



Photo Catch Up Day: Thursday 23 February

Jazz Workshop Weekend: Saturday 25 - Sunday 26 February

Curriculum Day (Student Free): Friday 10 March

Athletics Carnival: Tuesday 14 March

School Council AGM: Wednesday 15 March

**Swimming Carnival: Friday 24 February at Aquarena, Doncaster**

**Jazz Workshop Weekend: Saturday 25 - Sunday 26 February**

**Curriculum Day (Student Free): Friday 10 March**

## PRINCIPAL'S REPORT

### Student Achievement: Leukaemia Foundation - World's Greatest Shave

**Tom Westerman (Year 11, Rutter House)** is participating in the World's Greatest Shave this year. You can read more about Tom's reasoning and follow the link to support his cause below.

*"Hi everyone!*

*I believe it's critically important that as we begin to address the road forward from COVID, we don't forget about those that are still struggling with diseases such as blood cancer.*

*Leukaemia Foundation, the Australian charity that runs The World's Greatest Shave annually, supports patients and families affected by blood cancer by offering care, accommodation and life-saving treatment.*

*Leukaemia is one of many types of blood cancers or disorders which collectively affect over 135,000 Australians. By taking part in the World's Greatest Shave this March, I hope to raise awareness for these awful illnesses that may take Australian lives every day.*

*Leukaemia Foundation also funds scholarships for PhD students in search of cures. Being an Eltham High student, I take pride in all the rich community connections we hold, from students and peers to teachers, parents and carers. Please donate what you can, and let's make a difference!"*

<http://my.leukaemiafoundation.org.au/tomwesterman>

I congratulate Tom on his initiative and remind you all that over the years and even as late as this year, Leukaemia has affected the wellbeing a small number of our young people. Please support Tom so that together we can work towards eradicating this dreaded disease.

### Student Teaching and Learning Team (TLT)

The first meeting of the TLT took place on Tuesday 21 February. Team members discussed the direction that they would like to take for 2023 and were able to set some goals.

Areas for further discussion included the next stage of the Vaping Workshop; consideration of the need for Online Safety Support for our young people; supporting the development of stronger Student Agency in learning and the area of Equity and Inclusion.

This group of students is consistently living the school values and their interest and concern for the learning of their peers must be commended.

The work ahead isn't going to be easy, but they have the determination, the energy and will to give it a good go.

The TLT this year will be supported by Kirsty Leahy (Learning Specialist) and of course they will engage support from various other members of the school leadership team as well as the student body.

A great start to the year! Well done!

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## SCHOOL CALENDAR 2023

### FEBRUARY

#### Monday 20 - Wednesday 22

- Year 12 Outdoor and Environmental Studies Camp - Wilsons Prom

#### Tuesday 21

- Year 7 Cricket

#### Thursday 23

- School Photos Catch Up

#### Friday 24

- EHS Swimming Carnival at Aquarena, Doncaster

#### Saturday 25 - Sunday 26

- Jazz Workshop Weekend

#### Monday 27 February - Wednesday 8 March

- Year 8 Urban Surf

#### Tuesday 28

- Year 7 Meet the Year 7 Team and Headspace Presentation

### MARCH

#### Wednesday 01 - Thursday 02

- Year 11 Outdoor and Environmental Studies Camp - Warburton

#### Thursday 02

- Year 11 Literature Seminar - Hermina Burns Poet

#### Thursday 09

- Working Bee Committee Meeting

#### Sunday 19

- Working Bee

### Headspace Parent Seminar

Headspace will be presenting a parent seminar to Year 7 and Year 8 parents. This will take place in The Nallejerring Performance Centre on Tuesday 28 February from 4:30-6:00pm. For Year 7 parents, this will take place after 'Meet the Teacher'.

The Seminar, "Supporting young people - Notice, Ask, Connect", focuses on:

- Understand mental health and wellbeing in young people
- Notice changes that a young person might be going through a tough time
- Identify strategies to connect and communicate with young people
- Increase knowledge about how to support a young person and where to access professional support

The delivery of this seminar coincides with Headspace working with all Year 7 and 8 students throughout the course of 2023.

You can register your attendance here: <https://forms.office.com/r/ndw7s161N5>

Headspace wishes to remind all parents no children can attend the seminar, and that the workshop is not a place to disclose personal information or an opportunity to speak to someone specifically about their young person. Instead, it is an educational session and a chance for you to learn some good, general information about mental health in adolescents.

We hope to see many of you in attendance at this event.

### School Swimming Carnival

The School Swimming Carnival scheduled for Friday 24 February, is a school-based event and all students are expected to attend and encouraged to dress in their House colours [**Rutter (Red); Andrew (Green); Everard (Yellow); Stewart (Blue)**].

For our Year 7 students this will be their first experience of an EHS Swimming Carnival. I'm sure that they are all excited and looking forward to participating in as many events as possible.

For our Year 12s, the class of 2023, this will be their last Swimming Carnival and their last opportunity to participate and celebrate together with their peers, teachers and support staff. Usually, a great deal of effort goes into the design and construction of some very creative outfits for the day, of course reflecting the House colours.

All Year 8, 9 and 10 students are encouraged to participate in the day and to support their House and peers.

There has been a great deal of work put into the organisation of this day and I wish to thank Bree Pascoe for her leadership and thank all the staff that have supported Bree to make sure that the day proceeds well and that everyone has the opportunity to participate and truly enjoy the day.

I remind parents that students will not be allowed to leave early on the day from the pool. Staff will not be engaging in phone conversations with parents to gain permission for their child to leave early, as they have other duties to fulfil.

Any early dismissal or dismissal from the pool at the end of the event must be organised before the day via written communication to the relevant sub-school team leader:

Junior School: Melissa Hughes [huh@elthamhs.vic.edu.au](mailto:huh@elthamhs.vic.edu.au)

Middle School: Ross McKinnon [mki@elthamhs.vic.edu.au](mailto:mki@elthamhs.vic.edu.au)

Senior School: Amanda Saliba [sai@elthamhs.vic.edu.au](mailto:sai@elthamhs.vic.edu.au)

Thank you for your support with this.

### Reminders: Mobile Phone Policy

Whilst the expectations around mobile phones in our school was made clear to all students during the first day assemblies, there is a small group of students who are choosing to disregard what is expected of them. There is a no tolerance rule around this issue unless a student has a formal exemption from the school which is only provided under extreme, often health related circumstances.

I ask all parents/carers for your support with this by reminding your child(ren) that the Mobile Phone Policy requires students to switch off their phone from the sound of the first warning bell for the day and store their phones away securely until they leave the school at the end of the day. Students are not to access their phones at any time throughout the day including breaks.

A process for addressing a breach of the policy is in place and all students are well aware of their role in this process. Please remind them of the need to follow through with the instructions given to them by any teacher and that disregarding a teacher's instruction will inevitably lead to further consequences.

Parents/carers must not expect to communicate with their children during the day via their mobile phone. Should there be the need to get in touch with your child during the day for an emergency, please contact the General Office otherwise please confine any communication for the times when students can access their phones.

Thank you for your support with this matter.

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**VINCENT SICARI, Principal**

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## **ASSISTANT PRINCIPAL'S REPORT**

### **Inclusion, Diversity and Respect**

Policy - [Inclusion Diversity and Respect \(elthamhs.vic.edu.au\)](http://elthamhs.vic.edu.au)

Eltham High School is committed to creating an environment where all members of our school community are welcomed, accepted, respected, and treated equitably, so that they can participate, achieve and thrive at school. This commitment towards an inclusive environment should be evident in everyday interactions; the language used within the school community, the curriculum, the messages displayed around the school and the physical environment. Whilst we recognise the role that education settings play in implementing cultural change, the involvement of the whole-school community is required to achieve a culture in which safe and respectful relationships are everyone's concern and responsibility.

Our Inclusion, Diversity and Respect Policy is accessible on our school website or via the link above, and explains Eltham High School's commitment to making sure every member of our school community - regardless of their background or personal attributes - is treated with respect and dignity.

### **Bullying Prevention**

Policy - [Bullying Prevention \(elthamhs.vic.edu.au\)](http://elthamhs.vic.edu.au)

The school develops and maintains effective bullying prevention strategies and management processes to provide a safe school environment for students. Essential to this is education for students and other members of the school community about safe and responsible social and learning interactions. Our philosophy is to model conflict resolution and maintain a positive and caring environment which does not foster bullying or violence. The school has strong, proactive leadership which ensures effective whole school behaviour-management systems, based on Restorative practice. Our Bullying Prevention policy is available on our school website or via the link above.

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**LUCY BLACKBURNE, Assistant Principal (Acting)**

## PARENT INFORMATION

2023

### Term Dates

#### Term 1:

Starts 30 January (Year 7, 11 & 12)  
31 January (whole school)

Finishes Thursday 06 April

#### Term 2:

Starts 24 April

Finishes 23 June

#### Term 3:

Starts 10 July

Finishes 15 September

#### Term 4:

Starts 2 October

Finishes 20 December  
(Dependant on Year level)

## GROUNDS COMMITTEE

### COMMITTEE MEETINGS AND WORKING BEE DATES

2023

#### Working Bees

Sunday 19 March

Sunday 7 May

Sunday 4 June

Sunday 27 August

Sunday 15 October

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: [pan@elthamhs.vic.edu.au](mailto:pan@elthamhs.vic.edu.au)

## JUNIOR SCHOOL

### Meet the Teachers

Registrations are now open via Compass for our Meet the Teachers Afternoon Tea and Parent Forum.

On **Tuesday 28 February**, our parents and carers are invited for an afternoon tea to meet members of the Year 7 Teaching Team. The session will run from 3:15pm to 4:25pm and will be an informal opportunity to put some names to faces and to learn more about the curriculum program and expectations for our Year 7s in Term 1. It will also be an opportunity to meet parents from your child's class over a cup of tea. We hope to see you there. A recording of the Meet the Teachers' key information will be shared here on Wednesday for families who are unable to attend at this time.

Following on from the afternoon tea, there will be a presentation from Headspace:

Supporting young people - Notice, Ask, Connect that will run from 4:30pm to 6:30pm in the Nalleijerring Performance Centre here at school.

Topics discussed will include:

- Understand mental health and wellbeing in young people
- Notice changes that might indicate a young person might be going through a tough time
- Identify strategies to connect and communicate with young people
- Increase knowledge about how to support a young person and where to access professional support

Families are invited to attend one or both sessions. Students are welcome to attend the Meet the Teachers session with their families (although the target audience is parents and carers). The session that is being run by Headspace is not suitable for students as the content is aimed at an adult audience.

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**MELISSA HUGHES, Junior School Leader**

## SENIOR SCHOOL

### 2023 Senior School Update

Senior School will now operate by having Year Level Coordinators who will follow their group as they progress through the Senior School in 2024 and 2025. We have used the House system to divide the students between Coordinators and will now refer to Students in either Form Group R (Rutter), E (Everard), A (Andrew) and S (Stewart).

The Level Coordinators for 2023 are:

Matthew Hapsberg (HAZ) - 10R + 10S

Olivia Monro (MOX) - 10A

Alice McKinnon (MNN) - 10E

Michael McDonald (MMC) - 11A + 11S

Danielle Cotter (COT) - 11R + 11E

Chris Serong (SEN) - 12A + 12R

Michael Doherty (DOH) - 12E + 12S

### Meet the Coordinators – Video Message from the Senior School Team

Next week, a 'Meet the Coordinators' video will be shared with all Senior school families via compass. The video will provide important information on how we will be working with your student this year and how you can support this work at home.

### Special Examination Arrangements: VCE External Assessments

Special Examination Arrangements may be approved for students with disabilities, illnesses or other circumstances that affect their ability to access a VCE external assessment. Special Examination Arrangements applications are made to the VCAA by your Senior School Coordinator and must be endorsed by the principal.

Students are eligible for Special Examination Arrangements if it can be demonstrated (professional evidence required) that their capacity to access a VCE external assessment is impaired due to one or more of the following:

- Mental health conditions
- Health impairment or physical disability
- Specific learning disorders
- Language disorder
- Motor coordination disorders
- Deaf and hard of hearing
- Vision impairment

If you think that your student may be eligible to apply or if you had approved provisions last year that you would like to re-apply for please contact the relevant Coordinator. Applications are due Monday 20 March.

For more information please visit <https://www.vcaa.vic.edu.au/administration/special-provision/Pages/SpecialExaminationArrangements.aspx>

### Term 1 – Key Dates

VCAA Special Exam Arrangements applications due                      Thursday 6 April  
 End of Term 1    Thursday 6 April - 2:30pm

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**AMANDA SALIBA, Senior School Team Leader**

## MUSIC

### Music Rehearsal Schedule

Monday	String Orchestra	7:30 - 8:40am arrive by 7:15am	306
	Stage Band	3:30-5:30pm	306
	Training Band	3:30-4:45pm	101 & 111
Tuesday	Training Strings	7:30-8:40am (arrive by 7:15am)	101
	Chamber Strings	3:30-5:30pm	700s
	Concert Band	3:30-5:30pm	306
Wednesday	Symphonic Band	3:30-5:30pm	306
Thursday	Big Band	Lunchtime	306
	Jazz Band	3:30-5:30pm	700s
	Wind Ensemble	3:30-4:45pm	306
Friday	Choir	Lunchtime	111
	Symphonic Band	3:30-4:45pm	306

### Friends of Music: Annual General Meeting

The Friends of Music Annual General Meeting will be held on **Monday 27 February, 7:00pm-8:00pm**, in the school staff room. New members are most welcome.

Friends of Music is a group of parents with children in the instrumental and choral programs at Eltham High School. FOM assists with organisation of music related events, coordinating volunteers for stage management, ticketing, ushers and other activities. Concert tickets and raffles, and other events organised by FOM through the year are used to fund the purchase of instruments, music, equipment, and guest artists.

The Friends of Music committee meets on Monday nights, at the school or via Zoom, about once a month through the year. We organise two mid-year concerts in May, two Celebration concerts in September and a Waratah flower fundraiser in October. We also plan to organise a social activity or two during the year.

If you have any questions about the Friends of Music please contact Jane Nicholson at the Music Office on 9430 5127 or by email at [nio@elthamhs.vic.edu.au](mailto:nio@elthamhs.vic.edu.au) or contact the Committee directly at [FriendsOfMusic@elthamhs.vic.edu.au](mailto:FriendsOfMusic@elthamhs.vic.edu.au)

Jo Aitken, President

.....  
**RICK KEENAN, Director of Music**

**ELTHAM HIGH SCHOOL CLUBS**  
**WHY NOT GET INVOLVED!**

Please see our Community Announcements section for a full list of our Eltham High School Clubs and Activities



## STUDENT AGENCY AND GROWTH

### Chess Club

Our Clubs and Activities Program is now in full swing, with many running for the first time in Week 3. This year, Chess Club is being facilitated by **Henry McKay (Year 11, Everard House)**, who has shown incredible initiative so far in getting Chess Club off the ground. As you can see, it's been incredibly popular with over 20 students attending last week.

Thank you to the Middle School team who have supported Henry with Chess Club. It's great to see so many of our students getting involved with life outside the classroom.

### School Values

This week, we are highlighting the value of 'Creativity' by sharing with you **Zoe Glynatsis' (Year 12, Rutter House)** speech from the commencement of the year.

*Creativity can be defined as the use of imagination or original ideas to create something. This could be an idea that pops into our head spontaneously or a concept that you've spent hours trying to conceive, either way it is equally important that we view creativity as a vital school value here at Eltham high school. Creativity is essential in not only our school lives but also our personal lives as it allows us to express ourselves and take on difficult challenges.*

*Being creative enables us to experiment with different aspects of our lives, for example we can try a new clothing style, create a new play for your basketball or netball team to attempt, write a story in a style you're not so comfortable with, or try writing a piece of music for the band you hope to start one day.*

*Here at Eltham, we value the pursuit of creativity in all its forms, whether it's through your schoolwork, music aspirations or sporting achievements.*

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**NADIA DEVLIN, Student Agency and Growth Leader**

## SWIM SQUAD

### EHS Swim Squad

The Eltham High School Swim Squad runs on Thursday mornings from 7:00am to 8:00am before school at the Eltham Leisure Centre. It's a great way to keep fit, have fun, learn some new skills and make great friends. It also prepares students for the upcoming Swimming Carnival. Students from all year levels and ability levels are invited to sign up for 2023 and become a Swim Squad member.

Each week we work on developing confidence, fitness and stroke with the emphasis on having fun and becoming part of a positive team of students who support each other both in the pool and around the school environment.

After squad, students meet back in the Staffroom at School to share hot chocolate and a chat before classes commence for the day. The Squad is instructed by our accomplished Coach, Neroli Nixon, who has taken the squad now for over 20 years!

The cost is \$380 for the year or \$190 per Semester (payable to the School Cashier in the General Office) which covers lane hire and coaching. Eltham Leisure Centre Members get free entry into the pool, others will need to pay \$3.60 to enter. New Squad Members are most welcome! Please meet on the pool deck at the Eltham Leisure Centre by 7:00am each Thursday.

What to bring: Bathers, Towel, Goggles, Clothes for school, Food for breakfast.

The EHS Swim Squad is a self-funded, 'user pays' activity and payment is required to become a member. Fees cover both the cost of coaching and pool fees, as well as hot chocolate each week and the annual end of year breakfast held after the Lap-a-Thon fundraising event in term 4 (an event we run to raise money and awareness for a charity the group decides upon each year). For further information contact Phil Boyd at [bod@elthamhs.vic.edu.au](mailto:bod@elthamhs.vic.edu.au)

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**PHIL BOYD, Swim Squad Coordinator**



# Junior Drama

An inclusive after-school program that involves students in Year 7 & 8. You will develop your dramatic potential through games, devising and interpreting play scripts. Each semester includes a presentation.




**play**



**fun**

There is a cost of \$ 180 per semester for this program

Wednesdays 3.20 - 5  
In the Drama Room 111

# SENIOR DRAMA

An inclusive after-school program that involves students in Year 9 - 12. You will develop skills related to performance and theatre-making. Each semester involves a performance.

**There is a cost of \$ 180 per semester for this program**

**Thursdays 3.20 - 5  
In the Drama Room 111**

## DRAMA

### After School Drama Program

The Eltham High School Drama Program will again run two ensembles in 2023:

#### **Junior Drama Ensemble (Years 7-8)**

Wednesday afternoons from 3:20pm - 5:00pm: commencing on Wednesday 15 February.

#### **Senior Drama Ensemble (Years 9-12)**

Thursday afternoons from 3:20pm - 5:00pm: commencing on Thursday 16 February.

A two week free trial applies.

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**RYAN PATTERSON, Drama Program Coordinator**

## WORKING BEE

### 2023 Working Bees

The Working Bee dates for 2023 have now been set, with the first being **Sunday 19 March**. The Committee meets on the Thursday 10 days prior to the Working Bee to plan activities, and as always we would welcome new members. We are kicking off the new year with the preparation of a whole of school strategy for garden bed rejuvenation and planting, so that for each Working Bee there will be clear link to activities and the grounds strategy.

Grounds Committee Meetings and Working Bee Dates for 2023:

Committee Meeting Date	Working Bee Date
Thursday 9 March	Sunday 19 March
Wednesday 26 April* (27 April - Information night)	Sunday 7 May
Thursday 25 May	Sunday 4 June
Thursday 17 August	Sunday 27 August
Thursday 14 September	Sunday 15 October
Thursday 23 November (RESERVE DATE)	Sunday 3 December (RESERVE DATE)

If you would like to get involved by joining the Grounds Committee or attending the upcoming Working Bee can you please complete the Google form by accessing the link below:

<https://forms.office.com/r/1dnjyrcaF5>

or contact Anna Panas via email [pan@elthamhs.vic.edu.au](mailto:pan@elthamhs.vic.edu.au)

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**ANNA PANAS, On behalf of the EHS Grounds Committee**

## STUDENT SERVICES

### Second Hand Text Books

We have had a number of families donate their student's textbooks for our 2023 students who may need them. The text books are located in Student Services and we have plenty to distribute!

Please feel free to come and check if any could be of use to your young people this year.

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**MADLINE KAMAMIS, Student Services Leader**

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## LIBRARY

### Library News

Welcome back to returning families and a special warm welcome to the new families whose children are commencing at Eltham High School.

The EHS Library supports and reinforces the educational goals of the school and students. We are open for students between the hours of 8:15am and 3:45pm every day. Our Library Team assists students in the location of resources that are appropriate for the needs of the individual student.

The enjoyment of reading and exposure to different types of literature is encouraged. There is a wide range of reading material available that caters for different interests and reading levels e.g. fiction, nonfiction, quick reads, audio books, graphic novels, etc.

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**RHONDA MALONE, Library Coordinator**

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## CANTEEN

### Canteen News

This week Canteen is introducing a new product to its ice-cream range.

Banana Paddle Pop Flavour \$2.20

In our ice-cream range Canteen offers has two options to cater for students/staff with special dietary requirements

Bulla Vanilla Ice Cream Cups \$1.70 (Gluten Free)

Coco-Not Dairy Dixie Cup \$1.70 (Vegan)

Canteen would like to remind students that as the weather warms up Canteen reduces the number of Hot Food items for sale at lunch time. Therefore, the best way for students to not miss out on Hot Food items at Lunch or Recess is by placing a Lunch or Recess order.

**Canteen opens every day from 8:30am for students to place a Recess or Lunch Order.**

### Term 1 Lunchtime Specials

**Tuesday:** Chicken or Avocado Rice Paper Rolls \$7.00

**Wednesday:** Chicken or Eggplant Souvlaki \$7.00

**Thursday:** Sushi Packs- (Tuna, Veg, Chicken, Salmon and California) \$7.00

**Friday:** Burgers -Veggie Pattie, Chicken or Beef \$7.00

**Monday:** Hot Dogs with Cheese \$4.50 (tomato sauce included in price)

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**CAROLINA CONSTABLE, Canteen Manager**



## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

### 2023 Clubs & Activities Schedule

A = A week only/B = B Week only

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	All
M	<a href="#">Training Band</a> <a href="#">Recreational Sport</a> <a href="#">Book Club</a>						<a href="#">Stage Band</a> <a href="#">String Orchestra</a> <a href="#">Indonesian HW</a> <a href="#">STEM Club</a> <a href="#">2K Walking Club</a> <a href="#">Textiles (B)</a> <a href="#">Art Space</a> <a href="#">French Conversations</a>
T	<a href="#">Training Strings</a> <a href="#">Volleyball – Boys</a> <a href="#">Volleyball – Girls</a> <a href="#">Art Club</a>	<a href="#">Recreational Sport</a> <a href="#">Volleyball – Boys</a>	<a href="#">Volleyball – Boys</a>		<a href="#">VCE Art Space</a>	<a href="#">VCE Art Space</a>	<a href="#">Breakfast Club</a> <a href="#">Chamber Strings</a> <a href="#">Concert Band</a> <a href="#">Anthology</a> <a href="#">Dungeons and Dragons</a> <a href="#">Enviro Team</a> <a href="#">ILT (B)</a> <a href="#">Table Tennis Club</a> <a href="#">French Homework</a>
w	<a href="#">Drama</a>	<a href="#">Drama</a> <a href="#">Volleyball – Girls</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a>	<a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Girls</a>	<a href="#">Breakfast Club</a> <a href="#">Public Speaking (A)</a> <a href="#">Harmony</a> <a href="#">Origami</a> <a href="#">2K Walking Club</a> <a href="#">Leap Club</a>
T	<a href="#">Wind Ensemble</a> <a href="#">Volleyball Comp.</a>	<a href="#">Wind Ensemble</a> <a href="#">Volleyball – Girls</a> <a href="#">Volleyball Comp.</a> <a href="#">Volleyball – Boys</a>	<a href="#">Wind Ensemble</a> <a href="#">Drama</a> <a href="#">Volleyball – Girls</a>	<a href="#">Recreational Sport</a> <a href="#">Drama</a>	<a href="#">Art Making – VCE</a> <a href="#">Drama</a> <a href="#">Conversations</a> <a href="#">that Matter (A)</a>	<a href="#">Art Making – VCE</a> <a href="#">Drama</a> <a href="#">Conversations</a> <a href="#">that Matter (A)</a>	<a href="#">Breakfast Club</a> <a href="#">EHS Swim Squad</a> <a href="#">Big Band</a> <a href="#">Jazz Band</a> <a href="#">StandOUT</a> <a href="#">Chess Club</a>
F	<a href="#">Volleyball – Girls</a>	<a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a>	<a href="#">Symphonic Band</a> <a href="#">Volleyball – Boys</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Boys</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Boys</a>	<a href="#">Choir</a> <a href="#">2K Walking Club</a>

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Anthology</b>	Ray Kumar Julie Wilk	Tuesday lunchtime	Years 7-12	301	Reading, editing and selecting student work to be published in the annual anthology.
<b>Art Space</b>	Lisa Foote	Monday lunchtime	Years 7 - 12	613	Art Space 7-11 is an informal group that meets once a week to draw, paint and create. Join like minded students to access materials and work on your own projects.
<b>Art Club – Year 7</b>	Lisa Foote	Thursday lunchtime	Year 7	613	Year 7 Art Club is a place for students to connect and be creative. You don't need to be good at Art just enjoy being creative. This club will be run by our Visual Arts Leaders who will offer activities for students to work on.
<b>Art Space - VCE</b>	Lisa Foote	Tuesday lunchtime	Years 11 and 12	613	VCE Art Space provides time for visual art students to work on their folios, access materials and gain support with their work and ideas.
<b>Art Making - VCE</b>	Ute Leiner	Wed-Friday Lunchtime	Years 11 and 12	608	Art-making and reflecting for VCE Art making and Exhibiting Students.
<b>Art Therapy Club</b>	Carly Young	TERM 3 Tuesday lunchtime	Years 7 - 12	Wellbeing Area	An opportunity for students to participate in creative art therapy activities.

	Facilitator	When	Who	Where	What
<b>Book Club</b>	Melissa Hughes	Friday lunchtime	Year 7	134	A space for avid readers and book lovers to come along and talk about...books!
<b>Breakfast Club</b>	Lyn Davis	8:10 – 8:45am Tues - Thurs	Years 7 - 12	413	Free breakfast available to students during this time.
<b>Chess Club</b>	Ross McKinnon & Henry Mckay (Year 11)	Thursday lunchtime	Years 7 – 9	916	Chess enthusiasts, come along and play. There will also be an opportunity to participate in interschool competitions.
<b>Choir</b>	Lynlee Williams Scarlett Gill (Year 12), Nina Boesenberg (Year 11), Ava Andrews (Year 11), Joshua Wike-Gysen (Year 11), Christiaan Brown-Nafatali (Year 11), Jessica Nichols (Year 10), Naomi Dique (Year 9), Isla Marshall (Year 9)	Friday Lunchtime	Years 7 -12	904	Choir is run by our Choir Director, Lynlee Williams. The Choir rehearse once a week during lunchtime on Fridays. Our Choir is very active and participate in a number of Eisteddfods, concerts and workshops throughout the year. There is a small annual levy charged. All students welcome!
<b>Conversations that Matter</b>	Rashad Seedeem	Thursday lunchtime (A)	VCE students	405	Political discussion group that looks to critically analyse issues and consider possible solutions on a local, national and global level.
<b>Drama Ensemble - Junior</b>	Tim Monigatti	Wednesday after school	Years 7 & 8	111	In Junior Drama, students have the opportunity to develop and refine their performance skills through a range of improvisations games, theatre sports and play making techniques. Students who join will also be able to participate in the school productions.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Drama Ensemble - Senior</b>	Ryan Patterson	Thursday after school	Years 9 - 12	111	In Senior Drama, students have the opportunity to develop and refine their performance skills through a range of improvisations games, theatre sports and play making techniques. Students who join will also be able to participate in the school productions.
<b>Dungeons and Dragons</b>	Michael McDonald Maddi Baillie	Tuesday lunchtime	Years 7 -12	704	Role playing in the famous, immersive Dungeons and Dragons game – beginners welcome.
<b>EHS Swim Squad</b>	Phil Boyd	Thursday 7 – 8am	Years 7 -12	Eltham Leisure Centre	In Swim Squad, students receive expert coaching in technique whilst at the same time having fun and building their fitness.
<b>Enviro Team</b>	Lauren McNally	Tuesday lunchtime	Years 7 -12	140	Join the Enviro Club and help us to make real and lasting changes that have a positive environmental impact in and around our school. Projects include the development and maintenance of a kitchen garden, working bees and recycling programs.

	Facilitator	When	Who	Where	What
<b>French Conversations</b>	Catherine Considine	Monday lunchtime	Years 7 - 12	612	French students of all year levels are invited to attend weekly French conversation club. This club is designed to provide keen Francophones with an inclusive, supported space in which to practise their French oral skills. Discussion topics will be tailored to suit attendees' interests and linguistic needs. The club will be run by senior French students and will have the support of a French teacher.
<b>French Homework Club</b>	Catherine Considine	Tuesday lunch time	Years 7 - 12	612	French students of all year levels are provided with a lunch time session where they will be supported with their homework/ongoing study. The aim of this club is the ensure that students stay up to date with and in control of their learning.
<b>Harmony Team</b>	Olivia Monro	Wednesday lunchtime	Years 7 -12	321	Harmony Team aims to promote diversity and inclusion within the school and broader community by raising awareness for social and ethical issues.
<b>Indonesian HW Club</b>	Matthew Atherton & Tika Sartika	Monday Lunchtime	Years 7 - 12	610	Indonesian students of all year levels are provided with a once weekly lunch time session where they will be supported with their homework/ongoing study. The aim of this club is the ensure that students stay up to date with and in control of their learning. Students will also be provided with additional practice for the annual VILTA speaking competition during homework club time.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Lego Club</b>	Kayla Bertoncini	Wednesday lunchtime	Years 7 – 12	700	A space for students to come along and explore with lego.
<b>Mountain Bike Club</b>	To be confirmed.				
<b>Music – Stage Band</b>	Rick Keenan	Monday 3:30 – 5:30 pm	Years 7 -12	306	Weekly rehearsal time for students involved with Stage Band.
<b>Music – Chamber Strings</b>	Rick Keenan	Tuesday 3:30 – 5:00 pm	Years 7 -12	700	Weekly rehearsal time for students involved with Chamber Strings.
<b>Music – Training Band</b>	Rick Keenan	Monday 3:30 – 4:45 pm	Year 7	111	Weekly rehearsal time for students involved with Training Band.
<b>Music – Training Strings</b>	Rick Keenan	Tuesday 7:30 – 8:45 am	Year 7	306	Weekly rehearsal time for students involved with Training Strings.
<b>Music – Concert Band</b>	Rick Keenan	Tuesday 3:30 – 5:30 pm	Years 7 -12	306	Weekly rehearsal time for students involved with Concert Band.
<b>Music – Wind Ensemble</b>	Rick Keenan	Thursday 3:30 – 4:45 pm	Years 7 – 9	306	Weekly rehearsal time for students involved with Wind Ensemble.
<b>Music – Big Band</b>	Rick Keenan	Thursday Lunchtime	Years 7 - 12	306	Weekly rehearsal time for students involved with Big Band.

	Facilitator	When	Who	Where	What
<b>Music – Symphonic Band</b>	Rick Keenan	Wednesday 3:30 – 5:30 pm Friday 3:30 – 4:45 pm	Years 9 - 12	306	Weekly rehearsal times for students involved with Symphonic Band.
<b>Music – Jazz Band</b>	Rick Keenan	Thursday 3:30 – 5:30 pm	Years 7 - 12	306	Weekly rehearsal time for students involved with Jazz Band.
<b>Music – String Orchestra</b>	Rick Keenan	Monday 7:30 – 8:45 am	Years 7 – 12	306	Weekly rehearsal time for students involved with String Orchestra.
<b>Public Speaking/ Voice of Youth</b>	Peter Torey	Wednesday Week A Lunchtime	Years 7 - 12	916	Rostrum Voice of Youth is a national speaking competition which provides an excellent opportunity for secondary school students to gain experience and confidence in expressing their views and communicating a message. Training and practice will be held at lunchtimes.
<b>Origami Club</b>	Melissa Hughes	Wednesday lunchtime	Years 7 – 12	134	Come along to explore and create all things origami.



## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
Recreational Sport – Year 7	PE Staff	Monday lunchtime	Year 7	Gym	This is an allocated time for students in Year 7 to use the gymnasium during lunch.
Recreational Sport – Year 8	PE Staff	Tuesday lunchtime	Year 8	Gym	This is an allocated time for students in Year 8 to use the gymnasium during lunch.
Recreational Sport – Year 9	PE Staff	Wednesday lunchtime	Year 9	Gym	This is an allocated time for students in Year 9 to use the gymnasium during lunch.
Recreational Sport – Year 10	PE Staff	Thursday lunchtime	Year 10	Gym	This is an allocated time for students in Year 10 to use the gymnasium during lunch.
Recreational Sport – Year VCE	PE Staff	Friday lunchtime	Years 11/12	Gym	This is an allocated time for students in VCE to use the gymnasium during lunch.
StandOUT	Matthew Hapsberg Maddi Baillie	Thursday Lunchtime	Years 7 – 12	420	A student-led group aiming to provide a safe and welcoming environment for LGBTQIA+ people and their allies. We are a group of students who are committed to celebrating LGBTQIA+ identities, promoting issues, and providing education relating to LGBTQIA+ community.

	Facilitator	When	Who	Where	What
Smart not Scattered	Melissa Hughes	Term 2	Year 7	TBC	This group is focused on goal setting and on learning new strategies to manage time and organisation. It's a great chance to meet new people and to get some help getting on top.
STEM Club	Kathryn Boysen	Monday lunchtime	Years 7 - 12	802	Different activities and challenges for those interested in science, technology, engineering and mathematics.
Table Tennis Club	Will Stubbings	Tuesday Lunchtime	Years 7-12	200's Indoor table tennis courts	The table tennis club is an opportunity for students to sharpen their table tennis skills on the indoor courts. Come along to meet new people and enjoy some friendly competition. Students from any year level are welcome to join, but there are limited courts available.
Teaching and Learning Team	Kirsty Leahy	Tuesday lunchtime (B)	Years 7 - 12	156	This team is a student-led team that promotes and acts on student voice and implements projects to improve student learning experiences at school.
Textiles Club	Emma Shelton	Monday (B)	Years 7 - 12	615	Students are welcome to create anything using fabrics and textiles. Working collaboratively or individually.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

Volleyball Training	Facilitator	When	Who	Where	What
<b>Year 7 Boys &amp; Girls Competition</b>	Anthony Young	Thursday 3:15 – 4:20 pm	Year 7	Stadium	All year 7 students welcome.
<b>Years 10-12 Girls</b>	Anthony Young	Wednesday 7:00 – 8:30 am	Years 10 - 12	Stadium	Training for students involved in this volleyball squad.
<b>Years 8 &amp; 9 Boys</b>	Anthony Young	Tuesday 7:00 – 8:30 am	Years 8 – 9	Stadium	Training for students involved in this volleyball squad.
<b>Years 10 - 12 Boys</b>	Anthony Young	Friday 7:00 – 8:30 am	Years 10 -12	Stadium	Training for students involved in this volleyball squad.
<b>Years 8 &amp; 9 Girls</b>	Anthony Young	Thursday 7:00 – 8:30 am	Years 10 -12	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 Girls</b>	Anthony Young	Monday Lunchtime	Year 9	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 Boys</b>	Anthony Young	Tuesday Lunchtime	Year 7	Stadium	Training for students involved in this volleyball squad.
<b>Year 8 Girls</b>	Anthony Young	Wednesday Lunchtime	Year 8	Stadium	Training for students involved in this volleyball squad.
<b>Year 8 Boys</b>	Anthony Young	Thursday Lunchtime	Year 7	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 or 8 Girls</b>	Anthony Young	Friday Lunchtime	Year7 - 8	Stadium	Training for students involved in this volleyball squad.

	Facilitator	When	Who	Where	What
<b>2K Walking Club</b>	Lyn Davies Anna Jenkins Carly Young	Monday, Wednesday, Friday Lunchtime (Terms 1 and 2)	Years 7-12	Meet @ student services	Take a stroll offsite during lunchtime!





## ELTHAM HIGH SCHOOL

### *School Council Elections:*

I take this opportunity to provide you with information about School Councils. School Council elections are imminent. It is important that you all consider the possibility of nominating for a position on council.

Each year a number of positions become vacant and I urge you to consider this opportunity. The following information may help you clarify some of the main roles of School Council and the responsibilities of School Councillors. More detailed information is available from the school on request.

### *What Is A School Council and What Does it Do?*

All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides to its students.

### *Who Is On The School Council?*

There are three possible categories of membership:

- A mandated elected parent category. More than one third of the elected members must be from this category. Department of Education and Training employees can now be parent members at their child's school.
- A mandated elected Department of Education and Training employee category. Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- A mandated elected student category. A Student member category on school council was mandated for Victorian government schools with a year 7 cohort and above. Each school council increased by two positions to allow for two Student members to be elected to council.
- An optional community member category. Its members are co-opted by the decision of the council because of their special skills, interests or experiences. Department of Education and Training employees are not eligible to be community members.

The term of office for members is two years. Normally half the members retire each year and this creates vacancies for the annual school council elections.

### *Why Is Parent Membership So Important?*

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

### ***How Can You Become Involved?***

The most obvious way is to vote in the elections, which will be held in late February. However, ballots are only held if more people nominate as candidates than there are positions vacant.

In view of this, you might seriously consider:

- Standing for election as a member of the Eltham High School Council.
- Encouraging another person to stand for election.

### ***Do I Need Special Experience To Be On A School Council?***

No. What you need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

### ***What Do You Need To Do To Stand For Election?***

A notice of the election and a call for nominations accompanies this document.

If you decide to stand for election, you will need to arrange for someone to nominate you as a candidate in the parent category (use Form 4). Alternatively, you may self-nominate (use Form 3). Once the nomination form is complete, return it to the school within the time stated on the notice of election. (Form 3 and Form 4 are available from the School Website or directly from the General Office).

If there are more nominations received than there are vacancies on council, a ballot will be conducted in the two weeks after the call for nominations has closed.

### ***Remember The Following:***

- Consider standing for election to the Eltham High School Council this year.
- Be sure to vote in the election if it goes to ballot.
- Contact the Principal for further information.

### ***School Council Election Timeline – 2023***

Wednesday	08 February 2023	Call for nominations
Wednesday	15 February 2023	Nominations Close, 4:00 pm
Thursday	16 February 2023	Display list of candidates and nominators
Tuesday	21 February 2023	Distribute Ballot Papers
Monday	28 February 2023	Close Ballot, 4:00 pm
Monday	28 February 2023	Count votes and declare the poll
Wednesday	15 March 2023	First Meeting of New School Council

### ***School Council Annual General Meeting:***

The Annual General Meeting (AGM) of the School Council will take place on 15 March 2023 at 7:00 pm in Rooms 140/142 (enter via the Withers Way entrance). This will be followed by the first meeting of the new School Council starting at 8:00 pm.

All members of the School community are invited to attend the AGM and will be most welcome.

RSVP: To the Executive Assistant (Mrs Kate Scalzo)

Telephone: 9430 5111

e-mail: [sca@elthamhs.vic.edu.au](mailto:sca@elthamhs.vic.edu.au)

Vincent Sicari

Principal



# Notice of election and call for nominations

An election is to be conducted for members of the school council of

## ELTHAM HIGH SCHOOL

Nomination forms may be obtained from the school and must be lodged by 4.00pm on:

15 / 02 / 2023.

The ballot will close at 4.00 pm on:

28 / 02 / 2023.

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership category	Term of office	Number of positions
Parent member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	3
School employee member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	2
Student member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	1 (The election of the Student Representative will be managed by the Student Agency and Growth Leader - Nadia Devlin)

Following the closing of nominations, a list of the nominations received will be posted at the school.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Vincent Sicari  
Principal

## Form 4: nomination form for parent member category

I wish to nominate (name below)
for an elected position as a parent member on the school council.

### Candidate's details

Name

Residential Address

Contact phone (mobile or landline):

Email:

### Nominators details

I am the parent/guardian of (name below)
who is/are currently enrolled at this school.

Statement	Yes (Mark with an x)	No (Mark with an x)
The person I have nominated is:		
an employee of the Department of Education and Training.		
an employee of the school council.		
is engaged in work at and for the school.		

Name of nominator

Signature of nominator

Date:	
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### Candidate to complete

I accept the nomination and I am prepared to serve as a parent member of the above-named school council. I hereby declare that:

- I am not and have not been insolvent under administration within the last three years
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria, be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.

## Form 3: self-nomination form for parent member category

I wish to declare my candidacy for an elected position as a parent member on the school council.

<b>Name:</b>

<b>Residential Address:</b>

<b>Contact phone (mobile or landline):</b>

<b>Email:</b>

<b>I am the parent/guardian of</b>
<b>who is/are currently enrolled at this school.</b>

<b>Statement</b>	<b>Yes (Mark with an X)</b>	<b>No (Mark with an X)</b>
I am an employee of the Department of Education and Training		
I am an employee of the school council		
I am engaged in work at and for the school.		

I am prepared to serve as a parent member of the above-named school council. I hereby declare that:

- I am not and have not been insolvent under administration within the last three years
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

<b>Signature of Candidate</b>

<b>Date:</b>	
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## Eltham HS CATCH UP PHOTO DAY

Thursday 23rd February 2023  
8.30AM - 10.00AM

Majority of students who are asked to attend catch up day were absent on photo day. However, there are other reasons your child may be required to have their photo re-taken.

(Having already had a photo taken on the main day does not mean your child is exempt from this list.)

**IMPORTANT :** It is your child's responsibility to show up at the allocated time and place as they will not be individually called.

**We're here to help.**

9466 7331 | [admin.nem@msp.com.au](mailto:admin.nem@msp.com.au)



## Barista Basics

Sat 25 Feb  
10am-3pm  
Eltham

Learn the basics of coffee making using a commercial coffee machine

[www.livinglearningnillumbik.vic.gov.au/Services/learnLocal](http://www.livinglearningnillumbik.vic.gov.au/Services/learnLocal)







## get your headstart at headspace

headspace Greensborough and headspace Plenty Valley now offer a one at a time model that can assist you with any issues you may be facing, and work through them with you.

headstart sessions are free, youth-friendly and quick to access.

They are run by qualified headspace clinicians and are guided by you.

### Before your session

You will be asked to complete a questionnaire to help identify your main concerns and goals.

On arrival, we will give you a 10-15 minute survey to complete.

### After your session

Following your headstart session, we can organise a follow-up phone call to check in and see how you are going, to discuss what strategies worked for you, and to discuss if you would like further support from headspace.

If you require further support, we can either book you in for an additional headstart session or book you in for an assessment to discuss further support options.

### headstart can be...

- a mental health check-in
- a space to learn coping skills
- a space to brainstorm ideas and solutions
- about setting goals
- about exploring friendships, relationships, anxiety, stress, low mood or motivation, anger and communication.



### Contact headspace Greensborough

- 📍 Level 1, 78 Main Street  
Greensborough VIC 3088
- ☎️ (03) 9433 7200
- ✉️ [headspacegreensborough@mindaustralia.org.au](mailto:headspacegreensborough@mindaustralia.org.au)
- 📘 headspace Greensborough
- 📷 @headspaceGreensborough

### Contact headspace Plenty Valley

- 📍 Shop MM1, Westfield Plenty Valley  
Mill Park VIC 3082
- ☎️ (03) 9938 1940
- ✉️ [headspaceplentyvalley@mindaustralia.org.au](mailto:headspaceplentyvalley@mindaustralia.org.au)
- 📘 headspace Plenty Valley
- 📷 @headspacePlentyValley

## BERRY STREET

# Tuning in to Teens

## Emotionally Intelligent Parenting

*A free six-session interactive online parenting program for parents or carers of adolescents*

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Feedback from previous participants:

- "This program was complete and helpful"
- "I understand my teen's emotions better"
- "Overall our house is calmer and there are less explosive emotions"
- "My teen and I are talking more and arguing less!"
- "I feel happier as a parent"

*Tuning in to Teens* shows you how to help your teen develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more resilient - this means change and stress are easier to deal with
- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success - Emotional intelligence may be a better predictor of academic and career success than IQ!

\*\* To be eligible to participate in this program, you must reside in Banyule, Hillbuck, Darebin, Yarra or Whittlesea.

Where: Online via video call (Zoom)

When: Tuesdays 11am – 1pm, from 21<sup>st</sup> February – 28<sup>th</sup> March (6 consecutive Tuesdays)

Contact: Candice (0417 047 426) or Chantelle (0498 313 569) from Family Services

**ROTARY eltham FESTIVAL**

Saturday 4 and Sunday 5  
March 2023  
Alistair Knox Park

**Celebrating Community – Supporting Local**

Rock Wall, Animal Farm, Main Stage, Fireworks, Buskers Tent, Roving Entertainers, Clean Future Zone, Carnival, Rides, Food, Stalls, Art & Craft

[www.elthamfestival.org.au](http://www.elthamfestival.org.au) Facebook/ElthamFestival

Gold coin donation appreciated at entry

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