intervention, and is useful for all parents to increase understanding of a common issue in society.



LifeConnect



When: Thursday 20th October, 7:00pm-8:30pm

Presented by: LifeConnect, Neami National

Where: Online

Who: For anyone with a connection to the Yarra Ranges Region

Cost: Free

To register:
<https://www.trybooking.com/CCYPY>



For more info:
Kirsten Malseed
Youth Development Officer
k.malseed@yarraranges.vic.gov.au

Website:
<https://www.yarraranges.vic.gov.au/Community/Youth/Webinars-for-parents-carers-and-educator>



Parent, Carer & Educator Webinar

Young People & Social Media

Join us to discuss social media, cyberbullying, and tips for empowering young people to have positive experiences online.

Jayde Petrie, from PROJECT ROCKIT, will present

- an overview of key social media platforms,
- insight into the opportunities and risks of young people being online,
- strategies for combating cyberbullying,
- strategies to promote healthy online use

Throughout the webinar there will be the opportunity to share ideas and chat with other teachers or parents, share opinions via polls, and Q&A with the facilitator.

The webinar duration is one hour plus 15 minutes for Q&A.

When: Wednesday 26th October, 7:00pm-8:15pm

Presented by: PROJECT ROCKIT

Where: Online

Who: For anyone with a connection to the Yarra Ranges Region

Cost: Free

For more info: Kirsten Malseed
Youth Development Officer
k.malseed@yarraranges.vic.gov.au

To register:

<https://www.trybooking.com/CCTFZ>



PROJECT ROCKIT is Australia's youth driven movement against bullying, hate and prejudice.





**ELTHAM
& DISTRICT
WOODWORKERS**

12th & 13th November 2022 9am-5pm
Eltham Community Centre
Cnr Pitt Street & Main Road

FREE ENTRY
DEMONSTRATIONS & SALES

Free Hands-on workshop for children
Raffle drawn Sunday 13th at 4pm



“ Our therapists work with family members to build more positive family relationships ”

For more information:

Northern Region
677 The Boulevard, Eaglemont VIC 3084
T (03) 9450 4700
F (03) 9450 4701
E eaglemont@berrystreet.org.au

www.berrystreet.org.au



We believe children, young people and families should be safe, thriving and hopeful.

Central Office
1 Salisbury Street, Richmond VIC 3121
T (03) 9429 9266 E info@berrystreet.org.au

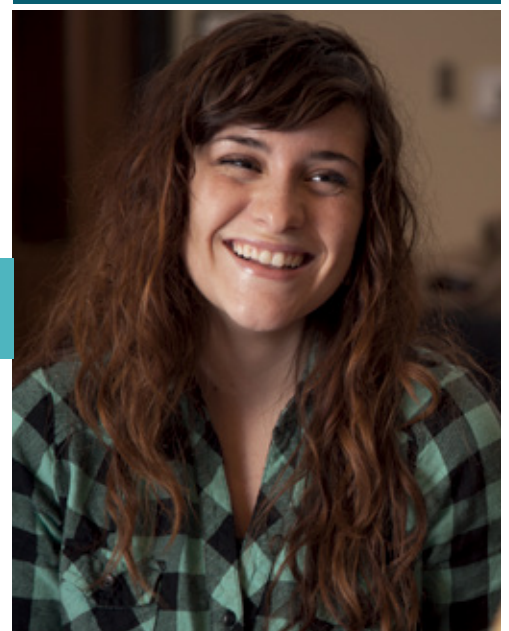
Berry Street is committed to the principles of social justice. We respectfully acknowledge the traditional owners of the lands and waters of Australia.



To protect the identity of our clients, we use images of models and volunteers. Please dispose of this flyer responsibly.



Family Therapy (MATTERS)



Northern Region

Community Announcements

2022 ROTARY eltham FESTIVAL
 Saturday 12 and Sunday 13 November

'Have a GO' Oval

SUNDAY 13 NOVEMBER
 9am to 4.30pm
 Eltham Central Park Oval

HIGHLIGHTS

10am, 11am, 1pm, 2pm and 3pm	Rotary Races
11-2pm	Face Painting with CLC students
11am and 2pm	SES Jaws of Life run by Nillumbik SES
12noon	Tug of War run by Rotary

TRY...
 Basketball, Tennis, Mini Golf, Lacrosse, Handball, Karate, Little Sports Heroes

FREE KIDS RIDES
 Face painting with CLC students or 1st Eltham North Scouts Group

Climb our Rock Wall
 (small charge)

PROUDLY SPONSORED BY
 ELTHAM LEISURE CENTRE

ROTARY RACES PRIZES GALORE
 Courtesy of Rare Beers, Skaterz, Bakers Delight and Grillid

PROUDLY SPONSORED BY
 ELTHAM LEISURE CENTRE

COMMUNITY STAGE
 Featuring dance and choir

District Scouts
 Bottom of Panther Place
 Have a go on the giant swing, rope bridge, fry out archery

TUG OF WAR
JEMBY
 AUTO SERVICE

www.elthamfestival.org.au
 facebook/elthamfestival



Major Sponsor



**Give life.
 Give blood in
 Eltham.**

18 to 28 October



Eltham
 Pop-up Blood Donor Centre
 801 Main Road
 Eltham Vic 3095
 Open 8am until 8pm





JUNIOR FUTSAL 22/23 TERM 4 & 1

 MACLEOD - BANYULE NETS STADIUM

 AGE U10 | U12 | U 14 | U16 | U18

 WWW.SOCIALSPORT.COM.AU

 SMS 0488842495 

 HELLO@SOCIALSPORT.COM.AU



Barista Basics

Saturday 22 October
10am-3pm

15+ yrs

Learn how to make different coffees and use a commercial coffee machine. Participants receive a Certificate of Achievement for their CV's.

www.livinglearningnillumbik.vic.gov.au/BaristaBasics



DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"