



Wednesday 15 - Monday 27 March
NAPLAN - Year 7 and 9

Sunday 19 March
EHS Working Bee

Tuesday 21 March
NMR - Girls Tennis

Friday 24 March
Year 9 Recreational Activities: Skaterz

Monday 27 March
Year 12 OES Portsea - Snorkelling
NMR Girls Tennis

Sunday 19 March - EHS Working Bee

Thursday 23 March - SPI Interviews (Remote)
4:00pm - 7:00pm via Webex (Students finish at 2:30)

Wednesday 29 March - SPI Interviews (Onsite)
11:00am - 7:00pm (Student free day)

PRINCIPAL'S REPORT

Student Achievement: International Women's Day 2023 – Pauline Toner Prize

In 2015, our local State Member of Parliament, Vicki Ward MP, created the Pauline Toner Prize to recognise the achievements of local young women active in the areas of social justice, the environment, and/or gender equality.

Vicki has paved this path through the recognition of the remarkable women in previous generations who worked hard to make all of this possible and in particular Pauline Toner, the first female Victorian State Government Minister, the first female State Member for Greensborough and the first female Mayor and Councillor for Diamond Valley.

The Pauline Toner Prize is made available to young women in Years 9 and above who live and/or study in the Seat of Eltham.

Our nominee for 2023 was **Scarlett Harrison (Year 10, Andrew House)**. Scarlett consistently demonstrates a commitment to protecting the environment and works closely with her local and school community to do so, as exemplified by her work in several fields related to the environment and disaster resilience.



Scarlett and Vicki Ward MP

At Eltham High School, Scarlett contributed to the "Cups for Change" program; a student-led initiative which targeted single-use coffee cups and promoted awareness of the Eltham Copper Butterfly. Through this program, Scarlett and her peers raised funds for local environmental groups and the establishment of a garden for the Eltham Copper Butterfly.

Outside of school, Scarlett is closely linked with her local CFA group. As part of the Strathewen-Arthurs Creek Bushfire Education Partnership, Scarlett participated in a student-led evaluation, collaborating with her peers to design evaluation surveys, and presenting their results at the Australian Disaster Resilience Conference.

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SCHOOL CALENDAR 2023

MARCH

Monday 13 - Sunday 19

- Scrambled Prince - Adelaide Fringe Tour

Wednesday 15 - Monday 27

- NAPLAN - Year 7 and 9

Friday 17

- VCE AMA Unit 1 & 3 - Gallery Visit & Top Arts Excursion

Sunday 19

- Working Bee

Monday 20

- Year 10 Geography Fieldwork
- Tops Arts Online - VCE Art-Making & Exhibiting
- Year 12 English Language Workshop: Cohesion & Coherence

Tuesday 21

- NMR - Girls Tennis

Wednesday 22

- Symphonic Band Workshop with Geelong Christian College

Thursday 23

- SPI Interviews 4:00 - 7:00pm via Webex (Remote - Students to finish at 2:30)
- Senior Round Robin NMR - Volleyball
- Premier League Round 1 - Volleyball

Friday 24

- Year 9 Recreational Activities: Skaterz

Monday 27

- Year 12 OES Portsea - Snorkelling
- NMR Girls Tennis

Wednesday 29

- SPI Interviews 11:00am - 7:00pm onsite (Student free day)
- GRIP Student Leadership Conference
- NMR Swimming

APRIL

Monday 03

- NMR Intermediate Girls Softball

Monday 03 - Tuesday 04

- Concert Band Geelong Tour
- Symphonic Band Geelong Tour

Wednesday 05

- Year 7 Round Robin - Boys Baseball
- Year 7 Round Robin - Boys Tennis
- Year 7 Round Robin - Girls Tennis

Scarlett has also written the foreword to the upcoming publication "School-based Education for Disaster Risk Reduction: A practice Framework for the Australian Emergency Management Sector", which will be published by Natural Hazards Research Australia.

We congratulate Scarlett on her nomination and for the amazing work she is doing in the community.

We also congratulate all the other nominees for the award and Martina Charalambous from St Helena Secondary College, the recipient of the 2023 Pauline Toner Prize.

Each of these young women is an amazing example of future female leaders who will continue to shape our world.

Swimming Achievement

Congratulations to **Conor Hayes (Year 11, Everard House)** who after five days of racing at MSAC this weekend, he earned two 3rd place medals for the 200m and 400m Freestyle. Further to this, he achieved 8th place in the Freestyle 1500m and 100m - 8th place in the 800m and 10th place in the 400IM.

Conor also won the overall U18 GVSS 2022/2023 Open Water swimming ranging from 1.2km to 5km swims, that were held at various Victorian beach locations over the last 4 months.

More details about the 23/24 calendar can be found on caseyseals.com.au where you can often find past EHS alumni like **Noah Raz (Class of 2018)**.

Conor and other members of the Eltham Swim Club are now looking forward to next round of school swimming on the 29th of March.

Well done Conor!

School Athletics Carnival

Congratulations to all the students who attended and participated in the School Athletics Carnival on Tuesday 14 March.

The weather was amazing and everyone there had a great time and lots of fun.

I want to thank our Sports Coordinator Bree Pascoe for her hard work in the planning and organisation of the day and I also thank all the other staff who supported Bree to make the day a very successful event.

Attendance could have been better, but we will continue to work on this with our students and families. Days like this support the development of the general capabilities which are part of the Victorian Curriculum.

I take this opportunity to thank all the parents/carers who have supported their child(ren)'s attendance on this day.

Reminders: Congestion in the Withers Way quadrangle of the school

The Withers Way entrance to the school is a space developed to accommodate drive-through traffic with only limited opportunity to stop for a short period of time to drop off and pick up students.

The mornings are not proving challenging as generally parents/carers arrive, drop off their children and drive off. However, the end of the day is reverting to being quite problematic.

There are clear parking signs distributed throughout this area, which people are ignoring. I will take this opportunity to remind people of what the expectations are in order to maintain a safe area for our students, families and staff to move through at peak, times in particular, at the end of the school day.

The existing parking sign clearly outlines that there is to be **no standing outside the administration building between the hours of 8:00-10:00am and 2:00-4:00pm and no standing anytime in other areas of the quadrangle**. Furthermore, there are two spots available for disabled parking which must be left unoccupied for their intended purpose. There is also a bus parking bay on the east end of the quadrangle, and this must be always left free allowing for a minibus to park on return from an excursion.

What this means is that no one is allowed to park anywhere in the quadrangle during the times outlined above outside of designated parking bays.

Parents/carers cannot park in the front of the administration building and sit there waiting for their child(ren) to arrive. Double parking is also not allowed, nor parking in front of cars that are parked in parking bays. All of this creates congestion and an unsafe space for our students to move through at the end of the day.

The suggestion is for you to organise to pick up your child(ren) at a point away from the front of the school. However, if you do decide that coming into the circular drive is a must and it is understandable if students are getting picked up with their musical instruments etc. then you are at liberty to stop in the front of the administration building to quickly pick up and then drive through.

If when you arrive, your child(ren) is/are not there, then you are not to park but rather

Monday 24 <ul style="list-style-type: none"> • EHS Volleyball Program - Year 7 • EHS Volleyball Program - Year 8 - 12
MAY
Tuesday 02 <ul style="list-style-type: none"> • Skylarking - Kate Midenhall
Wednesday 03 - Thursday 04 <ul style="list-style-type: none"> • Year 11 OES Overnight Camp - Point Leo
Thursday 04 <ul style="list-style-type: none"> • GAT Maths/Science Information Session
Monday 08 <ul style="list-style-type: none"> • Eltham High School 2023 Jazz Night
Thursday 18 <ul style="list-style-type: none"> • Year 11 English - Exam Preparation Seminar
Friday 24 <ul style="list-style-type: none"> • VCE Careers Expo
Monday 22 <ul style="list-style-type: none"> • Year 11 Tutorial - Uncle Trevor

continue through the driveway, exit, and re-enter. You may need to do this a couple times until your child(ren) has/have arrived to be picked up.

In the past, this has proven to be the best strategy to maintain a safe and orderly arrangement in this space for our young people, families and staff, and I ask you for your support with this.

We will begin to patrol the space at the end of each day and if you are kindly asked to move, please do so without argument and remember that all we are trying to do is keep your children safe. Something which I am sure you want us to achieve.

I also encourage all drivers to maintain safe practices at the Ely Street end of the school and to minimise congestion close to the school exit gates used by the students on their way to the buses.

I thank you in anticipation of your support.

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VINCENT SICARI, Principal

ASSISTANT PRINCIPAL'S REPORT

Student Progress Interviews

This semester Student Progress Interviews (SPIs) will be taking place across two sessions:

Thursday 23 March: 4:00pm – 7:00pm online. There will be an early finish of 2:30pm for students on this day

Wednesday 29 March: 11:00am – 7:00pm onsite at Eltham High School. This will be a student free day.

Bookings will open via Compass on Wednesday 15 March.

Attendance

Link: [Policy - Attendance](#)

Eltham High School's Attendance Policy outlines the shared responsibilities in promoting attendance and encouraging engagement and participation at a whole school level. We recognise that effective monitoring and early intervention, by responding quickly with offers to work in partnership with students and their families, is crucial in managing non-attendance so that patterns do not become entrenched. Students are expected to attend school during normal school hours every day of each term unless there are approved exemptions.

Eltham High School aims to ensure that all students enrolled at the school attend regularly to maximise access to learning opportunities, and outlines the processes used to monitor student attendance in our Attendance Policy accessible on our school website or the link above.

Student Mobile Phone Management

Link: Policy - [Student Mobile Phone Management](#)

The Victorian Government views the safe and responsible use of digital technologies, student safety and wellbeing, and the development of social skills and positive behaviour as paramount. As of Term 1 2020, students who choose to bring mobile phones to school must have them switched off and securely stored during school hours.

Opportunities for students at recess and lunchtime to communicate with each other face-to-face or be involved in physical activity are valued over and above the use of mobile phones and social media. Eltham High School's Student Mobile Phone Management Policy outlines the requirements of the Minister for Education relating to students using mobile phones during school hours.

Enrolment Policy

Link: Policy - [Enrolment](#)

Eltham High School employs enrolment processes and practices which clearly align with Departmental guidelines based on the values of Government School Education, including the rights of the individual, equal opportunity, social justice, and parent choice, all of which are reflected in the purpose and values of the school. Like all schools, Eltham High School does have a designated nearest neighbourhood zone. The overall enrolment predictions will be considered within the following parameters as laid out in our enrolment policy. Further information can be found in the link above or on our website under Tours and Enrolments.

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LUCY BLACKBURNE, Assistant Principal (Acting)

PARENT INFORMATION

2023

Term Dates

Term 1:

Starts 30 January (Year 7, 11 & 12)
31 January (whole school)

Finishes Thursday 06 April

Term 2:

Starts 24 April

Finishes 23 June

Term 3:

Starts 10 July

Finishes 15 September

Term 4:

Starts 2 October

Finishes 20 December
(Dependant on Year level)

GROUNDS COMMITTEE

COMMITTEE MEETINGS AND WORKING BEE DATES

2023

Working Bees

Sunday 19 March

Sunday 7 May

Sunday 4 June

Sunday 27 August

Sunday 15 October

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: pan@elthamhs.vic.edu.au

MIDDLE SCHOOL

Year 8 UrbnSurf Excursions

Over the last few weeks all our Year 8 classes spent a day at UrbnSurf in Tullamarine. It was great to see so many students in the water making their best efforts to learn to surf and to refine their skills.

We have noticed that the consistent waves generated in the wave pool make it easier for students to learn the basic skills of surfing. This was definitely visible in the number of students that were able to catch a wave and stand on their board by the end of the 2 sessions in the pool.



Clubs and Activities – Chess Club

The last few newsletters have contained information about the wide variety of clubs and activities that students are able to participate in. One of these clubs is the Chess Club, which meets in Room 912 on Thursday lunchtimes.

Room 912 is right beside the Middle School Office, and it has been great to see (and hear!) so many enthusiastic students, from all year levels, having a great time and refining their skills. Last week there were over 50 students involved!



ROSS MCKINNON, Middle School Leader

SENIOR SCHOOL

2023 Senior School Update

Senior School will now operate by having Year Level Coordinators who will follow their group as they progress through the Senior School in 2024 and 2025. We have used the House system to divide the students between Coordinators and will now refer to Students in either Form Group R (Rutter), E (Everard), A (Andrew) and S (Stewart).

The Level Coordinators for 2023 are:

Matthew Hapsberg (HAZ) - 10R + 10S

Olivia Monro (MOX) - 10A

Alice McKinnon (MNN) - 10E

Michael McDonald (MMC) - 11A + 11S

Danielle Cotter (COT) - 11R + 11E

Chris Serong (SEN) - 12A + 12R

Michael Doherty (DOH) - 12E + 12S

Ross Pringle – Careers, Pathways and VET Coordinator contact on 9430 5133 or pri@elthamhs.vic.edu.au

Please contact Susan Inglis our VCE Administrator for all general enquires on 9430 5164 or ing@elthamhs.vic.edu.au

Special Examination Arrangements: VCE External Assessments

Special Examination Arrangements may be approved for students with disabilities, illnesses or other circumstances that affect their ability to access a VCE external assessment. Special Examination Arrangements applications are made to the VCAA by your Senior School Coordinator and must be endorsed by the principal.

Students are eligible for Special Examination Arrangements if it can be demonstrated (professional evidence required) that their capacity to access a VCE external assessment is impaired due to one or more of the following:

- Mental health conditions
- Health impairment or physical disability
- Specific learning disorders
- Language disorder
- Motor coordination disorders
- Deaf and hard of hearing
- Vision impairment

If you think that your student may be eligible to apply or if you had approved provisions last year that you would like to re-apply for please contact the relevant Coordinator. Applications are due Monday 20 March.

For more information please visit <https://www.vcaa.vic.edu.au/administration/special-provision/Pages/SpecialExaminationArrangements.aspx>

Term 1 – Key Dates

VCAA Special Exam Arrangements applications due	Thursday 6 April
End of Term 1	Thursday 6 April - 2:30pm

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AMANDA SALIBA, Senior School Team Leader

MUSIC

Training Band and Training Strings Music Fees

Family statements are being sent out via email very soon. If you already have a child in the Instrumental Music Program you will see fees for them included in the statement. The Training Band/Training Strings Instrumental Music fees will not be included in this statement.

We are currently working on the Training Band/Training Strings Instrumental Music fees and we will email you when they have been added to your family account. The email will include how to pay the music fees.

The first instalment, which covers your Instrumental Music Lesson fee, is due for payment by 24 April 2022. The lesson fee will be \$1050.00 (with a reduction for those students on scholarship instruments). An invoice will be emailed once the fees have been added.

The second instalment is due for payment by 1 June 2023 and the final instalment is due for payment by 1 August 2023.

Please do not hesitate to contact the Music Department if you have any queries.

2023 Instrumental Music Program Fees

The 2023 Instrumental Music fees are currently being added to your family account and you will shortly receive a statement via email.

A copy of the 2023 Instrumental Music Program fees and credit card payment form have been emailed to you.

The first instalment, which covers your Instrumental Music Lesson fee, is due for payment now.

The Instrumental lesson fees are listed below for each ensemble:

- VCE Instrumental Lesson Fee - \$1900.00
- Symphonic Band - \$1700.00
- Concert Band - \$1250.00
- Wind Ensemble - \$1150.00
- Chamber Strings - \$1250.00
- String Orchestra - \$1150.00

Payment of the Music Fees can be made by completing and returning the credit card details on the Credit Card Payment Form or by cash, BPay, credit card (over the phone by calling 9430 5118) or by cheque made payable to "Eltham High School". The music fees will appear on your family statement, not in the Compass Parent Portal.

If you make a payment via BPay please ensure you email our accounts@elthamhs.vic.edu.au advising that the funds paid are for music fees. If you do not email, they may allocate the funds to other areas.

If you do not know your BPay reference number or would like to set up a repayment plan for the music fees, please contact the school's Revenue Administrator, Jacinta D'Avoine on 9430 5118 or by email at accounts@elthamhs.vic.edu.au

The second instalment is for the Main Ensemble levy which is due for payment by Monday 1 May, 2023.

The third instalment is for any other items i.e. instrument hire, percussion equipment hire, other ensembles like Stage Band, Jazz Band, Big Band, Choir etc. The third instalment is due by Friday 23 June 2023.

Please do not hesitate to contact Jane Nicholson in the Music Office if you have any queries.

Jane's telephone is: 9430 5127 or email: nio@elthamhs.vic.edu.au

Please note if you have a student in the Training Band, Training Strings, Choir or Big Band, these fees have not yet been added to the family accounts. As soon as they are added we will advise you.

Your prompt payment of the music fees is appreciated.

Year 7 Instrumental Music Lessons

Year 7 Instrumental Music Lessons will commence the week starting 6 March 2023. Please check Compass for your scheduled instrumental music lesson time. Training Band and Training String Ensemble rehearsals will commence the week starting 27 March 2023.

We look forward to welcoming our new Year 7 families to our Music Program.

Music Rehearsal Schedule

Monday	String Orchestra	7:30 - 8:40am arrive by 7:15am	306
	Stage Band	3:30-5:30pm	306
	Training Band	3:30-4:45pm	101 & 111
Tuesday	Training Strings	7:30-8:40am (arrive by 7:15am)	101
	Chamber Strings	3:30-5:30pm	700s
	Concert Band	3:30-5:30pm	306
Wednesday	Symphonic Band	3:30-5:30pm	306
Thursday	Big Band	Lunchtime	306
	Jazz Band	3:30-5:30pm	700s
	Wind Ensemble	3:30-4:45pm	306
Friday	Choir	Lunchtime	111
	Symphonic Band	3:30-4:45pm	306

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RICK KEENAN, Director of Music



SPORT

Year 11 Outdoor and Environmental Studies

In Week 5 of this term, our Year 11 Outdoor and Environmental Studies students undertook an overnight camp program in Warburton, located in eastern Victoria near the Yarra Ranges and alongside the Upper Yarra River. The students had the opportunity to engage in recreational activities such as river-sledding down the Upper Yarra, caving in the Britannia Creek Caves, and a bush-tucker educational session run by highly experienced staff from an outsourced provider known as Warburton Adventure Co. In addition, the students had the opportunity to camp in four-person tents in a wilderness environment at Starling's Gap Campground and learn how to cook on Trangia stoves.

As part of this program and VCE Units 1 & 2 OES, students learnt how to apply class room theory concepts in relation to motivations for seeking outdoor experiences and personal responses to outdoor experiences, and the impacts these internal factors have on the level of participation in, and overall enjoyment of, outdoor environments.

The students' next camp program will be taking place in Term 2 at Point Leo along the coast here in Victoria.

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GEORGIA BHANDARI, VCE Outdoor and Environmental Studies Teacher



STUDENT AGENCY AND GROWTH

Dignity Drive – Ending Period Poverty this March

As we approach International Women's Day, our community will come together to celebrate the accomplishments and resilience of women around the world. The Student Voice and Leadership Team is calling on our school community to acknowledge International Women's Day by participating in Share the Dignity's, "Dignity Drive".

'Dignity Drive' is a program facilitated by Share the Dignity, aimed at ending period poverty by collecting donations of sanitary items. We invite the school community to participate and help make a difference. We will be collecting feminine hygiene products to donate to Share The Dignity. In turn, they distribute to various charities who provide services to women in crisis.

We encourage everyone to participate in this by bringing donations to school, such as products in original packaging, including pads, tampons, maternity pads, period undies, menstrual cups and incontinence products.

This generosity and kindness will go a long way in supporting many lives, and by helping, we can not only support those in need but also inspire those around us to do the same.

Donations can be dropped to the 'Dignity Drive' box at the front office throughout March. We would love to see as many donations as possible made on **International Women's Day, Wednesday March 8.**

Ryan Swift (Year 12, Everard House) (Integrity Leader) and **Maali Kerta-Rice (Year 12, Stewart House)** (Social and Environmental Responsibility Leader)



Cups for Change

Our *Cups for Change* program continues this year. We are still selling our reusable ceramic cups in the hope of promoting awareness for the Eltham Copper Butterfly and reducing single-use waste in the local community. Every cup purchased goes a long way in supporting our goal of donating to local environmental groups and creating a natural habitat for the Eltham Copper Butterfly here at Eltham High School. You can express interest in purchasing a cup by completing this online form <https://forms.office.com/r/gxFjWS6tYB> or emailing Nadia Devlin, dev@elthamhs.vic.edu.au.

We are also looking forward to launching our 7-11 Cup Rescue tubes this term – watch this space for more information.

Cups for Change Team: **Mac McLennan (Year 10, Andrew House)**, **Charlie Clarke (Year 10, Andrew House)**, **Kris Van der Kamp (Year 10, Stewart House)**, **Luka Koops (Year 10, Stewart House)**, **Scarlett Harrison (Year 10, Andrew House)** and **Torry Shi (Year 10, Everard House)**

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NADIA DEVLIN, Student Agency and Growth Leader



ART

Donations Needed

The Art KLA are in need of old business shirts to be used as painting smocks – all sizes small to XL are welcome. Please bring any donations to the General Office.

Year 7 Art Club - Thursday Lunchtimes in Room 613

Do you enjoy art and love being creative? Our Art club is an opportunity for Year 7 students to have a space to create and connect with other likeminded students.

You don't have to be good at art to join.

The club will be run by our Visual Arts Leaders along with support from Art teachers. The leaders have planned some fun activities and will be on hand to teach students some new skills.

If you have any questions contact Lisa Foote foo@elthamhs.vic.edu.au or just turn up on Thursday lunchtimes to Room 613 and don't forget to bring your lunch.

Art Space for All Year Levels - Monday Lunchtimes in Room 613

This is for ALL Year levels who want to make art in a relaxed and supportive environment.

You are welcome to bring along your sketchbook and work on your own ideas, do work for your folio subjects or take advantage of access to materials and teacher support with building your techniques and ideas.

You don't have to be great at art - if you enjoy being creative or want to create more art this space is perfect for you.

VCE Folio Workshops - Tuesday Lunchtimes in Room 613

VCE students of Art Creative Practice and Art Making & Exhibiting can work on their folios.

Students can take advantage of access to materials, gain further support and advice around the development of their ideas and practice and address some of the expectations around time that should be spent on folios as homework.

VCE Art students are encouraged to take advantage of the additional time and support available to them at school.

Life Drawing Opportunity for Senior Students and Staff.

Eltham High School has collaborated with Nyora Studio Gallery to once again offer exclusive Life Drawing Classes for our Senior students and staff.

This enrichment opportunity will add significant depth to folios and broaden artistic experience. For those students wishing to apply for tertiary placements experience in life drawing is highly recommended.

The classes will commence in term 2 and are offered in a 6 week block commencing May 9. The cost is \$130 for all six sessions, which is exceptional value. This covers the hire of the model, use of studio space and tutoring by artist Emmy Mavroidis as well as basic drawing materials.

Sessions will run after school on Mondays 4:00pm - 6:00pm. Places are strictly limited.

If you are interested please email your expression of interest to foo@elthamhs.vic.edu.au to secure your place.

Further details will be sent to participants once numbers are confirmed.

N.B.- Participants will need to make their own way to and from the studio.

Eltham High Arts & Technology Instagram Account

Did you know we have an Instagram account? This platform enables us to provide regular viewings of the amazing work our Arts and Technology students are creating.

Keep up to date about everything Arts and Technology including upcoming events, exhibitions, subject information, plus lots more.

You can join our account at [elthamhs.arts.tech](https://www.instagram.com/elthamhs.arts.tech/)

If you don't have Instagram, you can access the account through the following link:

<https://www.instagram.com/elthamhs.arts.tech/>

LISA FOOTE, Arts Coordinator

LANGUAGES

Alliance Française French Film Festival 2023

Bonjour les parents!

The annual Alliance Française French Film Festival is opening in Melbourne very soon (8 March – 5 April)

We're hoping to organise a French student excursion to the festival but strongly encourage all you Francophiles and cinephiles out there to embrace French culture via the screen. Wishing you all "*une très bonne séance*"!

You can find more information online: <https://www.affrenchfilmfestival.org/melbourne>

CATHERINE CONSIDINE, Languages Coordinator

WORKING BEE

2023 Working Bees

The Working Bee dates for 2023 have now been set, with the first being **Sunday 19 March**. The Committee meets on the Thursday 10 days prior to the Working Bee to plan activities, and as always we would welcome new members. We are kicking off the new year with the preparation of a whole of school strategy for garden bed rejuvenation and planting, so that for each Working Bee there will be clear link to activities and the grounds strategy.

Grounds Committee Meetings and Working Bee Dates for 2023:

Committee Meeting Date	Working Bee Date
Thursday 9 March	Sunday 19 March
Wednesday 26 April* (27 April - Information Night)	Sunday 7 May
Thursday 25 May	Sunday 4 June
Thursday 17 August	Sunday 27 August
Thursday 14 September	Sunday 15 October
Thursday 23 November (RESERVE DATE)	Sunday 3 December (RESERVE DATE)

If you would like to get involved by joining the Grounds Committee or attending the upcoming Working Bee can you please complete the Google form by accessing the link below:

<https://forms.office.com/r/1dnjyrcF5>

or contact Anna Panas via email pan@elthamhs.vic.edu.au

ANNA PANAS, On behalf of the EHS Grounds Committee

STUDENT SERVICES

Satellite Camp

These school holidays we are hosting our Kids Camp for primary school children aged 9 – 12 approx. at Urban Camp in Melbourne. Think quiet activities like craft and tie dye or outdoor, adventurous activities including a trip to Melbourne Zoo!

Satellite Camps are three-day, overnight programs for young people aged 9 - 12 and 12 - 15 years old (approx.) that run every school holiday.

Given the diversity of young people and the challenges they may be living with, our camps adopt a high leader-participant ratio to enable strong connections and safety, and positive role modelling to promote healthy coping strategies. Satellite Camps are for young people with family members who experience mental health challenges, giving them the opportunity for respite from their caring role and the chance to make lasting memories and friendships. Plus, they are a tonne of fun!

But don't take our word for it – head on over to our [Instagram page](#) to watch our camp video or read more about [Satellite Camps here](#).

"Satellite Camp staff made me feel comfortable by just really being there. They're really supportive. The best thing about a Satellite Camp is making new friends."

- Colby, Satellite Camp member, 2022

Apply for a young person to attend a Satellite Camp by filling in our [expression of interest form here](#).

April School Holidays: Kids Camp

Monday 17 - Wednesday 19 April

Urban Camp, Parkville, VIC, 3052

*Primary school children ages 9 - 12 approx.

July School Holidays: Young Leaders Camp

Tuesday 4 - Thursday 6 July

Urban Camp, Parkville, VIC, 3052

*High school pupils ages 12 - 15 approx.

September School Holidays: Kids Camp

Monday 18 - Wednesday 30 September

Camp Coolamatong, Gippsland, VIC, 3875

*Primary school children ages 9 - 12 approx.

Parents Building Solutions

Do you want a better connection with your teen?

Want to understand why teens behave the way they do?

Do you want to discuss and share ideas that work?

This parenting 'taster' session helps you come up with solutions to common parenting challenges. Young people are welcome to attend the drop-in session while the parenting session is running.

When: Tuesday 4 April 4:00pm - 6:00pm

Venue: Innovation Youth Centre, 20 Graduate Rd, Bundoora

Bookings: <https://www.trybooking.com/CEZTX>

Enquiries: (03) 8641 8900 / parentzone.northern@anglicarevic.org.au

Second Hand Textbooks

We have had a number of families donate their student's textbooks for our 2023 students who may need them. The text books are located in Student Services and we have plenty to distribute!

Please feel free to come and check if any could be of use to your young people this year.

MADLINE KAMAMIS, Student Services Leader

CANTEEN

Canteen News

This Canteen has introduced a new product to its ice-cream range.

Banana Paddle Pop Flavour \$2.20

In our ice-cream range Canteen offers has two options to cater for students/staff with special dietary requirements

Bulla Vanilla Ice Cream Cups \$1.70 (Gluten Free)

Coco-Not Dairy Dixie Cup \$1.70 (Vegan)

Canteen would like to remind students that as the weather warms up Canteen reduces the number of Hot Food items for sale at lunch time. Therefore, the best way for students to not miss out on Hot Food items at Lunch or Recess is by placing a Lunch or Recess order.

Canteen opens every day from 8:30am for students to place a Recess or Lunch Order.

Term 1 Lunchtime Specials

Tuesday: Chicken or Avocado Rice Paper Rolls \$7.00

Wednesday: Chicken or Eggplant Souvlaki \$7.00

Thursday: Sushi Packs- (Tuna, Veg, Chicken, Salmon and California) \$7.00

Friday: Burgers -Veggie Pattie, Chicken or Beef \$7.00

Monday: Hot Dogs with Cheese \$4.50 (tomato sauce included in price)

CAROLINA CONSTABLE, Canteen Manager

Community Announcements



BODY CONFIDENT CHILDREN & TEENS WEBINAR

SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH FOOD AND EXERCISE IN YOUNG PEOPLE

TUESDAY 21ST MARCH 2023
7.00PM – 8.15PM

VIA ZOOM – Time-limited recording available



This relaxed and informative seminar for carers of primary and secondary age children gives practical tips to help you better understand and promote positive body image in the home. Delivered by the Butterfly Foundation, Australia's largest not-for-profit for eating disorders and body image concerns.

In this session you will cover:

- Overview of body image and the importance of prevention
- The spectrum of body and eating issues
- Key influence on body image, including social media
- The impact of diet culture and weight stigma
- Busting common myths around eating disorders
- Reducing appearance talk and how to respond when a child expresses negativity towards themselves/others
- The power of role modelling positive body image and behaviours
- Understanding warning signs and the importance of early intervention.

TESTIMONIALS

"So glad I came. There is so much pressure on kids these days, it's hard to know what to do. This has given me lots of practical ideas." Parent WA

AUDIENCE
Parents & Community

SESSION LENGTH
1hr 15mins

COST
\$15

BOOK NOW

Contact:
E: education@butterfly.org.au
T: 02 8456 3928
www.butterfly.org.au



PORN IS NOT THE NORM

Online Presentation for
PARENTS AND CARERS

With Maree Crabbe and Dr. Wenn Lawson

Young People, Autism & the Impact of Porn



INFORMATION:

For young people growing up with internet access, pornography is easy to access and difficult to avoid. It has become a default sex educator for many young people, with serious implications for their ability to develop safe, respectful relationships and sexuality. For autistic young people, pornography's influence can be even more challenging. Monotropism, the key characteristic of autism, can make autistic young people particularly vulnerable to the impacts of pornography. Pornography's messages can be a source of confusion and concern, and shape unrealistic and unhealthy sexual understandings and expectations.

This session seeks to support parents and carers of autistic young people to understand pornography's prevalence and influence, its implications for autistic young people, and how we can support them to navigate respectful, consenting and safe sexuality and relationships in this new reality.

Maree Crabbe is Director of the Australian violence prevention initiative, *It's time we talked*. She is an educator, author and filmmaker who is passionate about gender-based violence prevention, and about supporting parents, schools, communities and government to address pornography's influence on young people - www.itstimetalked.com

Dr. Wenn Lawson is an autism expert, researcher, poet & author. He is a family man with autistic children & grandchildren. In 2021 Wenn won the Lesley Hall, disability leadership lifetime achievement award. Wenn is passionate about all things LGBTQIA+ and autism - www.wennlawson.com

Enquiries:

Sarah at Interchange Outer East
on 03 9758 5522 or
sarah.wilson@ioe.org.au

Wednesday 10 August - 7pm to 9pm

Cost: \$10pp or \$5 concession

Book Online: www.trybooking.com/CAZAW



Montmorency

From Diagnosis to OAM plus a Sibling's Perspective Autism Seminar

Featuring the perspectives of

Daniel Giles OAM (Autistic Self-Advocate),

Daryl Giles (Daniel's Dad)

and Leash Purcell (Daniel's Sister and Educator)

Sibling's perspective may be a prerecorded presentation

Suitable for families, educators & other professionals!

Educators and other professionals can claim 3 hours CPD. Australian Professional Standard for Teachers at the level of Proficient Teacher 6.4.2

Wed 22 Mar 2023 - Montmorency Eltham RSL

16 Mountain View Rd, Montmorency VIC

6:30pm-9:30pm

Details & Tickets: trybooking.com/CFXXO

Email: admin@speakinginsights.com.au

Presented by



Exhibitors



Community Announcements

CHARLES LA TROBE COLLEGE DEAF EXPO


Tuesday 21 March 2023
3.30pm - 5.30pm
 Charles La Trobe College
 235 Kingsbury Drive Macleod West 3085

Organisations:

- DeafConnectEd
- Hearing Australia
- Expression Australia
- S.I.S.U
- Jigsaw Disability Employment Services
- Deaf Sports Australia
- Deaf Victoria
- Deaf Sport Recreation Victoria
- Deaf Chef Ross
- AuslanWay
- AuslanSoul Yoga
- Word of Mouth
- La Trobe University Student Union
- Melbourne Polytechnic - Auslan Team
- Melbourne Polytechnic - Skills, Pathways and Job Centre Team

Come along and speak to people about resources and supports available

We look forward to seeing you!




9223 1400

l.arthurson@cltc.vic.edu.au


Supporting Deaf & Hard of Hearing students and their families

Schools on Air



Whether you've never picked up a mic, or you know your basics but want to learn more, join us and record your very own show.

Each week you will work with a SYN 90.7 FM radio expert who will guide you as you decide on the music and script, before you record and go live on radio across Melbourne and Geelong!




Ever wanted to be on radio

Create your own podcast

Or be a producer?

Join Schools on Air!


Book Now!
<https://bit.ly/SchoolsOnAir23>



Dates: Term 2, 3 & 4
 Time: Mondays from 4:00 - 6:00 pm
 Location: Banyule Nillumbik Tech School
 61 Civic Drive, Greensborough

For more information contact
BanyuleNillumbikTS@melbournepolytechnic.edu.au

BANYULE NILLUMBIK
TECH SCHOOL







MakerSpace is an open-ended after school club for innovation run concurrently with Creator Club for high school students and teachers from our partner schools. MakerSpace participants will have the opportunity to learn new skills through rotating Skill Taster sessions. Bring a project or idea and navigate the Design Thinking process, or jump in with an open mind and see where the space and technology available takes you.

More info and Apply
<https://bit.ly/BNTSMakerSpace>



Term 1, 2023
 Tuesdays
 (February 7th - April 4th)

Time
 3:30pm - 5:30pm

Location
 Banyule Nillumbik Tech School,
 61 Civic Drive Greensborough

Cost
 Free to BNTS partner school students and teachers for small-scale projects*

BANYULE NILLUMBIK
TECH SCHOOL

* Participants may be required to purchase materials or equipment that is not available at the Banyule Nillumbik Tech School. Personal stock and equipment remains the responsibility of the participant.

NATIVE PLANT & BOOK SALE

22nd April 10am - 4pm

Eltham Community & Reception Centre
 801 Main Road, Eltham

Organised by Australian Plants Society Yarra Yarra Group Inc. No. A0039676Y

Proudly brought to you by
 **Clean Energy
Nillumbik**



Sustainable House Day



SUNDAY 19 MARCH

A free 'open house' event showcasing Nillumbik's local gems and affordable, sustainable solutions for your home

Register now and receive your complimentary coffee voucher

CleanEnergyNillumbik.org.au/SHD2023

Proudly supported by


Nillumbik
The Green Wedge Shire

Community Announcements



2023

COME JOIN BANYULE BULLS

Boys & Girls: 8-15 Years Old

Venue Banyule Flats Reserve
Somerset Drive, Viewbank, 3084

*Please note that due to usual grounds being unavailable, training will be held at Yallambie Park Reserve, Moola Close, Yallambie until 12 March

DATES TEAM SELECTION & PRE-SEASON TRAINING COMMENCES: FROM **21 FEB** UNTIL ALLOCATION EXHAUSTED **Come Try Free**

SEASON COMMENCES **23 APR**

Program Details:

1. Kinder Football (new) - Ages 3-4 years
Thurs, from 16 Feb, 4pm to 4:45pm \$120 term
Registering link: 
2. Mini Bulls - Ages 5-7 years
Thurs from 16 Feb, 5:15pm to 6pm \$120 per term
Registering link: 
3. Mini Roos [Team based] - Ages 8-12 years
Tues & Thurs from 16 Feb, 5pm to 6:15pm \$605 incl full kit
4. Juniors [Team Based] - Ages 13-15 years
Tues & Thurs from 16 Feb, 6pm to 7:15pm \$725 incl full kit
Registering link for Mini Roos & Juniors Competition: 

Email: Oscar Magrina, Junior Co-ordinator @ juniors@banyulecitysc.com.au

are you ready for some MAJOR FUN

join JUNIOR BASEBALL



PRE SEASON TRAINING

T-BALL STARTS MARCH 17th, 2023
U13/U15 BASEBALL LATE APRIL



REGISTER your interest here 



From Diagnosis to OAM

plus a Sibling's Perspective: A Personal Autism Journey



Montmorency

Wednesday 22 March 2023, 6:30pm-9:30pm
(3 hour seminar including question time, doors open 6pm)


Daniel and Daniel's Dad (Daryl) will discuss Daniel's journey from diagnosis to present day giving an insight from Daniel's personal perspective of living life as an Autistic individual. Daniel's sister (Leash) will also be sharing the sibling perspective and is a qualified educator (may be prerecorded).

Topics include diagnosis, school journey, independent living, employment and strategies used to achieve the best outcomes.

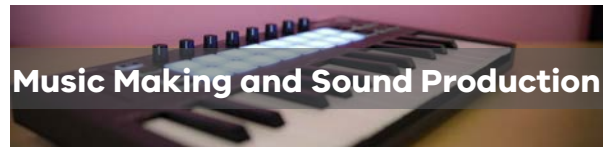
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Music Making and Sound Production



Ever wanted to compose and record music?

Don't know where to begin?

Want to fulfill your musical vision?

Would you like to learn how to record your music?

Join Music Making and Sound Production

Best of all it's free!

Book Now!
<https://bit.ly/MusicAndSound23>



Presented by

Daniel Giles OAM
Order of Australia Medal Recipient & Autistic Self-Advocate

Daryl Giles
Daniel's Dad

Leash Purcell
Daniel's Sister and Educator



speaking insights

ABN: 11 945 440 100

Venue
Montmorency Eltham RSL
16 Mountain View Rd, Montmorency VIC

Tickets (*Includes \$0.50 booking fee for online bookings)

Autistic people, family & carers	\$30.50*
Professionals Teachers/Caseworkers/Therapists - incl. CPD cert.	\$75.50*

trybooking.com/CFXX0 (or scan QR code)

Contact
e: admin@speakinginsights.com.au
w: speakinginsights.com.au



f i Find 'Speaking Insights' on Facebook and Instagram

EDUCATORS – Educators can claim 3 hours of Professional Development. Australian Professional Standard for Teachers at the level of Proficient Teacher 6.4.2

Use technology to learn how to compose and mix music

Term 2 - composition and sound design

Term 3 - the science and art of mixing

Places to attend are strictly limited, so book now!

Dates: Term 2 & 3
Time: Mondays from 3:45 - 5:45 pm
Location: Banyule Nillumbik Tech School
61 Civic Drive, Greensborough

BANYULE NILLUMBIK TECH SCHOOL

For more information contact
BanyuleNillumbikTS@melbournepolytechnic.edu.au



DISCLAIMER: "Eltham High School does not endorse any company, organisation, service or product referenced in Community Announcements"