



Tuesday 29 March
Eltham High School Athletics
Carnival

Student Progress Interviews to be held via Webex

24 March: 11:00am - 7:00pm
(no scheduled classes)

30 March: 4:00pm - 7:00pm
(early student finish at 2:30pm on the day)

PRINCIPAL'S REPORT

The Newest Addiction - Vaping

As if young people don't have enough to contend with in current times. Considering that our young people are still dealing with a pandemic and the impacts of forced seclusion on their social development, mental health, wellbeing and learning, they are also confronted with a range of new temptations, including what is being sold to them as a harmless way of relaxing, having fun and forgetting their worries.

Vaping is becoming a major societal issue amongst young people, and our young people at Eltham High School are not immune to the pressures and temptations of this new form of addiction.

As a learning organisation, we are becoming more and more concerned about our young people engaging in a practice, which continues to be sold to them as harmless, but which potentially could have dire consequences on their physical health as well as their mental health and wellbeing. The fact also remains that vaping is an illegal practice for school-aged children.

I raise this issue with you as a way of encouraging you, parents/carers, to have an open and frank conversation with your child/ren about this issue. In doing so, I ask you to give strong consideration to how you will approach the conversation and, if I may make a suggestion, approach the conversation from the perspective of wanting to understand and to support rather than to chastise and reproach. We very well know from experience that punitive measures just do not work.

I also encourage you to keep your eyes open for any bright coloured cylinders that may appear amongst your child/ren's possessions, potentially labelled with lolly or fruit flavours.

The following link takes you to a recent article that captures the observations and thoughts of a high school student. The article is informative and highlights just how common this behaviour is becoming in our society.

<https://www.theage.com.au/national/nsw/vaping-a-constant-craving-for-too-many-of-my-school-friends-20220314-p5a4dv.html>

I also raise this issue with you in the hope that you are willing to join us and our students to collectively come up with a way forward to tackle this issue. I think that from our collective experience, we all know that there is no single way to address this but that a multi-pronged approach may result in better outcomes for our young people.

I consistently speak about the value that we place on the home/school partnership, and I often challenge you to take an interest in your child/ren's learning and their health and wellbeing. If we don't work together on this with a concerted effort, we will not be able to improve this situation for our young people.

One thing for sure, I know that irrespective of our efforts, the school will not be able to undertake this work on its own. Without engagement and support from home, what we will be able to achieve will be limited.

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Eltham High School
T (03) 9430 5111 |
ABSENCES: (03) 9430 5299
eltham.hs@edumail.vic.gov.au
www.elthamhs.vic.edu.au

SCHOOL CALENDAR 2021

MARCH

Wednesday 23

- Year 8J & 8K Urbn Surf
- Life Drawing at Nyora Studios
- NMR - Swimming Finals

Thursday 24

- Student Progress Interviews 11:00am - 7:00pm (no scheduled classes)
- Working Bee Committee Meeting

Friday 25 - Sunday 27

- Year 12 Outdoor and Enviromental Studies Overnight Camp - Wilsons Prom

Tuesday 29

- Eltham High School Athletics Carnival at Box Hill Athletics Track

Wednesday 30

- Student Progress Interviews 4:00am - 7:00pm (2:30pm School finish)

Thursday 31

- NMR - Senior Boys Tennis
- SSV - Senior Volleyball

Thursday 31 - Friday 01

- Year 10 Outdoor and Enviromental Studies Overnight Camp - Lorne Camp

APRIL

Friday 01

- Wind Ensemble Performance at Eltham Primary School

Monday 04

- SSV Intermediate Volleyball NMR

Thursday 07

- Premier League Volleyball - Round 1

Wednesday 27

- Year 7 Sport - Dance
- Year 7 Sport - Netball
- Year 7 Sport - Basketball
- Year 7 Sport - Swimming

Thursday 28

- Year 7, 2023 Open Day & Information Evening

In closing, I challenge you to join us to begin this conversation. It will take courage and some hard work, but I am confident that, together, we will be able to provide a higher level of support for our young people.

If you have an interest in this work, if you have specific expertise that you believe will be of benefit to this work, or you just want to be part of the discussion, and in setting the way forward, we want to hear from you. Your school needs YOU; our young people need YOU.

Please express your interest to be part of this work by contacting Kate Scalzo: sca@elthamhs.vic.edu.au

I thank you in anticipation of your commitment.

Student Achievement: Past Student – Jackson Nelis Solo Exhibition

Past student **Jackson Nelis (Class of 2020)** has an exhibition of his work at Nyora Studio Gallery in Eltham.

Titled *'Interlude'*, this exhibition is the culmination of a period of prolific painting and drawing that has continued beyond his Year 12 folio.

The opening was held on Sunday 20 March and was a huge success. We encourage you to take the time to view Jackson's show which will continue until April 3.

Opening hours can be seen in the flyer in the Community Announcements section of this Newsletter.

I congratulate Jackson on his outstanding work and on this achievement.

Athletics State Championships

Congratulations to **Ally Brooks, (Year 9, Everard House)** who has enjoyed a very successful 2022 Victorian Track & Field Championship, winning two Gold medals and a Bronze medal from the three events she entered. The Championships, conducted by Athletics Victoria, were held over the last two weekends of February at Lakeside Stadium, Albert Park.

Ally, 14, lowered her time for the 1500m by 4 seconds when she stormed home to snare third place in the final of the Women Under 16 race. Ally finished in the time of 4:42.36.

In the Women Under 16, 2000m Steeplechase, Ally had a clear hold on second place for most of the race and with another sprint finish from the last water jump she was able to turn silver into gold. Ally won the race in 7:16.13.

In her favourite event, the 800m, Ally qualified for the final by crossing in second place in Round 1 with a run of 2:18.57. In the final of the 800m Ally's talent in track racing was evident as she covered all the moves and swept to the line a clear winner. Ally finished the final in a new personal best time of 2:16.97.

These are all outstanding achievements.

Ally will journey to Sydney to compete in the 2022 Australian Track and Field Championships in late March 2022. We wish her well.



Battle of the Bands-Warrandyte Festival

Congratulations to **Scarlett Gill (Year 11, Everard House)** and **Owen Gill (Year 9, Everard House)** on their amazing performance at the Battle of the Bands - Warrandyte Festival.

Scarlet and Owen represented Eltham High School admirably through their first public performance of their Band and were awarded third place in the competition.

A great achievement and I am sure that they will move on to bigger and greater things as they continue to build their confidence in public performance. Well done!

MAY

Monday 02

- NMR - Year 8 Boys Tennis
- Year 8 Sport - Swimming
- Year 8 Sport - Netball
- Year 8 Sport - Basketball
- Year 11 English - Holocaust Seminar
- Year 12 Literature - Creative SAT Response Workshop

Thursday 05

- NMR - Year 7 Girls Tennis
- Tops Arts Excursion - Studio Arts

Wednesday 11

- Volleyball Victoria - Schools Cup One Day Event - Year 7 & 8

Thursday 05

- Volleyball Victoria - Schools Cup One Day Event - Year 9 & 10

Friday 13

- VCE Careers Expo

Thursday 19

- Year 12 General Achievement Test Information Session - English

School Athletics Carnival

The School Athletics Carnival will take place on **Tuesday 29 March**. Unlike previous years, this year the carnival will be held at the Hagenauer Reserve - Box Hill Athletics Track.

Students will travel to the track in buses during period 1 and will return to school at the end of the carnival in time for dismissal at the usual time.

The school athletics carnival is a whole school event and the expectation is that all students attend. Please encourage your child/ren to participate in this important event.

School Council Membership

I take this opportunity to introduce you to our new School Council. The category that each person represents is highlighted in the table. Should you wish to contact a member of council please do so through the school by contacting the Executive Assistant (Kate Scalzo) on sca@elthamhs.vic.edu.au

Category	Names	Position Held
Parent (7)	Rebekha Naim Deb Lemcke Linda Lee Jeroen Skinner Kirsty Jungwirth Nicholas Pang Sarah Koops	President Vice President Treasurer
School Employee (5)	Vincent Sicari Anna Panas Darren Squires Lucy Blackburne Kristina Elvey	Executive Officer
Student (2)	Ava Grzechnik Tom Westerman	Year 11 Year 10
Community (3)	Helen Coleman Damien Jardine Hilary Cantwell	

Distribution of the next round of RA Test Kits

The next round of the RA Test Kits will be distributed to students on **Monday 28 March**. Students who are absent on the day can collect their kit from the General Office. Parents can also collect their child's kit from the General Office.

If you had previously indicate that you preferred to pick up the kit yourself and your circumstances have now changed and you would like us to give the kit to your child(ren), please drop us a line at reception@elthamhs.vic.edu.au and we will do our best to action your request.

.....
VINCENT SICARI, Principal

ASSISTANT PRINCIPAL'S REPORT

Student Progress Interviews

Student Progress Interviews allow for the opportunity for a three-way conversation; between the teacher, the parents/guardian and the student. Where possible we encourage students to be present for the interviews.

As a result of the remote learning experience Eltham High School made a decision to continue with the option of online interviews. The current context means that all interviews will be conducted online in Semester One.

Bookings for the Student Progress Interviews opened on **Friday 11 March**.

Interviews will occur on:

Thursday 24 March - 11:00am - 7:00pm (no scheduled classes)

Wednesday 30 March - 4:00pm - 7:00pm (2:30pm School finish)

Interim Reports have been published prior to the interviews. The Interim Reports provide information on student progress to date. Some teachers may request a Student Progress Interview via the Interim Report.

Information about joining interviews via Webex is available via Compass leading up to the interviews. Where families have not used Compass in the past they are encouraged to allow time before the commencement of the interviews to check their connection. Students in Years 8-12 will be familiar with Webex having used it in 2021 for remote learning.

Further information about Compass logins can be provided by the Support Staff in each of the Sub-Schools.

Junior School - Lestina Theodosis: the@elthamhs.vic.edu.au

Middle School - Rhonda Bonfante: bon@elthamhs.vic.edu.au

Senior School - Susan Ingliss: ing@elthamhs.vic.edu.au

If you have any difficulties with accessing our booking system please contact your child's Sub-School Office to seek assistance.

FRAN MULLINS, Assistant Principal

PARENTS AND CARERS

Eltham High School I.T Department

All enquiries for the Eltham High School I.T department are to be logged through the I.T helpdesk email at helpdesk@elthamhs.vic.edu.au.

This will allow for a streamlined management process of the I.T issues raised and will allow the following to occur;

- All I.T queries will be logged on our portal;
- I.T jobs can be prioritised in terms of the nature of the enquiry;
- I.T jobs can be assessed and directed to the most appropriate I.T staff member to action;
- All I.T staff have the ability to view all jobs logged, who is actioning the issue and the job status;
- You will receive an email response from the I.T team to your query.

This process will also allow the IT team to gauge if there are similar queries being raised and can therefore circulate information to families to address general concerns.

We thank you for your cooperation in regard to this matter.

Reminder - 2022 School Council Approved Contributions on Compass

A reminder that 2022 School Council Approved Contributions are available to pay in Billing via the Payments Centre on Compass. Your generous support towards these Contributions allows us to continue to provide and build on the innovative programs and opportunities for our students that our community values and expects. For a full explanation of Contributions, please refer to the Compass Newsfeed.

Any credits on your account can be used towards Camps, Excursions and Extra Curricular programs that are invoiced via the Family Statement. Alternatively, you may request a refund of credits to your bank account by completing the Family Refund Request Form. A copy of your family statement will be sent to your nominated email address.

**PARENT
INFORMATION**

**2022
Term Dates**

Term 1:

Starts 1 February

Finishes 8 April

Term 2:

Starts 26 April

Finishes 24 June

Term 3:

Starts 11 July

Finishes 16 September

Term 4:

Starts 3 October

Finishes 20 December (Dependant on Year level)

Elective Fees

A reminder that Elective Subject Contributions for students in Years 9 – 12 are available to pay in Events via the Payments Centre on Compass and do not appear on your Family Statement. Your payment towards Elective Subject Contributions allows the school to enrich our student's learning experience by providing materials above the minimum standard funded by the DET for these subject.

To view the Eltham High School Parent Payment and Refund Policy, please visit the Policies tab on the Eltham High School website.

2022 CSEF Applications

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- School camps or trips
- Swimming and school-organised sport programs
- Outdoor education programs
- Excursions and incursions

Applications for 2022 are now open, through until the end of term 2, 2022. If you applied for CSEF at Eltham High School in 2021, you do not need to complete an application form in 2022 unless there has been a change in your family circumstances. Eltham High School will apply for the CSEF on your behalf.

You will only need to submit an application form in 2022 if any of the following changes have occurred:

- New student enrolments: your child has started or changed schools in 2022 or you did not apply at the same school in 2021 or
- Changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2022.

Schools are able to accept and process applications up until the end of term two each year. CSEF payments are made to schools from March onwards each year.

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CATHERINE ZERNA, Office Manager

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2022

Working Bees

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

Working Bee Dates

Sunday 3 April

Sunday 19 June

Sunday 4 Sept

Sunday 16 Oct

Sunday 4 Dec

Working Bee Committee Meeting Dates

Wednesday 23 March

Thursday 9 June

Thursday 25 August

Thursday 6 October

Thursday 24 November

JUNIOR SCHOOL

We are looking forward to meeting many of our Year 7 parents at the Student Progress Interviews on Thursday and have communicated to our young people that we are hoping to see them in the interviews too.

There are a number of tasks on the go at present and it would be great to consider Thursday as a 'Working from Home' day so that time can be spent on their Influential Thinker Integrated Studies task. All students have now chosen an Australian influential thinker who they are researching.

All those students who submitted a request for their 10 Visit Pass to the Eltham Leisure Centre are able to collect it from Junior School now. It's been great to see so many students popping in to collect their passes. The classes that they are able to participate in are on their Compass Dashboard. Please encourage them to have a look at these to see which sessions might be appropriate.

A reminder that on Friday we will be attending the performance of The Hurting Game in Session 1. Thanks to all those families who have supported this event through payment and consent. We are really looking forward to hearing their reviews and to exploring the themes presented together back in class.

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MELISSA HUGHES, Junior School Team Leader

CANTEEN ROSTER

If you would like to volunteer for our canteen in 2022 please send your email address and availabilities to our Canteen Manager, Carolina Constable at: cob@elthamhs.vic.edu.au

Please check the display at the Canteen for the daily specials

EXTRACURRICULAR CLASSES & TUTORIALS

Eltham High School Anthology

When: Friday (Week A)

Location: Room 302

Time: Lunchtime

Mel Gaylard

Eltham High School Anthology

Coordinator

Eltham High School STEM Club

When: Monday (Week B)

Location: Room 802

Time: Lunchtime

Kathryn Boysen

Eltham High School Science

Coordinator

MIDDLE SCHOOL

Year 8 Excursion To UrbnSurf

As part of our focus on student wellbeing, all Year 8 students have the opportunity to participate in a day trip to a new wave pool at Tullamarine. In this full day activity students will participate in a 1 hour and 45 minute surf lesson in a safe, controlled and predictable environment. After a lunch break students will have an opportunity to apply their newly developed skills in a 60 minute 'free surf' session.

This activity provides Year 8 students with an opportunity to interact with their peers in an informal, recreational setting. It also provides an opportunity to further develop relationships with their teachers. As well as the skill development that will occur during the surf lesson, students also learn about water and surf safety.

This really is an opportunity not to be missed. Further information is available on Compass. Dates for all form groups are shown below:

8G & 8H: Tuesday March 22

8J & 8K: Wednesday March 23

Oxfam Trailwalk 2022

100km at a Snail's Pace or 20 hours for the Galloping Gastropods?

For the tenth consecutive year (let's pretend 2020 & 2021 didn't happen) Eltham High School will be supporting a team in the Oxfam Trailwalk on **March 25 & 26**. The Trailwalk is a 100km fundraising event in which all four team members walk the whole 100km. Whilst participants (about 750 teams) have 48 hours to complete the distance, our Eltham High School team are aiming for an ambitious time of 20 hours or less. Training for this target is progressing well, with recent training sessions up around the 50 km mark.

The 2022 team consists of Cameron Laurence, Peter Seymour and Ross McKinnon. The Trailwalk is Oxfam's biggest fundraiser, with the 2022 Victorian Trailwalk aiming to raise over two and a half million dollars to support Oxfam's work both nationally and internationally. If you would like to support the fundraising efforts of the Eltham Gastropods, the simplest way is to make an online donation by following this link:

<https://trailwalker.oxfam.org.au/t/eltham-gastropods>

Thank you in advance for your support for this great event.

ROSS MCKINNON, Middle School Team Leader

SENIOR SCHOOL

Compass Attendance Reminder

Please ensure that you log into the Parent Compass portal to approve any student absences. If you have forgotten your password please make contact with the school to reset it.

Special Exam Arrangements Applications Now Open

Special Examination Arrangements may be approved for students with disabilities, illnesses or other circumstances that affect their ability to access a VCE external assessment. Each application will require professional, educational and academic assessments, along with school-based evidence and will be considered by the VCAA on a case-by-case basis. The VCAA will make a decision based on all evidence received with an application.

Please see your relevant Senior School Coordinator if you would like to begin an application or discuss your eligibility in more detail.

Senior School Coordinators:

10A, 11A, 12A: David Allender all@elthamhs.vic.edu.au

10B, 11B, 12B: Olivia Monro mox@elthamhs.vic.edu.au

10C, 11C, 12C: Michael Doherty doh@elthamhs.vic.edu.au

10D, 11D, 12D: Danielle Cotter cot@elthamhs.vic.edu.au

10E, 11E, 12E: Ashlea Oates oe@elthamhs.vic.edu.au

10F, 11F, 12F: Christopher Serong sen@elthamhs.vic.edu.au

10G, 11G, 12G: Matthew Hapsberg haz@elthamhs.vic.edu.au

ELTHAM HIGH SCHOOL CLUBS
WHY NOT GET INVOLVED!

Chess Club

When: Wednesday Lunchtime
Location: Library
Gabriel Piras

Drama

When: Wednesday (Junior)
Thursday (Senior)
Location: 111 Drama Space
Time: 3.20pm - 5.00pm

Scrambled Brains

Location: Room 420
Monday 3:20 - 5:00pm

Scrambled Eggs

Location: 111 Tuesday 3:20 - 5:00pm
Ryan Patterson, Drama Teacher

StandOUT

When: Wednesday Lunchtime
Location: Room 420
Matthew Hapsberg
StandOUT Leader

French VCE Workshop

When: Monday Lunchtime
Where: Room 612

Indonesian Tutorial

Years 7 - 10 at lunchtime
When: Week A - Thursdays
Week B - Wednesday
Where: Room 610.

Year 7 Art Club

When: Wednesday Lunchtime
Where: Room 613
Lisa Foote Year 7 Art Club Coordinator

General Achievement Test 2022

VCAA have recently announced changes to the General Achievement Test 2022.

From 2023 we will be transitioning to a new integrated senior secondary certificate. As part of the reform of the VCE and VCAL system, Victorian senior secondary students will this year have their literacy and numeracy skills measured against new standards in a reformed General Achievement Test (GAT).

The 2022 GAT will be held on Wednesday 7 September. The slightly later test date provides the time required to ensure the revised GAT is valid and reliable and for teachers and students to understand the changes – with the test expected to return to its traditional June date from 2023.

As in all previous years, no special study will be required for the GAT. While the GAT is important, it does not directly count towards a student's final VCE results except in circumstances where a Derived Examination Score is used.

The GAT will be split into two sections – Sections A and B – to be conducted in separate sessions on the same day:

Section A will enable students to demonstrate their achievement against new standards of literacy and numeracy and will be administered in the morning session

Section B will assess students' skills, including English, mathematics, science, technology, the arts and humanities, and will be administered in the afternoon session

Further details relating to each section, including session start and end times, will be communicated during Term 1 at the VCE Teachers meeting (week 6). All students enrolled in one or more VCE or scored VCE VET Unit 3–4 sequence are expected to sit both Sections A and B of the GAT.

Senior VCAL students are expected to sit Section A of the GAT and will receive a statement indicating if they have met the literacy and numeracy standards.

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AMANDA SALIBA, Senior School Team Leader

MUSIC

Eltham High School Friends of Music Annual General Meeting

Friends of Music are the parents and friends who are affiliated with the Eltham High School Music program who volunteer and assist in the running of the music events such as concerts and fundraising. Their primary aim is to support the running of music events that allow our students performance opportunities. Our fundraising activities go towards the purchase of instruments for the students to use and perform with.

The Annual General Meeting for Friends of Music will be held on Monday April 4 2022 at 7:00pm where the positions on the committee will be elected. This meeting will be held in the main Staff room, but other meetings during the year will be flexible and on line, to reduce time commitments.

We are calling for parents who want to get involved with supporting their student's music education to help revive and reinvigorate involvement after last year and welcome your participation.

If you have children who have previously been members of the Music Program, you know how positive the music events are. If you are a new parent and want to be involved to support FOM or you have some ideas for how FOM could adapt for the new challenges, please consider attending the Annual General Meeting where the committee will be elected and the agenda for activities and fundraising the coming year will be discussed.

We also seek nominations for the committee and positions on the committee for President, Vice President, Secretary, Treasurer, General Committee Member. There are many other ways to provide support as well and we would welcome your expression of interest as well.

If you want to nominate for a role or want to nominate a person please pass the details to Duncan Butler, FOM Secretary at FriendsOfMusic@elthamhs.vic.edu.au.

Your input, ideas, support and involvement will directly support the Music Program, the students and the staff. I look forward to seeing some of you at the AGM.

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CATRIONA MCKINNON, President of Friends of Music

Welcome Year 7 Students

It is an extremely exciting time of the year knowing that our Year 7 Instrumental Students are about to start their musical journey. We will ensure that they enjoy learning their instrument and playing in an ensemble. Lessons will commence from Monday 21 March 2022. Please check Compass for your scheduled lesson time. Ensemble rehearsals will start in April and we will confirm the starting date with you soon. We welcome all the Year 7 students to our Music Program and look forward to a great year ahead making music.

2022 Instrumental Music Program Fees

The 2022 Music fees are currently being added to your family account and, if you have not yet received a statement via email, you will receive one soon.

The first instalment, which covers your Instrumental Music Lesson fee, was due for payment by 4 March 2022. If you have not already paid the installment please do so immediately.

The Instrumental lesson fees are listed below for each ensemble:

VCE Instrumental Lesson Fee - \$1800.00
Symphonic Band - \$1600.00
Concert Band - \$1200.00
Wind Ensemble - \$1100.00
Chamber Strings - \$1200.00
String Orchestra - \$1100.00

Payment of the Music Fees can be made by completing and returning the credit card details on the Credit Card Payment Form emailed to you on 25 February 2022 or by cash, BPay, credit card (over the phone by calling **9430 5118**) or by cheque made payable to "Eltham High School". We previously advised that the instrumental music fees would be added to Compass, unfortunately there has been a change to this policy and they will not be added to Compass. The music fees will appear on your family statement, not in the Compass Parent Portal.

If you make a payment via BPay please ensure you email accounts@elthamhs.vic.edu.au advising the funds paid are for music fees. If you do not email they may allocate the funds to other areas.

If you do not know your BPay reference number or would like to set up a payment plan for the Music fees please contact the school's Revenue Administrator, Jacinta D'Avoine on **9430 5118** or by email at accounts@elthamhs.vic.edu.au

The second instalment is for the Main Ensemble levy which is due for payment by 2 May 2022.

The third instalment is for any other items i.e. instrument hire, percussion equipment hire, other ensembles like Stage Band, Jazz Band, Big Band, Choir etc. The third instalment is due by 24 June 2022.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: **9430 5127** or email: nio@elthamhs.vic.edu.au

Your prompt payment of the music fees is appreciated.

Lessons and Ensembles 2022

Please ensure you check Compass for your scheduled lesson and rehearsal times.

Please see a list of the 2022 large ensemble rehearsal times listed below.

String Orchestra	Monday 7:30-8:40am in Room 306 (Students to arrive by 7:15am)
Stage Band	Monday 3:30-5:30pm in Room 306
Training Band	Monday 3:30-4:45pm in Room 111 (commences 04/04/2022)
Training Strings	Tuesday 7:30-8:45am in Room 306 (Students to arrive by 7:15am) (commences 26/04/2022)
Chamber Strings	Tuesday 3:30-5:30pm in 700 Open Space
Concert Band	Tuesday 3:30-5:30pm in Room 306
Big Band	Thursday lunchtime (Start date TBC)
Symphonic Band	Wednesday 3:30-5:30pm & Friday 3:30-4:45pm in Room 306
Wind Ensemble	Thursday 3:30-4:45pm in Room 306
Jazz Band	Thursday 3:30-5:30pm in Room 101
Choir	Friday lunchtime in Room 111

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RICK KEENAN, Director of Music

ART

Year 7 Art Club

If you enjoy Art and love being creative it's not too late to join our Year 7 Art Club.

We meet every Wednesday lunchtime in Room 613.

The Art club is an opportunity for Year 7 students who enjoy art to meet and connect with other likeminded students.

If you have any questions contact Lisa Foote on foo@elthamhs.vic.edu.au

Otherwise just turn up on Wednesday lunchtimes in Room 613.

Don't forget to bring your lunch!

Life Drawing Opportunity For Senior Students and Staff

Our Monday life drawing classes at Nyora Studio Gallery began this week with students producing some amazing works. All the students in this group were new to life drawing which makes their results even more remarkable.

There are still spots in the Wednesday classes which will commence next **Wednesday 30 March**.

The classes are offered in 6 week blocks. The cost is \$120 for all six sessions, which is exceptional value. This covers the hire of the model, use of studio space, tutoring by artist Emmy Mavroidis and basic drawing materials.

If you are interested please email Lisa Foote ASAP on foo@elthamhs.vic.edu.au

Participants will need to make their own way to and from the studio.

Wednesday classes will run from 5:00pm - 7:00pm - Commencing March 30, April 6, 27, May 4, 11, 18



LISA FOOTE, Art KLA Coordinator

SPORT

Term 2 Interschool Sport

With the end of Term 1 fast approaching its time to get ready for Term 2 Interschool Sport. Eltham High participates in the 'School Sport Victoria' sporting program. We enter teams into a 'Round Robin' competition with local schools in the Nillumbik District. Each section of the school can participate in one Round Robin each term. Different sports are offered in each term and successful teams advance to Region Finals.

Students have received an email this week with a link to the "Term 2 Sport Sign Ups" Microsoft Form. If students wish to compete in the Interschool round robins they will need to sign up for a sport (via the link) to ensure that the teams are entered. If there is insufficient numbers signed up for certain sports, then that team will not be entered. The form will close on Monday April 4.

Senior (Year 11 and 12) Tuesday 10 May – AFL, Soccer, Netball, Badminton

Intermediate (Year 9 and 10) Wednesday 18 May - AFL, Soccer, Netball, Badminton

Year 8 Wednesday 1 June - AFL, Soccer, Netball, Badminton

Year 7 Wednesday 22 June - AFL, Soccer, Netball, Badminton

Girls footy gala day - all age groups will be played on 9 june

House Sport Carnivals

Eltham High School will be holding The **Athletics Carnival on Tuesday 29 March at the Box Hill Athletics Track**. This day is considered a 'normal' school day and as such it is expected that all students attend. There is a strong history at Eltham High School of students dressing up in House Colours and a 'Best Dressed' competition is held at the event. Participation is not compulsory, and students can enter as many or as few events as they wish. The results are used to select the students who advance to the District Sports.

Interschool Sport

Eltham High participates in the 'School Sport Victoria' sporting program. We enter teams into a 'Round Robin' competition with local schools in the Nillumbik District. Each section of the school can participate in one Round Robin each term. Different sports are offered in each term and successful teams advance to Region Finals.

Sports for Term 1 are as follows:

Year 7 – Thursday 17 March

Cricket, Baseball, Softball, Tennis and Volleyball

Timetabled Sport – Year 7 and 8

Students in Year 7 and 8 participate in a Sport session once per week. Students participate in a range of sports throughout the term. Students are involved in the umpiring and scoring duties each week. We aim to provide students with a small taste of a variety of sports, many of which are offered in the Inter-School Sports Program. Participation is the main goal of these sessions and students are encouraged to experience a range of games. There is an expectation the students change into their PE uniforms for this session – we would greatly appreciate your assistance in ensuring PE uniforms are brought to school for both PE and Sport sessions.

BREE PASCOE, Sport Coordinator



VOLLEYBALL

Volleyball Victoria Beach Volleyball Schools Cup

Eltham High School sent a total of 41 teams to the Victorian Beach Volleyball Schools Cup. Teams participated in either pairs or fours in the main sand event for the year. Eltham High School students did a great job representing our School with distinction. Overall our School placed 2nd on the Champion School ranking.

There were a number of notable results from the event.

Year 7 Boys Fours - Gold Medal

- Lennox Thompson (Year 7, Everard House)
- Ben Goodman (Year 7, Andrew House)
- Albi Williams (Year 7, Andrew House)
- Thomas Ditcham (Year 7, Andrew House)
- Milan Miller (Year 7, Stewart House)

Year 7 Boys Fours - Semi Finalist

- Sam Hartley (Year 7, Everard House)
- Michael Hailes (Year 7, Andrew House)
- Max Delaney (Year 7, Everard House)
- Hudson Green (Year 7, Everard House)
- Miles Volpe (Year 7, Stewart House)

Year 7 Girls Fours - Silver Medal

- Courtney Harford (Year 7, Andrew House)
- Lara Brooks (Year 7, Everard House)
- Gwyn Van der Kamp (Year 7, Stewart House)
- Sophie Laing (Year 7, Andrew House)
- Emma Plunkett-Zbaracki (Year 7, Everard House)

Year 7 Girls Fours - Semi Finalist

- Audrey Colbert (Year 7, Stewart House)
- Lavinia Ward (Year 7, Everard House)
- Megumi Jacka (Year 7, Everard House)
- Mayra Pacioni (Year 7, Andrew House)
- Gabrielle Broadbent (Year 7, Andrew House)

Year 8 Girls Fours - Semi Finalists

- Sammie Fentiman (Year 8, Stewart House)
- Maddi Hoyle (Year 8, Everard House)
- Zoe Buttigieg (Year 8, Rutter House)
- Bethany Quinn (Year 8, Andrew House)

Year 8 Boys Fours - Semi Finalist

- Gus Danelutti (Year 8, Everard House)
- Benjamin Risteski (Year 8, Stewart House)
- Angelo Glinka (Year 8, Andrew House)
- Levi Egglestone (Year 8, Rutter House)
- Charlie Harris (Year 8, Stewart House)

Year 9 Boys Fours - Silver Medal

- Jess Charles (Year 9, Stewart House)
- Daniel Svent (Year 9, Stewart House)
- Zain Andreetta (Year 9, Andrew House)
- Taj Rutherford (Year 9, Stewart House)

Year 10 Girls Fours - Gold Medal

- Mary Robinson (Year 10, Rutter House)
- Eloise Taggart (Year 10, Everard House)
- Willow Priest (Year 10, Stewart House)
- Indie Egglestone (Year 10, Rutter House)
- Leah Fernandez (Year 10, Andrew House)

Congratulations to all students who participated. A big thank you is required to all the parents who got up early to had everyone on the bus at 7:00am. Thank you to all the staff that volunteered their time as well.

Volleyball Program 2022

The Volleyball trials have nearly concluded. Please be aware of training times for your squads. Additional information will be provided to Year 7 students on what the process will be.

Morning Training: 7:00am - 8:30am

Tuesday	Year 8 Boys, Year 9 Boys and Girls.
Wednesday	Year 10, 11 and 12 Girls
Thursday	Year 8 Girls
Friday	Year 10, 11, 12 Boys

State League Opportunity

This year Eltham High School will be entering the Victorian State League Junior Competition. The competition is open to any Eltham HS student who is under 17 years of age. Brief details are:

- Saturday 9:00am Games
- \$150 for the season running from April to September
- Training to occur at Eltham High School times TBA.

If you are interested in playing please contact Anthony Young for more details and to express interest.

ANTHONY YOUNG, Volleyball Coordinator

ADDITIONAL NEEDS

Join I Can Online

2022 continues to present challenges for many members of our network. Our thoughts are with the families in Queensland and New South Wales who have been impacted by the floods.

With all of the challenges over the past two years, we know how important it is to offer the type of anchor of security which comes from our services and programs.

In this newsletter, we are announcing our next cycle of online group mentoring (open Australia-wide) and sharing our newest opportunities to work with our team.

"What I get out of I CAN: opportunity to interact with people like me; strategies for some of my problems; get to know more about me and a better understanding of Autism for myself and others; explore different things; meet new people; I feel like I can be myself; have fun!" - I CAN Online Participant

Express Your Interest Here

Our Autistic-led online group mentoring is open to young people ages 8-22 and allows them to connect with peers and mentors in a safe, accepting, engaging space.

Our next 6-week cycle (Cycle 2, 2022) begins the week of **Monday 2 May - Thursday 9 June**.

Note: All I CAN Mentors and staff have completed our child protection training and hold current Working With Children Checks or Blue Cards.

In Cycle 2, in addition to our classic I CAN groups, I CAN Imagination Club® and groups for LGBTIQA+ teens, we are also offering 16 different interest-based themes.

Please note: Age groups are advertised broadly, we will group participants as close to their age bracket as possible. As a guide we generally group within the following: 8 - 12 years, 13 - 17 years and 17 - 22 years – this may vary in I CAN Special Interest Groups:

<https://icannetwork.online/online/>

Monday Afternoon: 4:30pm - 5:30pm AEST

Imagination Club (8-12 years)
Star Wars (8-12 years)
Harry Potter (8-12 years)

Monday Evening: 6:40pm - 7:40pm AEST

Harry Potter (13-22 years)
Star Wars (13-22 years)
Everything Marvel (13-22 years)
NEW Gaming (8-22 years old)

Tuesday Afternoon: 4:30am - 5:30pm AEST

Dinosaurs (8-12 years)
NEW Transport (8-13 years)

Tuesday Evening: 6:40pm - 7:40pm AEST

Pokémon (8-17 years)
I CAN Group (8-17 years)
Screens, Tunes & Characters (13-22 years)
Anime (13-22 years)
NEW Gaming (8-22 years)

Wednesday Afternoon: 4:30pm - 5:30pm AEST

Minecraft (8-12 years)

Wednesday Evening: 6.40pm - 7.40pm AEST

Drawing & Art (8-17 years)
Lego (8-17 years)
Sports (8-17 years)
I CAN Group (17-22 years)

Thursday Afternoon: 4:30pm - 5 : 30pm AEST

NEW Gaming (8-13 years)
NEW Disney (8-13 years)

Thursday Evening: 6:40pm - 7:40pm AEST

LGBTIQA+ (13-17 years)
Animal Crossing (8-17 years)
Minecraft (8-22 years)
AFL (8-17 years)
Dungeons & Dragons (13-22 years)

To avoid disappointment be sure to express your interest for Cycle 2 as soon as possible!
To learn more use this button below or if you have any additional questions you can reach out to our online team at: online@icannetwork.com.au

SUE PICKETT, Additional Needs Leader

LIBRARY

Eltham High School's Library Databases and Resources

Students undertaking research tasks need to be aware of the different types of resources available. The internet contains a vast amount of information and sometimes it is not easy to locate what is required at a level appropriate for the student.

For this reason, Eltham High School Library subscribes to a number of databases. One of our most used databases is Australia and New Zealand Reference Centre Plus. This database contains full text articles from Australian and international newspapers, magazines and reference articles.

Aust/NZ Reference Centre Plus can be accessed from home by going to the school website, www.elthamhs.vic.edu.au and then logging on to the intranet. From the green intranet homepage, click on the Resource Centre link near the top of the right hand side of the page. This will take you to the Resource Centre homepage. From there, you can access our digital resources.

Not only do students have access to online resources here at school, they also have access to other libraries such as the local library, the State Library and even the National Library of Australia. It is free to become a member of all these libraries. The local library service is the Yarra Plenty Regional Library, www.yprl.vic.gov.au. There are 9 branches across the local area with the nearest branch, Eltham, located at Panther Place. By joining you have access to a variety of online resources and of course, the ability to borrow books, audio books, ebooks etc.

The State Library of Victoria, www.slv.vic.gov.au, located in Swanston Street, is another library where it is free to join. By becoming a member, you have access to a number of online databases including the online Encyclopedia Britannica.

The National Library of Australia, www.nla.gov.au, located in Canberra, is another library where it is free to join. By joining, you have access to their online databases. One database, Trove, which you can access without being a member, is excellent as a source for Australian History. Trove contains digital copies of old Australian newspapers as well as other Australian historical documents.

RHONDA MALONE, Library Coordinator

GROUNDS COMMITTEE

Working Bee - Sunday 3 April

The Grounds Committee is inviting members of our school community to join us for the upcoming Working Bee scheduled for Sunday 3 April, 2022.

We will be seeking volunteers to come in and perform a number of key tasks on the day. The Working Bee runs from 9:00am until 1:00pm. There will be a morning tea and BBQ lunch after the work is done. Attendees will be asked to report to the central courtyard for sign-in and briefing.

If you have some time available and interested in attending the working bee can you please email Anna Panas pan@elthamhs.vic.edu.au to advise numbers and dietary requirements for catering purposes.

Looking forward to seeing many of you there!

ANNA PANAS, Grounds Committee

CANTEEN

Canteen is limiting the over the counter purchase of Hash browns and Pinwheels to two per person in order to ensure the fair access of all students to purchase the cheapest hot items in the Canteen. If you require a larger quantity for lunch or recess place a lunch order. Canteen is open every day at 8:30am for recess or lunch order.

Canteen is introducing a new range of Vegan Items to its daily menu. The following items are available everyday as a Vegan option in Recess or Lunch order

- Hash Browns \$1.00
- Vegan Pasty \$5.00
- Vegan Pasta \$4.00
- Salad Bowls \$6.00
- Falafel Wraps \$5.50
- Salad Roll \$5.50
- Vegan Cookies \$4.00 (Choc-Chip or White Choc)
- Raspberry Banana Bread \$3.00
- Coconut Dairy Free Dixie Cup \$1.50

Canteen would like to remind students that the best way to ensure that you get the Lunchtime Specials at lunch is to place a lunch order either before school or at recess. Canteen adjust the quantity of the Lunchtime special according to its lunch order demands therefore the best way to ensure you don't miss out is to put a lunch order.

This Week Lunchtime Special:

Tuesday: Chicken or Avocado Rice Paper Rolls \$6.00

Wednesday: Chicken or Eggplant Souvlaki \$6.00





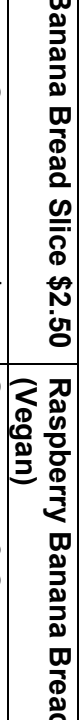


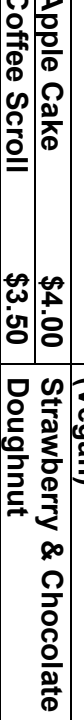

Thursday: Sushi Packs- (Tuna, Veg, Chicken, Salmon and California) \$6.00

Friday: Burgers - Veggie Pattie, Chicken or Beef \$6.00

Monday: Hot Dogs with Cheese or Vegetarian Hot Dogs \$4.00 (tomato sauce included)

CAROLINA CONSTABLE, Canteen Manager

Canteen Summer Menu Prices

Hot Food		Cool Stuff		Cool Stuff		Sandwiches and Wraps			
Pin Wheel	\$1.50	Watermelon Slice	\$0.50	Smartie Cookie	\$3.50	Egg & Lettuce Sandwich	\$5.00		
Hash Browns (V) (GF)	\$1.00	Fresh Fruit (Piece)	\$1.00	Chocolate or Vanilla		Falafel Wrap (V)	\$5.50		
Sweet Muffin	\$3.00	Yoghurt Cup	\$3.00	Vegan Cookies	\$4.00	Chilli Chicken Wrap	\$5.50		
Dims Sims (2)	\$2.00	Salad Bowl	\$6.00			Tandoori Chicken Wraps	\$5.50		
Hot Jam Doughnut	\$3.50			Weekly Lunch Specials		BLT (Bacon, Lettuce & Tomato)	\$5.50		
Ham & Cheese Toasty	\$3.50					HLT (Haloumi, Lettuce & Tomato)	\$5.50		
Tomato & Cheese Toasty	\$3.50					Salad & Cheese Roll	\$5.50		
Egg Muffin & Relish	\$4.00			Monday	Hot Dogs with Cheese (Tomato Sauce included in Price)	\$4.00	Ham & Salad Roll	\$5.50	
Bacon Egg Muffin & Relish	\$4.50			Tuesday	Chicken or Vegetarian Rice Paper Rolls 2 Roll Pack	\$6.00	Roast Beef & Mustard Pickle Sandwich	\$5.50	
Sausage Roll	\$3.80			Wednesday	Chicken Souvlaki	\$6.00			
Spinach & Ricotta Roll	\$3.80			Thursday	Sushi- 2 Roll Pack (Tuna, Veg, Chicken, Salmon, Crab)	\$6.00			
Meat Pie (GF)	\$5.00			Friday	Beef, Chicken or Veggie Burgers	\$6.00			
Vegan Pasty	\$5.00								
Nachos (GF)	\$5.00								
Super Nachos (GF)	\$6.00								
Vegan Pasta (V)	\$4.00								
Pasta Bake	\$5.00								
									
									
									
Sweet Things									
Banana Bread Slice		\$2.50	Raspberry Banana Bread (Vegan)		\$3.00	Hedgehog Slice		\$3.50	
Apple Cake		\$4.00	Strawberry & Chocolate Doughnut		\$3.50	Caramel Slice		\$3.50	
Coffee Scroll		\$3.50				Lemon Passionfruit Slice (Gluten Free)		\$3.50	
						Hot Chocolate		\$ 2.00	
						Hot Tea & Coffee		\$ 2.00	
						Full Cream Milk & Soy available (V)			

Please be advice that the Canteen does offer some Gluten Free Substitution Products for Lunch Orders such as Gluten Free Bread, Gluten Free Wraps, Gluten Free Pasta and Gluten Free Pies (GF). We can also substitute some Vegan ingredients in lunch orders. Canteen is opened every day at 8:45am for student and staff to place lunch orders for Recess or Lunch

Jackson Nelis Solo Exhibition



- NYORA STUDIO GALLERY EVERY SATURDAY & SUNDAY
- OPENING TIMES 20TH MAR - 3RD APR 11 AM - 5 PM
- OPENING: MARCH 20TH 2 - 5 PM
- EXHIBITION DATES: MARCH 20TH - APRIL 3RD
- ADDRESS: 1 NYORA • CONTACT #8485780686
ROAD ELTHAM 3895 • WWW.NYORASTUDIO.COM



Nyora
Studio Gallery

Eltham Chamber of Commerce
would like to invite you to our

EASTER EGG HUNT

SAT 9TH APRIL: 10AM - 2PM

Collect your map at Organic Fix.
Find the hidden Easter Egg in shop windows
and when you have found them, write the
name of the shops in which they appear.
When you have found all the hidden eggs,
return this sheet to Kids of Eltham to receive
your free Easter treat.
(one treat per child per completed sheet)

 @ElthamTown3095  @eltham_town





The Nillumbik PARENTING HUB

Body Confident Children and Teens

Join the Butterfly Foundation to learn how to promote positive body image in the home throughout childhood and adolescence.

This session explores why positive body esteem, non-dieting approaches and healthy behaviours in relation to food and exercise are strong protective factors in the development of eating disorders. Whilst the session does aim to increase understanding of eating disorders the focus is on prevention and fostering positive body image and healthy behaviours.

This online session will cover:

- Body image and the importance of prevention
- The spectrum of eating behaviours from disordered eating through to eating disorders
- Key influences on body image, including social media and the importance of 'positive following'
- Busting common myths around eating disorders
- Helpful responses if your child says negative things about themselves or others, including when they are above their healthy weight

Key Details:

Date: Wednesday 6 April

Time: 7-8.30pm

Location: Online (via Zoom)

Cost: \$5.00 (free for concession card holders)

This event is suitable for parents, carers and grandparents of children and teenagers.

To secure a booking please visit:

[Nillumbik.vic.gov.au/body-confident-children-teens](https://nillumbik.vic.gov.au/body-confident-children-teens)

For further information please contact:

Molly Jessop

0428 891 320

youth@nillumbik.vic.gov.au

Proudly brought to you by





Autumn School Holiday Program

Looking for something to do these school holidays?
We've got you covered!

Join Nillumbik Youth for some fun (and mostly free!)
activities over the April school holidays.
Sessions being run include:

The Creative Collective Exhibition

Friday 24 March- Tuesday 19 April

Montsalvat Art Gallery, Eltham (free!)

Head down to Monsalavat to check out our Creative Collective art competition finalists. This year's theme was Perspectives and encouraged entrants to creatively express what they are passionate about from their point of view.

This exhibition is suitable for young people of all ages.

Cheap Flix: Fantastic Beasts- The Secrets of Dumbledore (PG 13+)

Tuesday 12 April, 1-3.30pm

Greensborough Hoyts (\$10)

Join Nillumbik Youth for a discounted movie session at Hoyts Greensborough. Ticket includes entry to the movie and a popcorn and drink!

This session is suitable for young people aged 12-18

Tye Dye Thursday @ Wadambuk

Thursday 14 April, 1-3pm

Wadambuk St. Andrews Community Centre (free!)

Come by Wadambuk St. Andrews Community Centre between 1-3pm for a tye dye drop in session! All materials including socks and t-shirts are provided but if you want to get creative bring along your own light coloured clothing or material and we'll teach you how to turn it into something amazing.

This session is suitable for young people aged 10-18.

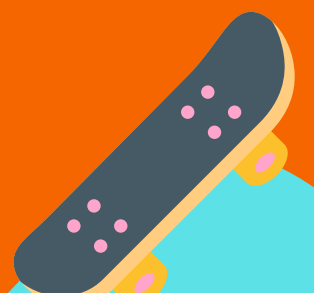
Places are limited so head to: nillumbikyouth.vic.gov.au/School-Holidays to secure your place!

For more information:

✉ youth@nillumbik.vic.gov.au

☎ 0428 891 320

📷 @nillumbikyouth



Community Announcements

Art for Teens – Free Taster Session

Come along and try out our popular Art for Teens class on
Thursday 24 March from 4:00pm – 5:30pm
Limited places available so please booking via our [website](#)



DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"