



Tuesday 11 October

Last day of Year 12 Classes

Wednesday 12 October

Year 12 Breakfast

Year 12 Formal at Leonda by the Yarra

Thursday 13 October

Curriculum Day

Monday 17 October

SSV State Athletics

Wednesday 12 October

Year 7 HPV Immunisations (2nd Visit)

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Eltham High School T (03) 9430 5111 | ABSENCES: (03) 9430 5299 eltham.hs@edumail.vic.gov.au www.elthamhs.vic.edu.au

Thursday 13 October Curriculum Day

Sunday 16 October Eltham High School Working Bee

Wednesday 26 October Year 7 HPV Immunisations (2nd Visit)

PRINCIPAL'S REPORT

Student Achievement: Year 7 Sustainability Showcase

I congratulate all the Year 7 students for their efforts in their learning, which culminated in the Sustainability Showcase held last week.

It was great to see all the families coming through the school once again and sharing in the celebration of learning.

The Showcase demonstrated the learning that the students gained through their Integrated Studies Program on the theme of sustainability. This learning was linked into their City Experience as well as to the work that was undertaken at Edendale Farm.

In congratulating the students, I also wish to acknowledge the work of their teachers under the leadership of Emma Shelton (Critical Inquiry Key Learning Area Coordinator). Their continued encouragement of the students to take charge of their own learning and the guidance and support that they provided to our young people throughout the process of doing this is highly commendable, and I am sure greatly appreciated by the students.

A more detailed report can be found in the Junior School Section of last week's newsletter.

Final Days for Year 12 Students

Today, Tuesday 11 October is the final day of formal classes for our Year 12 students. Throughout this week we have run a series of assemblies reminding the whole school of the expected behaviour around the Year 12's final formal days at school. In particular to reinforce the understanding that the Year 12 celebrations over the next couple of days are for Year 12 students only. I ask all parents/carers for your support by reiterating this message to your children at home. Students have been told that a no tolerance rule will apply and that serious consequences will be put in place for anyone who behaves in a way that goes against the school values and the ultimate safety of any member of our community.

At the end of today, Year 12's will be involved in the traditional count down to the bell. Tomorrow, all Year 12 students have been invited to breakfast and they are allowed to dress up in costume if they so wish. At the end of breakfast, Year 12 students will leave the school and go home to prepare for the Formal, which will take place tomorrow evening.

We are looking forward to celebrating the end of the school year and their achievements to date with all our Year 12 students.

A reminder that Year 12 teachers will be available to students during their usual timetabled times in their allocated rooms right up until the day of their subject exam. Year 12 parents/carers, please encourage your children to take advantage of this opportunity and support. Teachers can also be accessed outside of their scheduled class time but I would encourage students to e-mail their teachers before coming in, just in case they have another commitment.

The facilities of the school, including the VCE Study Centre, The Resource Centre and the Year 12 Common Room, are all available to Year 12 students who may wish to come into school to study.

SCHOOL CALENDAR 2022

OCTOBER

Tuesday 11

- · Last day of Year 12 Classes
- Year 9 10 Forensic Science: Crack the Covid Case (Online - Part 1)

Wednesday 12

- · Year 12 Breakfast
- Year 12 Formal at Leonda by the Yarra
 6:30pm
- · Inter Boys Futsal Finals
- NMR Inter Boys Table Tennis
- Year 8 Interschool Volleyball

Thursday 13

Curruculum Day

Friday 14

- · Year 9 Active Girls Boxing
- · Choir Masterclass with Louisa Rankin

Sunday 16

· Working Bee

Monday 17

- · SSV State Athletics
- · Year 11 into Year 12 Headstart Assembly

Tuesday 18

 Year 9 - 10 Forensic Science: Crack the Covid Case (Online - Part 2)

Wednesday 19

• NMR Year 8 - Table Tennis

Wednesday 19 - Friday 21

 Year 11 Outdoor and Environmental Studies 3 day Camp - Grampians National Park

Thursday 20

 Space Camp 2023 Parent Information Evening

Thursday 20 - Monday 26

Practice Exams

Friday 21

- NMR Year 7 Volleyball
- Year 9 Contemporary Jewellery Excursion

Tuesday 25

- NMR Year 8 Volleyball
- Intermediate Nillumbik Volleyball -Round 1
- Intermediate Round Robin Boys Tennis
- Intermediate Round Robin Girls Softball

World Mental Health Week

Earlier today, our Student Services Leader, Madeline Kamamis, posted a newsfeed article to all of our students about World Mental Health Week. The following appeared in the newsfeed.

"This year's World Mental Health Day campaign is encouraging everyone to make a promise to "Look after your mental health, Australia." Therefore, our promise to you is to provide the relevant resources and support to grow and maintain positive mental health practices.

Student Services have arranged wellbeing activities during the third week of World Mental Health Month: October 17 - 21.

Please encourage your children to engage in the range of activities that have been organsied for this week. If you would like further information on World Mental Health Week, please contact Madeline at kai@elthamhs.vic.edu.au.

Note of Condolences

It is with great sadness that I communicate to our School Community the passing of our much valued and loved colleague and friend Bu Sha Shukor who passed away peacefully at home, surrounded by her loved ones on Wednesday 5 October.

Sha was one of our principal teachers of Indonesian language and also taught English. She loved the profession and considered teaching as the most rewarding work that she could ever have undertaken.

For Sha, her students always came first and as such she was committed to their learning but furthermore, she was committed to her own professional learning in order to ensure that she was always "at the top of her game" so to speak.

Sha battled cancer for a number of years and I have to say that I have never met such a strong, resilient and positive person as Sha. She has certainly been a perfect role model and example of someone who has taken all that life could give her, even in the darkest moment of her illness. Sadly, whilst her spirit remained strong, her body was unable to take any more.

Our thoughts and prayers go out to her husband Man, and her two young children a son and a daughter. Our sincere condolences to them all and to all of her extended family and all her friends .

As a way of supporting this family in their grief, we will be organising a fundraising effort at school. Please give generously in support of one of our own.

Rest in Peace Sha. You will not be forgotten by your friends and colleagues and the many young people who crossed your path during your time at Eltham High School.

Reminders: Day Before Melbourne Cup Day - 1 November

Historically the day before the Melbourne Cup holiday has had very poor student attendance. Consequently, and as a way of causing the least disruption to the educational program of the school, the last few years have seen this day used as time-in-lieu for teachers. As clearly expressed in the Victorian Government Schools Agreement 2022 and supported by the Department of Education and Training, this compensates teachers for the time they allocate beyond work hours throughout the year to student progress interviews involving students, parents, and staff.

In the past, irrespective of the time-in-lieu arrangement, the school has remained open on the Monday before Melbourne Cup Day as Year 12 exams are generally on during that time, and the school is an examination centre. This will also be the case this year.

However, while this day would seem to be the most appropriate in terms of minimising disruption to the educational program of the school in the provision of time-in-lieu, I am writing to ascertain your intention as to your child's/children's attendance on **Monday**, **31 October** for us to plan effectively. The school will be open on this day and based on previous experience, due to the small numbers of students in attendance, it is most likely that an alternative educational program will be in place. Your information will be valuable in ascertaining staffing requirements for this day.

I ask you to confirm with us only if your child will be attending on Monday, 31 October, 2022 by contacting the appropriate Sub-School Office either by telephone on 9430 5111 or by email through each of the Sub-School Team Leaders before Wednesday, 26 October:

Senior Sub-School: Amanda Saliba – sai@elthamhs.vic.edu.au Middle Sub-School: Ross McKinnon – mki@elthamhs.vic.edu.au Junior Sub-School: Melissa Hughes – huh@elthamhs.vic.edu.au

I thank you for your cooperation with this matter.

Wednesday 26

- · Year 9 Active Girls Belly Dancing
- Year 9 Recreational Activities Fencing

Wednesday 26 - Wednesday 18 November

VCE Hand Written Exams

Thursday 27

- Culture Makers Lab with Jessica Bellamy
- NMR Year 7 Table Tennis

Friday 28

Last day of Year 11 Classes

NOVEMBER

Wednesday 02

 Year 9 Recreational Activities -Fitness Classes

Wednesday 02 - Thursday 10

Year 11 Exams

Thursday 03

Duke of Edinburgh Assessment
 Adventurous Journey - Brisbane Ranges

Friday 04

Year 9 Active Girls - Hip Hop

Wednesday 09

- · Year 8 State Final Volleyball
- Year 9 Recreational Activities -Lawn Bowls

Friday 11

- Year 7 State Final Volleyball
- Symphonic Band Workshop with Jodie Blackshaw

Monday 14 - Friday 25

Year 12 2023 Headstart

Thursday 17

Valedictory Evening

Monday 21 - Monday 28

Year 10 Semester 2 Exams

Tuesday 22

Year 7 Futsal Finals

Wednesday 26

Year 7 HPV Immunisations (2nd visit)

Tuesday 29 - Monday 5 December

Year 11 2023 Headstart

Planning for 2023

It is at this time of the year when I put out a request for information from parents. Due to the high demand for places at the school, we have a number of students in Year 8-12 for 2023 on waiting lists for a place in the school. Whilst we are mindful of managing student numbers, we do want to give students and families who want to be part of the Eltham High School Learning Community the opportunity to do so. However, we cannot offer a place until we are know that a vacancy exists.

Can I ask all parents of students currently in Year 7 - 11 to please communicate with us if you know that your child will definitely **not be** attending Eltham High School in 2023, this may be because you will be moving address, possibly moving interstate, perhaps you child will be pursuing an enrolment in TAFE; enrolment into an apprenticeship etc.

Please contact the relevant person below to provide this information **only if** you know that your child **will not** be attending Eltham High School in 2023.

Junior School (Year 7 only) - Mrs Melissa Hughes - huh@elthamhs.vic.edu.au Middle School (Years 8 & 9) - Mr Ross McKinnon - mki@elthamhs.vic.edu.au Senior School (Years 10 & 11) - Ms Amanda Saliba - sai@elthamhs.vic.edu

Covid Update

I thank you for your cooperation.

COVID-19 isolation requirements remain the same until further notice:

Any student or staff member who tests positive to COVID-19 must now isolate for a minimum of 5 days instead of 7. If they are asymptomatic, they may return to school on day 6. If they are symptomatic, they must remain in isolation until day 7. If they have symptoms after 7 days, they are strongly advised to stay home until their symptoms have resolved.

As an additional risk mitigation, the Department of Health strongly recommends that those leaving isolation wear a face mask when away from home, both indoors and outdoors, and when they cannot physically distance. Those leaving isolation on day 6 should wear a mask for 5 days but particularly the first 2 days. Those leaving isolation on day 7 should wear a mask for 4 days but particularly the first 2 days.

As changes take place you will be informed.

VINCENT SICARI, Principal

MIDDLE SCHOOL

Year 9 Exams

Year 9 students will undertake end of year exams for English, Maths and, if appropriate, French or Indonesian. These exams will take place on November 11, 14 and 15.

Further details will be provided closer to the date.

ROSS MCKINNON, Middle School Team Leader

SENIOR SCHOOL

Senior School Key Dates and Events

YEAR

- Year 12 last day of class Tuesday 11 October Students are required to attend all classes as per normal. At 3:00pm you will be escorted to the courtyard for the countdown to the bell. Students are encouraged to bring along a white t-shirt and markers to have their friends and teachers sign their best wishes.
- Year 12 Breakfast Wednesday 12 October 9:00 10:30am Year 12s are invited to a celebratory Breakfast on the Back Oval at 9am 10:30am. In previous years, Year 12 students have met at either Eltham Square or Alister Knox Park and walked together in costume to school. Students are required to enter the school at the entrance to the back oval via Ely Street. The Senior School team and your Year 12 teachers will be there to welcome and celebrate with you. Get together in groups or solo and dress-up to impress!

- Year 12 Formal Wednesday 12 October The Formal will be held on Wednesday 12 October at Leonda by the Yarra, commencing at 6:30pm. Dress code is black tie.
- Year 12 SWOTVAC (Study Without Teaching Vacation) The SWOTVAC will provide students with the opportunity to meet with their teachers during their allocated class time. Year 12 teachers will be available in their scheduled classroom and will be running revision sessions to target key areas of improvement ahead of the end of year examinations. SWOTVAC will begin on Friday 14 October and conclude the day before the subjects scheduled VCAA examination.
- Year 12 Valedictory evening Thursday 17 November

The 2022 Year 12 Valedictory evening is now open for booking.

The booking system can accommodate 2 tickets per student. If you would like to book more, you are welcome to book a waiting list ticket. In the event more seats become available you will be contacted. Please access the booking link via Compass.

YEAR 11

- · Year 11 last day of classes: Friday 28 October
- Year 11 Examinations: Wednesday 2 November Thursday 10 November

The exam timetable will be published to students next week.

 Year 11 - Year 12 Headstart Orientation 2022: Monday 14 November-Friday 25 November Students will be able to order their subject resources by 6 November through North of the Yarra Booksellers. These resources will be delivered to school on Monday 14 November. Further information will be followed to families within the next week.

YEAR 10

- · Year 10 classes end prior to exams: Friday 18 November
- Year 10 Semester 2 Examinations: Monday 21 November Monday 28 November The exam timetable will be made available to students in the next few weeks.
- Year 10 Year 11 Headstart Orientation 2022: Tuesday 29 November Monday 5 December

AMANDA SALIBA, Senior School Team Leader

CAREERS

Year 9 Work Experience December 5 - 9 Cancelled

School leadership has determined that the proposed Work Experience week planned for December 5 - 9 will be cancelled.

However once a student has turned 15 they are eligible for Work Experience at any time so I would encourage all eligible students to consider organising a placement at a time that suits.

The scheduled Year 10 Work Experience week will still take place in September 2023.

Forms can be accessed forms through the careers website at:

www.elthamhighcareers.com > Work place learning > Required documents.

They are also available from outside the Careers Office at all times. Completed forms need to be provided to me one week prior to the placement in hard copy or email at pri@elthamhs.vic.edu.au

ROSS PRINGLE, Pathways and Transition

PARENT

INFORMATION

2022

Term Dates

Term 1:

Starts 1 February

Finishes 8 April

Term 2:

Starts 26 April Finishes 24 June

Term 3:

Starts 11 July

Finishes 16 September

Term 4:

Starts 3 October

Finishes 19 December (Dependant on

Year level)

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2022

Working Bees

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

Working Bee Dates

Sunday 16 October Sunday 4 December

Working Bee Committee Meeting Dates

Thursday 6 October
Thursday 24 November

MUSIC

Stunning Waratah Flowers Fundraiser by EHS Friends of Music

Deliveries of flowers will be on **Sunday 16 October 2022**. Delivery dates may be delayed depending upon growing conditions.

Collection of the pre-purchased flowers will be on the Sunday between 4:00pm and 6:00pm from the Eltham High School carpark off Ely Street.

Orders can still be placed through Trybooking: https://www.trybooking.com/CCPYG

Any queries please email Ross McKinnon at mki@elthamhs.vic.edu.au

These stunning flowers will usually give you about 2 weeks of enjoyment. Please support our Music Program by purchasing these stunning flowers.

Your continued support is greatly appreciated.

2022 Music Fees

Please note the 2022 Instrumental Music Fees are now required to be paid in full for all Ensembles. Your prompt payment of any outstanding music fees is appreciated.

Payment of the Music Fees can be made by completing and returning the credit card details on the form previously emailed to you, or by cash, BPay, credit card by calling 9430 5118 or by cheque made payable to "Eltham High School". If you make a payment via BPay please ensure you email accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email they may allocate funds to other areas. If you do not know your BPay reference number please contact the school's Revenue Administrator, Jacinta D'Avoine on 9430 5118 or by email at accounts@elthamhs.vic.edu.au.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

RICK KEENAN, Director of Music

DRAMA

The Mango Fundraiser - 2022

Eltham High School's After School Drama Program are once again running their amazing Mango Fundraiser. If you love mangoes, here's your chance to indulge in fresh juicy mangoes direct from the farm.

The Mango Fundraiser only use Bowen Special Mangoes which are more formally known as Kensington Pride Mangoes. They are packed in a single layer tray and each tray will usually have between 14 and 23 mangoes, with a total tray weight of approximately 7kg. Trays cost \$30.00 each.

When you buy mangoes from the Mango Fundraiser you know the fruit is coming directly from the farm to you. Your mangoes aren't being held for long periods in storage or ripening rooms

Money raised will be used to provide resources and opportunites for our Drama Students including tours, guest artists and performances.

Order your delicious tray/s of mangoes through Trybooking:

https://www.trybooking.com/CDFCU

Orders close on Monday 24 October 2022 and delivery day will be in early December on a date yet to be confirmed.

Contact details:

Rhonda Bonfante P:9430 5172 / E:bon@ elthamhs.vic.edu.au

If you need a little inspiration, just click on the link below to find loads of delicious Mango recipies.

https://www.taste.com.au/recipes/collections/mango-recipes



RYAN PATTERSON, Drama Coordinator

CANTEEN ROSTER

If you would like to volunteer for our canteen in 2022 please send your email address and availabilities to our Canteen Manager, Carolina Constable at: cob@elthamhs.vic.edu.au

Please check the display at the Canteen for the daily specials

EXTRACURRICULAR CLASSES & TUTORIALS

Eltham High School Anthology

When: Friday (Week A) Location: Room 302 Time: Lunchtime Mel Gaylard

Eltham High School Anthology

Coordinator

Eltham High School STEM Club

When: Monday (Week B) Location: Room 802 Time: Lunchtime Kathryn Boysen

Eltham High School Science

Coordinator

ART

Eltham High Arts and Technology Instagram Account

Keep up to date about everything Arts and Technology including upcoming events, exhibitions, subject information, plus lots more.

You can join our account at elthamhs.arts.tech

If you don't have Instagram you can access the account through the following link:

https://www.instagram.com/elthamhs.arts.tech/

Lunchtimes in Room 613 - Art Room:

There are lots of opportunities to engage in art and be creative. Students are welcome to attend one or more of the sessions listed below.

Monday	Visual Art Leaders Meetings Students from all levels welcome to work in the art room.
Tuesday	Arts Space for all year levels Bring your lunch and ideas and access support and materials.
Wednesday	Year 7 Art Club Bring your lunch, ideas and access support and materials. It's a great way to meet like minded people.
Thursday	VCE Art Students Use this time to work on your folio and access support and materials

LISA FOOTE, Art KLA Coordinator

WORKING BEE

Eltham High School Working Bee - Sunday 16 October, 2022

The Grounds Committee is inviting members of our school community to come along to the upcoming Working Bee scheduled for **Sunday 16 October**, **2022**.

We are seeking volunteers to come in and perform a number of key tasks on the day including weeding, pruning, mowing and brushcutting. Please bring your mower / whippersnipper and safety gear if you are keen to be involved in this task.

The Working Bee runs from 9:00am until 1:00pm. Morning tea and a BBQ lunch will be provided. Attendees will be asked to report to the central courtyard for sign-in and briefing.

If you would like to attend the upcoming Working Bee can you please complete the following Microsoft Form by Monday 10 October, 2022 to advise of numbers and any dietary requirements.

https://forms.office.com/r/35JLpF4dv8

ANNA PANAS, Grounds Committee

ELTHAM HIGH SCHOOL CLUBS

WHY NOT GET INVOLVED!

Chess Club

When: Wednesday Lunchtime

Location: Library Gabriel Piras

Drama

When: Wednesday (Junior) Thursday (Senior)

Location: 111 Drama Space Time: 3.20pm - 5.00pm

Scrambled Brains

Location: Room 420 Monday 3:20 - 5:00pm

Scrambled Eggs

Location: 111 Tuesday 3:20 - 5:00pm Ryan Patterson, Drama Teacher

StandOUT

When: Wednesday Lunchtime

Location: Room 420 Matthew Hapsberg StandOUT Leader

French VCE Workshop

When: Monday Lunchtime

Where: Room 612

Indonesian Tutorial

Years 7 - 10 at lunchtime When: Week A - Thursdays Week B - Wednesday

Where: Room 610.

Year 7 Art Club

When: Wednesday Lunchtime

Where: Room 613

Lisa Foote Year 7 Art Club Coordinator

ADDITIONAL NEEDS

Study Certificate III in School Based Education Support CHC30221

As an organisation who has supported our work placement students, we say thank you and would like to share with you the below information about our upcoming courses.

This year we have been able to offer eligible students reduced course fees due to JobTrainer funding. Eligible students have saved up to \$2000 in course fees.

We have limited JobTrainer positions are available for commencement in December 2022. Majority of course content will be delivered from February 2023, no classes in January.

If you know of anyone in your community who may be interested in studying Certificate III in School Based Education Support CHC30221 in 2023, please share this with them.

- *Face to face training in Park Orchards, 3114
- *Small class sizes
- *Free off street parking
- *Fun and supportive learning environment

We encourage you to share this information with anyone you think may be interested.

Click here to find more information about the course and eligibility criteria.

If you have any questions please email training@parkorchards.org.au

SUE PICKETT. Additional Needs Coordinator

STUDENT SERVICES

World Mental Health Week at Eltham High School 2022

This year's World Mental Health Day campaign is encouraging everyone to make a promise to "Look after your mental health, Australia." Therefore, our promise to you is to provide relevant resources and support to grow and maintain positive mental health practices.

Student Services have arranged wellbeing activities during the third week of World Mental Health Month: October 17 - 21. Please see the attached calendar for this year.

These activities will be held during the lunch break in Student Services or the Oval depending on the activity.

Light refreshments and a prize for two lucky students and their families that are valued at \$45 each will be on offer!

Prize: HallowScream 2022 — Montsalvat

Follow the link and secure a spot: https://forms.office.com/r/03Reb1ys6D

World Mental Health Week 2022

Student Services will be facilitating wellbeing activities during the third week of World Mental Health Month: October 17th - 21st.

These activities will be held during the lunch break: 1:10 pm - 1:50 pm.

Sign up via the link to secure your place as some activities have limited spots: forms.office.com/r/03Reb1ys6D

Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21 st
Crafty Craft: Stress Ball Making	Mood Booster: Ultimate Frisbee	Walk for Wellbeing	Expression through Art	Workshop: Wellbeing and the Brain
Location: Student Services	Location: Oval	Location: Oval	Location: Student Services	Location: Student Services
Facilitator: Nillumbik Shire Council	Facilitator: Dylan Meddings, Health/PE Leader	Facilitator: Anna Jenkins, Mental Health Practitioner	Facilitator: Carly Young, Art Therapist.	Facilitator: Umut, Student Counsellor
Limited Spots	Unlimited Spots	Unlimited Spots	Limited Spots	Limited Spots

MADELINE KAMAMIS, Student Services Leader

Community Announcements

		かかか					Pasta Bake	Vegan Pasta (V)	Super Nachos (GF)	Nachos (GF)	Vegan Pasty	Meat Pie (GF)	Spinach & Ricotta Roll	Sausage Roll	Bacon Egg Muffin & Relish	Egg Muffin & Relish	Tomato & Cheese Toasty	Ham & Cheese Toasty	Hot Jam Doughnut	Dims Sims (2)	Sweet Muffin	Pin Wheel	Hash Browns (V) (GF)	Hot Food	
				P			\$5.00	\$4.00	\$7.00	\$6.00	\$5.00	\$5.00	\$3.80	\$3.80	\$4.50	\$4.00	\$4.00	\$4.00	\$3.50	\$2.50	\$3.00	\$2.00	\$1.50		
Coffee Scroll \$3.50		Chocolate Doughnut \$3.50							Veggie Burgers	Friday Beef, Chicken or	(Tuna, veg, Cnii	Thursday Sushi- 2 Roll Pack	Eggplant Souv	Wednesday Chicken Souvi	2 Roll Pack	Tuesday Chicken or Ve	(Tomato Sauce	Monday Hot Dogs with Cheese		Weekly Lun		Fresh Fruit (Piece) \$1.00	Watermelon Slice \$0.50	Cool Stuff	Canteen Spring Menu Pri
Smartie Cookie - Chocolate or Vanilla	Strawberry D Banana Brea Smartie Coo	ng						rs \$6.00	Ť	(Tuna, veg, chicken, salmon, crab)	Pack \$6.50	Eggplant Souvlaki with yoghurt \$6.00	Chicken Souvlaki with yoghurt	\$6.50	Chicken or Vegetarian Rice Paper Rolls	(Tomato Sauce included in Price)	Cheese \$4.00		Weekly Lunch Specials		Salad Bowl \$7.00	Yoghurt Cup \$3.00	Cool Stuff	Menu Prices 2022	
e or Vanilla	\$2.50 Caramel Slice	\$3.50 Hedgehog Slice		Full Cream Milk & Soy available (V)	Chai Tea	Hot Tea & Coffee	Hot Chocolate							Mustard Pickle Sandwich	Roast Beef &	Ham & Cheese Salad Roll	Salad & Cheese Roll	HLT (Haloumi, Lettuce &Tomato)\$6.00	BLT (Bacon, Lettuce & Tomato) \$6.00	Tandoori Chicken Wraps	Chilli Chicken Wrap	Falafel Wrap (V)	Egg & Lettuce Sandwich	Sandwiches and Wraps	N
\$3.50	\$3.50	\$3.50		le (V)	\$2.50	\$2.50	\$2.50		B					\$6.00		\$6.00	\$6.00	າ)\$6.00	\$6.00	\$6.00	\$6.00	\$6.00	\$5.50	ps	

Please be advice that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Canteen is opened every day at 8:45am for student and staff to place lunch orders for Recess or Lunch Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies (GF). We can also substitute some Vegan ingredients in lunch orders.



Parent, Carer & Educator Webinar

Suicide Prevention Webinar for Parents and Carers

This webinar is designed to increase the confidence and skills or parents to recognise and respond to risk of suicide. Thoughts of suicide are common in the community, and the more we understand why people feel this way, the greater we can practice early intervention and support.

This webinar will explore common beliefs about suicide, how we can recognise the warning signs and start the conversation, and how to support ourselves and young people through these moments. This session has been informed by lived experience and focuses on early intervention, and is useful for all parents to increase understanding of a common issue in society.

When: Thursday 20th October, 7:00pm-8:30pm

Presented by: LifeConnect, Neami

National

Where: Online

Who: For anyone with a connection to

the Yarra Ranges Region

Cost: Free

To register:

https://www.trybooking.com/CCYPY



For more info:

Kirsten Malseed Youth Development Officer k.malseed@yarraranges.vic.gov.au







Website:

https://www.yarraranges.vic.gov.au/Community/ Youth/Webinars-for-parents-carers-and-educator



Parent, Carer & Educator Webinar

Young People & Social Media

Join us to discuss social media, cyberbullying, and tips for empowering young people to have positive experiences online.

Jayde Petrie, from PROJECT ROCKIT, will present

- an overview of key social media platforms,
- insight into the opportunities and risks of young people being online,
- strategies for combating cyberbullying,
- strategies to promote healthy online use

Throughout the webinar there will be the opportunity to share ideas and chat with other teachers or parents, share opinions via polls, and Q&A with the facilitator.

The webinar duration is one hour plus 15 minutes for Q&A.

When: Wednesday 26th October, 7:00pm-8:15pm

Presented by: PROJECT ROCKIT

Where: Online

Who: For anyone with a connection to the Yarra Ranges Region

Cost: Free

For more info: Kirsten Malseed Youth Development Officer k.malseed@yarraranges.vic.gov.au

To register:

https://www.trybooking.com/CCTFZ



PROJECT ROCKIT is Australia's youth driven movement against bullying, hate and prejudice.





Give life. Give blood in Eltham.

18 to 28 October



Eltham

Pop-up Blood Donor Centre

801 Main Road

Eltham Vic 3095

Open 8am until 8pm



Community Announcements





DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"

12 COMMUNITY ANNOUNCEMENTS