



Year 11 Study Days: Thursday 9 February and Friday 10 February

Senior School Meet the Coordinators Webex Session: Tuesday 14 February

Student Free Day: Friday 10 March

## Welcome Back!

**Student Photos: Wednesday 15 February  
(Sibling Orders Must be Preordered Prior to the Day)**

**Swimming Carnival: Friday 24 February**

## PRINCIPAL'S REPORT

### Student Achievement:

#### Whittlesea Art Show

Congratulations to **Hannah Gornalle (Class 2022, Everard House)** for having been awarded the second prize in the Whittlesea Show Art competition. Hannah created a very skilful and aesthetically enticing self-portrait inspired by Van Gogh's self-portraits.

Hannah explored this genre in her final year of VCE Studio Arts and worked with diligence and gusto, at times producing two or three portraits a week. Her research of the paintings of Van Gogh and Soutine resulted in very successful experimentation and excellent final artworks. It is great to see that she continues to excel in self-portraiture, and we look forward to seeing where the art journey takes her. Well done, Hannah!



#### Week 2

Week 2 is progressing well, and it is great to see that everyone has a smile on their face irrespective of the less than desirable weather we have been having.

Our Year 7 students are beginning to identify with their new school and to build some positive relationships with each other and their teachers. The other students are engaging well with their learning and each other.

All our new teachers in the school are settling in well and I have had the pleasure of checking in with them during this week. They are all excited about their new place of work and are impressed with our students.

Our work with our parents has already begun with the running of a Year 7 Parent Forum on Tuesday evening, 7 February. This consisted of a joint presentation delivered online by our Mental Health Practitioner (Anna Jenkins), Arts Therapist (Carly Young) and Junior/Transition School Leader (Melissa Hughes), supported by Assistant Principal (Darren Squires).

The focus of the Forum was to support parents to support our young people during this very crucial period of transition from primary school into secondary school.

The Forum was well received. A big thank you to our staff for making themselves available for this very important evening.

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## SCHOOL CALENDAR 2023

### FEBRUARY

#### Tuesday 07

- 2023 Year 12 Tertiary Day - Swinburne University

#### Thursday 09 - Friday 10

- Year 11 - 2 Day Event

#### Tuesday 14

- Parent Webex: Meet the Coordinators 3:30-4pm

#### Wednesday 15

- School Photos

#### Thursday 16

- Year 11 & 12 - Cricket, Baseball, Softball, Tennis, Volleyball, Basketball and Table Tennis

#### Monday 20

- Year 11 Legal Studies Seminar - 'A Focus on Task Words'

#### Monday 20 - Wednesday 22

- Year 12 Outdoor and Environmental Studies Camp - Wilsons Prom

#### Tuesday 21

- Year 7 Cricket

#### Thursday 23

- School Photos Catch Up

#### Friday 24

- EHS Swimming Carnival at Aquarena, Doncaster

#### Tuesday 28

- Year 7 Meet the Year 7 Team and Headspace Presentation

### MARCH

#### Wednesday 01 - Thursday 02

- Year 11 Outdoor and Environmental Studies Camp - Warburton

#### Thursday 02

- Year 11 Literature Seminar - Hermina Burns Poet

#### Thursday 09

- Working Bee Committee Meeting

#### Sunday 19

- Working Bee

#### Tuesday 14

- EHS Athletics Carnival at Doncaster Athletics Track

### Pride March 2023

Congratulations to all students and staff that represented our school at the Pride March 2023. A number of staff and students were in attendance; the weather was amazing for the march and our students, as always, were well received. Thank you to Matthew Hapsberg and the Standout Team for their organisation of our participation in this event.



### Student Leadership

It was a definite oversight not to acknowledge the great work done by Nadia Devlin (Student Agency and Growth Leader) in the selection of our two school leaders

Alyssa Baker-Greig (Year 12, Andrew House)

Beau Duder (Year 12, Rutter House)

together with the remainder of the student leadership team published in last week's edition of this newsletter.

Nadia's leadership and support of our students to develop a strong sense of agency and voice is phenomenal. Congratulations on a job well done and I wish her well in her work across 2023.

### School Council Elections

I draw your attention to the information in this edition of the Community Newsletter, which outlines the School Council Elections for 2023. Parents/guardians can contribute to the School and their children's education in a range of ways. A place on the Eltham High School Council, the governing body of the School and its community, is one way in which you can be a part of this agenda. I encourage you to give this opportunity due consideration.

### Reminders

I remind parents of the use of the Compass Parent Portal. If you are a new parent and do not have your username and password please contact the relevant sub-school office through the General Office on 9430 5111. The Compass Parent Portal gives parents up to date information about your children's timetable, learning tasks, class work, attendance, reports, upcoming events. It will also allow you to approve your children's attendance on excursions and make payments on line plus a host of other things including access to your children's teachers via e-mail. If you have accessed the Compass Parent Portal before but have forgotten your password please contact the relevant sub-school office through the number indicated above.

The bell times for 2023 are as follows:

08:50	Warning Bell
09:00	Period 1 start
10:10	Period 1 end
10:15	Period 2 start
11:25	Period 2 end
11:50	Warning bell
11:55	Period 3 start
13:05	Period 3 end
13:50	Warning bell
13:55	Period 4 start
15:05	Period 4 end

Students have already been informed through the assembly program of the expectations around prompt arrival and what they need to do if they are late in the morning or to class during the day. For the information of parents, students will not be allowed in class late without a late pass, which, they are required to collect from the Compass Kiosk in the General Office. This will allow ease with the collection of data and will also allow us to communicate with home when a pattern of concern becomes evident.

I ask parents to ensure that students arrive to school on time and get to each class on time. A brief discussion at home around this expectation would be very supportive of the school.

A further reminder that the Mobile Phone Policy requires students to switch off their phone from the sound of the first warning bell for the day and store their phones away securely until they leave the school at the end of the day. Students are not to access their phones at any time throughout the day including breaks. A process for addressing a breach of the policy is in place and all students are well aware of their role in this process.

Parents/carers must not expect to communicate with their children during the day via their mobile phone. Should there be the need to get in touch with your child during the day for an emergency, please contact the general office otherwise please confine any communication for the times when student can access their phones.

### Annual Privacy Reminder

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the DET Schools' Privacy Policy.

Please take time to remind yourself of our school's collection notice, available in the "Policies" section of the school Website [www.elthamhs.vic.edu.au](http://www.elthamhs.vic.edu.au)

### Student Accident Insurance

Parents/guardians are reminded that the Department of Education and Training does not provide personal accident insurance for students. Likewise the school does not have a whole-school policy for personal accident insurance for students. Parents and guardians are responsible for paying the cost of medical treatment for injured students, including transport costs. Reasonably low cost accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance. Parents/guardians may wish to purchase such a policy for individual students.

### Student Exchange Organisations approved by the VRQA and therefore DET

The following is a 2023 update of the Student Exchange organisations approved by the VRQA to provide student exchange programs in Victoria. The list changes each year so it is important that you check the current list rather than relying on old information.

Name of organisation	Website
Association of German Teachers of Victoria	<a href="http://www.agtv.vic.edu.au">www.agtv.vic.edu.au</a>
Australian Institute of International Understanding	<a href="http://www.aiiu.com.au">www.aiiu.com.au</a>
IndoAustay Ltd	<a href="http://www.aiav.org.au">www.aiav.org.au</a>
Rotary Youth Exchange Victoria	<a href="http://www.rvea.org.au">www.rvea.org.au</a>
Scholarships for Australian German Student Exchange	<a href="http://www.saese.org.au">www.saese.org.au</a>
Scouts Australia	<a href="http://www.scouts.com.au">www.scouts.com.au</a>
Southern Cross Cultural Exchange	<a href="http://www.scce.com.au">www.scce.com.au</a>
Student Exchange Australia New Zealand Ltd	<a href="http://www.studentexchange.org.au">www.studentexchange.org.au</a>
Students of the World Ltd	<a href="http://www.studentsoftheworld.com.au">www.studentsoftheworld.com.au</a>
World Education Program Australia Ltd	<a href="http://www.wep.org.au">www.wep.org.au</a>
Youth For Understanding Ltd	<a href="http://www.yfu.com.au">www.yfu.com.au</a>

Each year we are asked about student exchange programs that provide a reciprocal benefit. It is important that if you wish to engage in reciprocal exchange that you utilise the services of one of the organisations on this list. The school will not be able to enrol overseas exchange students coming through organisations not on this list because they would not be approved by the Department of Education and Training. If you need further information, please do not hesitate to call Kate Scalzo on 94305111 or e-mail [sca@elthamhs.vic.edu.au](mailto:sca@elthamhs.vic.edu.au)

**PARENT  
INFORMATION**

**2023**

**Term Dates**

**Term 1:**

Starts 30 January (Year 7, 11 & 12)  
31 January (whole school)

Finishes Thursday 06 April

**Term 2:**

Starts 24 April

Finishes 23 June

**Term 3:**

Starts 10 July

Finishes 15 September

**Term 4:**

Starts 2 October

Finishes 20 December  
(Dependant on Year level)

**School Drop off and Pick up Times**

I remind all parents and guardians and inform new parents and carers to the school that student safety is the primary consideration at all times including both drop off time and pick up times.

Whilst traffic seems to flow smoothly through the circular driveway of the school at the start of the day, there seems to be greater congestion at pick up time in the afternoon.

The circular driveway is to be used purely for drop off and pick up.

There is very little parking available within the school grounds between the following time (8:00 – 10:00 am and 2:00 – 4:00 pm). "No Standing Anytime" signs are located within the school and it is important that parents/guardians adhere to these. Furthermore, double parking is illegal in the street and within the school grounds, it causes further congestion, which in turn impinges on student safety.

We will be enforcing the use of the circular driveway purely for drop off and pick up of students.

As you move into the circular driveway, if your child is not at the front of the school you will need to exit the driveway and re-enter. You may need to do this more than once. Alternatively, it is advisable that you organise with your child another location for pick up.

As always, we will continue to expect everyone to abide by road and safety laws and procedures as they move through the driveway. The same applies at the Ely Street end of the school. Staff parking on the street is now minimal and this means that there is space for drop off and pick up. Please do not park in residents' driveways. No parents are to drive into the school driveway or park in it or across it. This is the only avenue that students have to get to and from the school buses and we must be vigilant for their safety.

Subsequently, it is imperative that everyone behaves in a lawful and safe way out in Withers Way, Susan Street, Bell Street and Ely Street. We have informed the traffic division of the Shire of Nillumbik of the school's strategy and it is possible that the Ranger's office may take action against people who disregard road and safety laws out in the streets. Likewise, the police will patrol the area at these peak times and they will not hesitate to reprimand and fine if necessary.

I trust that you will understand the need for this direction and I ask you for your continued support to ensure the safety of our kids.

A further reminder that there have been changes to the parking areas on the north side of Withers Way across the road from the entry into the school. With the completion of Leisure Centre, redevelopment four parking bays have been converted into a bus-parking zone. This is to support the new entry into the Leisure Centre that has been designated a school entry. From 9:00 am to 3:00 pm, this area is purely a bus-parking zone. Between 8:00 am and 9:00 am, this area is a school drop off zone (5-minutes Stop). Between 3:00 pm and 4:00 pm, this is a school pick up zone (5 minute Stop).

If you do use the drop off and pick up zone on Withers Way can you please direct your children to cross the road at the school crossing both on arrival and on their departure from school. We certainly do not want students crossing the road in front of oncoming cars and placing themselves at risk.

Thank you for your support with this matter.

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**VINCENT SICARI, Principal**

**ASSISTANT PRINCIPAL'S REPORT**

**Sun Smart Policy**

Sun safety is a shared responsibility. Staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 and above (typically from mid-August to the end of April in Victoria). Guidelines supporting our students and staff to help minimise the risk of sun damage and skin cancer are outlined in our Sun Smart policy.

<http://www.elthamhs.vic.edu.au/documents/Information%20and%20Help/Policies/Policy%20-%20Sun%20Smart.pdf>

Information about the daily local sun protection times is available via the free SunSmart app, or at [sunsmart.com.au](http://sunsmart.com.au) or [bom.gov.au](http://bom.gov.au)

**GROUNDS COMMITTEE  
COMMITTEE MEETINGS AND WORKING BEE DATES**

**2023**

**Working Bees**

Sunday 19 March

Sunday 7 May

Sunday 4 June

Sunday 27 August

Sunday 15 October

We are always seeking new members for our Grounds Committee.

If you would like to get involved please contact Anna Panas via email: [pan@elthamhs.vic.edu.au](mailto:pan@elthamhs.vic.edu.au)

## Dress Code

The School's Dress Code policy outlines expectations for students regarding appropriate clothing within a school environment. There are specific aspects of this policy that relate to sun protection outlining that brief clothing is not appropriate for school – this includes singlets, short skirts and shorts, exposed mid-riffs and thongs footwear.

<http://www.elthamhs.vic.edu.au/documents/Information%20and%20Help/Policies/Policy%20-%20Dress%20Code.pdf>

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**LUCY BLACKBURNE, Assistant Principal (Acting)**

## JUNIOR SCHOOL

Week 2 is off and running for our Year 7s with a number of our Transition Program initiatives happening over the next month.

On Tuesday night the Wellbeing and Junior school staff ran an online parent information session on supporting wellbeing during students' transition to secondary school.

Presenters, Anna Jenkins, (Mental Health Practitioner) and Carly Young, (Counsellor and Art Therapist) from our Student Services/ Wellbeing team, joined me to share tips and ideas about some of the challenges facing teens during their transition into high school. We discussed some of the practical steps that parents can take to partner with the School in supporting our young people to feel safe, develop a sense of connectedness with their school community, and to help them to engage with their learning and development.

Topics included:

- Common worries for teens and parents
- Managing social and friendships challenges
- Managing social media and safety online
- Routines, boundaries and independence
- Sleep hygiene
- When and where to seek support

A recording of the session is now available for families via the Compass dashboard.

Next week, our Year 7s will be meeting their Year 10 Peer Mentors and working together to get to know each other and to learn more about how they can use their laptops to support their learning. We will then be heading over to the Eltham Leisure Centre to engage in a range of activities designed to promote healthy, active lives. Students who attend will be issued with a pass to access the Eltham Leisure Centre for the rest of the term. This is a great way to connect with new friends after school.

**SAVE THE DATE:** On **Tuesday 28 February**, our parents and carers are invited for an afternoon tea to meet members of the Year 7 Teaching Team. The session will run from 3:15pm to 4:25pm.

Following on from the afternoon tea, there will be a presentation from Headspace: Supporting young people - Notice, Ask, Connect? that will run from 4:30pm to 6:30pm in the Nalleijerring Performance Centre here at School.

Topics discussed will include:

- \* Understand mental health and wellbeing in young people
- \* Notice changes that might indicate a young person might be going through a tough time
- \* Identify strategies to connect and communicate with young people
- \* Increase knowledge about how to support a young person and where to access professional support

Invitations for these events will be coming out shortly.

Lots happening in Junior School as we get our young people up and running!

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**MELISSA HUGHES, Junior School Team/ Transition Leader**

More information in next week's  
Newsletter

## SENIOR SCHOOL

### 2023 Year 12 Jumpers

Year 12 Jumper Orders are now open.

There is a separate size guide for each style so please check for the style you are ordering as the sizing is different. Sample sizes will be available in the upper 100s at lunchtimes until Friday 10 February. Jumpers will be delivered early in Term Two.

Please order and pay directly through this link:

<https://www.reformclothing.com/au/order/1842100525>

### Orders close Friday 17 February.

If you have any questions please contact Olivia Monro at [mox@elthamhs.vic.edu.au](mailto:mox@elthamhs.vic.edu.au)

Happy ordering!

### 2023 Senior School Update

Senior School will now operate by having Year Level Coordinators who will follow their group as they progress through the Senior School in 2024 and 2025. We have used the House system to divide the students between Coordinators and will now refer to Students in either Form Group R (Rutter), E (Everard), A (Andrew) and S (Stewart).

The Level Coordinators for 2023 are:

Matthew Hapsberg (HAZ) - 10R + 10S

Olivia Monro (MOX) - 10A

Alice McKinnon (MNN) - 10E

Michael McDonald (MMC) - 11A + 11S

Danielle Cotter (COT) - 11R + 11E

Chris Serong (SEN) - 12A + 12R

Michael Doherty (DOH) - 12E + 12S

### Meet the Coordinators – Video Message from the Senior School Team

In coming days a 'meet the Coordinators' video will be shared with all Senior School families via compass. The video will provide important information on how we will be working with your student this year and how you can support this work at home.

### 2023, Term 1 – Key Dates

Year 12 Tertiary Day at Swinburne University	Tuesday 7 February
Year 11 2023 Two Day Event – Payment and Consent due please see Compass February	Thursday 9 & Friday 10
VCAA Special Exam Arrangements applications due	Thursday 6 April
End of Term 1	Thursday 6 April - 2:30pm

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**AMANDA SALIBA, Senior School Team Leader**

## MUSIC

### Year 7 Instrumental Music Evening - Wednesday 15 February 2023

The Eltham High School's Instrumental Music Program provides expert instruction in a wide variety of instruments, as well as outstanding opportunities for skill development in an extensive ensemble program. The Instrumental Program caters for all woodwind, brass, percussion and string instruments.

The Year 7 Instrumental Music Evening will take place on Wednesday, 15 February 2023. The evening will start at 7:00pm in the Nalleijeering Performance Centre at Eltham High School.

We will start with a performance from our Symphonic Band and Chamber Strings, followed by a hands-on opportunity for students to try the instruments they are interested in. Our Instrumental Music Staff will assist, observe and assess students during this session. Our staff will ensure that all instruments are cleaned and sanitized for each trial.

An outline of the Music Program will be presented, including information on purchasing instruments, fees and lesson structure. Staff will also be available to answer any questions you might have about your child's involvement in our Instrumental Music Program.

If your child is interested in joining our Music Program please attend the night. If your child did not sit the Timbre Test last week that does not matter; if you are interested please come along.

If you have any questions about the Instrumental Music process, please contact the Music Office on 9430 5127 or via email at [nio@elthamhs.vic.edu.au](mailto:nio@elthamhs.vic.edu.au)

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**RICK KEENAN, Director of Music**

## STUDENT AGENCY AND GROWTH

### School Values - Integrity

This week, we are highlighting the value of 'Integrity' by sharing with you Maisie Walsh's (Year 12, Andrew House) speech from the commencement of the year.

Hi, my name is Maisie Walsh and I am one of the Andrew House Leaders for 2023 and I am here to talk about one of the Eltham high values which is integrity. According to the oxford dictionary, integrity is the quality of being honest and having strong moral principles. In the context of school, acting with integrity is showing respect for your teachers and fellow students and being reliable and dependable when it comes to your homework or showing up on time. Acting with integrity also means showing good judgement and being accountable for your own actions but also holding other people accountable for their actions too. Integrity is one of the most important values that defines you as a person, if you act with integrity, people know that they can rely on you to do your best. People that demonstrate integrity are naturally going to influence others to act in similar ways to them. If you want to be the best you can be this year, come to every class with integrity and demonstrate good judgement, flexibility, respect, and gratitude. Thank you.

### School Council – Student Representative

We are looking for a Year 10 student to join School Council as a Student Representative.

Student Representatives on School Council have the unique and exciting opportunity to have a say in the future direction of the school, and offer a unique student insight into decision-making processes. It's an excellent opportunity for students to build skills in leadership and communication as well.

You can find out more about the role of the School Council Student Representative in the factsheet on Compass. Alternatively, speak to Mrs Devlin or our current Student Representatives, Tom Westerman and Ava Grzechnik.

Any Year 10 students interested in this position should email Mrs Devlin (DEV) by Friday, February 17.

### School Clubs and Activities

On Tuesday 7 February we launched our clubs and activities program for 2023. Students from all year levels were invited to come along at lunchtime to a sign-up session, where they were able to see the wide range of clubs and activities available, chat to teachers and students, and register their interest in joining. There are over 25 clubs available to students from Years 7-12 this year, and we are excited to see what each club achieves throughout the year.

We encourage all students to check the clubs and activities program, either by visiting the Upper 100s timetable, checking out the program online by visiting [tinyurl.com/ehsclubs2023](http://tinyurl.com/ehsclubs2023), or by looking through the schedule attached to this newsletter.

Thank you to all our staff and students who support our clubs and activities program throughout the year – how lucky we are to have so much on offer for our young people to engage and connect with!



## 2023 Clubs & Activities List

Anthology	French Homework Club	Recreational Sport – Year 7
Art Space	Harmony Team	Recreational Sport – Year 8
Art Club – Year 7	Indonesian Homework Club	Recreational Sport – Year 9
Art – VCE	Lego Club	Recreational Sport – Year 10
Art Making - VCE	Mountain Bike Club	Recreational Sport – VCE
Art Therapy Club	Music – Stage Band	StandOUT
Book Club	Music – Chamber Strings	Smart not Scattered
Breakfast Club	Music – Training Band	STEAM Club
Chess Club	Music – Training Strings	Teaching and Learning Team
Choir	Music – Concert Band	Textiles Club
Conversations That Matter	Music – Wind Ensemble	Volleyball Training
Drama Ensemble – Junior	Music – Big Band	2K Walking Club
Drama Ensemble – Senior	Music – Symphonic Band	
Dungeons and Dragons	Music – Jazz Band	
EHS Swim Squad	Music – String Orchestra	
Enviro Team	Public Speaking/Voice of Youth	
French Conversations	Origami Club	



Further information on the clubs and activities is included at the end of this Newsletter.

### 2023 Student Voice and Leadership Team

#### Nillumbik Youth Council – applications now open!

Are you passionate about your community and wanting to represent the views, ideas and needs of young people in Nillumbik? Nillumbik Youth Council applications are now open.

The Nillumbik Youth Council will:

- Develop local initiatives and projects for young people
- Act as a peak advisory group to Council, advocating for opportunities, barriers and issues impacting on young people in Nillumbik
- Provide advice to Council about how these issues can be addressed

All applications are welcomed.

Young people who are Aboriginal and / or Torres Strait Islander, other First Nations, living in rural Nillumbik, LGBTIQA+, gender diverse, people with a disability, chronic illness and/or mental illness, carers, people experiencing or have experience financial insecurity and culturally and linguistically diverse young people are encouraged to apply. If you have any specific requirements to participate, please contact us directly.

A dedicated position within the Committee will be reserved for a First Nations young person.

Youth Council members must be aged 15-25 years of age and live, work, study, volunteer or play in Nillumbik and be available from 4-6pm on the first Monday of every month to meet in person at Council Offices in Greensborough.

For more information and to apply visit [nillumbikyouth.vic.gov.au/youth-council](http://nillumbikyouth.vic.gov.au/youth-council)

Applications close Sunday 12 February 2023.

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**NADIA DEVLIN, Student Agency and Growth Leader**



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## SWIM SQUAD

The Eltham High School Swim Squad runs on Thursday mornings from 7.00 am to 8.00am before school at the Eltham Leisure Centre. It's a great way to keep fit, have fun, learn some new skills and make great friends. It also prepares students for the upcoming Swimming Carnival. Students from all year levels and ability levels are invited to sign up for 2023 and become a Swim Squad member.

Each week we work on developing confidence, fitness and stroke with the emphasis on having fun and becoming part of a positive team of students who support each other both in the pool and around the school environment.

After squad, students meet back in the Staffroom at School to share hot chocolate and a chat before classes commence for the day. The Squad is instructed by our accomplished Coach, Neroli Nixon, who has taken the squad now for over 20 years!

The cost is \$380 for the year or \$190 per Semester (payable to the School Cashier in the General Office) which covers lane hire and coaching. Eltham Leisure Centre Members get free entry into the pool, others will need to pay \$3.60 to enter. New Squad Members are most welcome! Please meet on the pool deck at the Eltham Leisure Centre by 7.00am each Thursday. Swim Squad will **commence on Thursday 9 February 2023.**

What to bring: Bathers, Towel, Goggles, Clothes for school, Food for breakfast.

The EHS Swim Squad is a self-funded, 'user pays' activity and payment is required to become a member. Fees cover both the cost of coaching and pool fees, as well as hot chocolate each week and the annual end of year breakfast held after the Lap-a-Thon fundraising event in term 4 (an event we run to raise money and awareness for a charity the group decides upon each year). For further information contact Phil Boyd at [bod@elthamhs.vic.edu.au](mailto:bod@elthamhs.vic.edu.au)

**PHIL BOYD, Swim Squad Coordinator**

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## AFTER SCHOOL DRAMA PROGRAM

The Eltham High School Drama Program will again run two ensembles in 2023:

**Junior Drama Ensemble (years 7-8)**

Wednesday afternoons from 3.20pm - 5:00pm: commencing on Wednesday 15 February.

**Senior Drama Ensemble (Years 9-12)**

Thursday afternoons from 3:20pm - 5:00pm: commencing on Thursday 16 February.

A two week free trial applies.

**RYAN PATTERSON, Drama Program Coordinatorr**

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## ART



Congratulation to **Hannah Gornalle (Class of 2022)**, who won the second prize in the Whittlesea Show Art competition. Hannah created a very skilful and aesthetically enticing self-portrait inspired by Van Gogh's self-portraits. Hannah explored this genre in her final year of VCE Studio Arts and worked with diligence and gusto, at times producing two or three portraits a week. Her research of the paintings of Van Gogh and Soutine resulted in very successful experimentation and excellent final artworks. It is great to see that she continues to excel in self-portraiture and we look forward to seeing where the art journey takes her. Well done, Hannah!

**UTE LEINER, Art Teacher**

## WORKING BEE

### 2023 Working Bees

The Working Bee dates for 2023 have now been set, with the first being **19 March**. The Committee meets on the Thursday 10 days prior to the working bee to plan activities, and as always we would welcome new members. We are kicking off the new year with the preparation of a whole of school strategy for garden bed rejuvenation and planting, so that each working bee there will be clear link to activities and the grounds strategy.

Grounds Committee Meetings and Working Bee Dates for 2023:

Committee Meeting Date	Working Bee Date
Thursday 9 March	Sunday 19 March
Wednesday 26 April* (27 April - Information night)	Sunday 7 May
Thursday 25 May	Sunday 4 June
Thursday 17 August	Sunday 27 August
Thursday 14 September	Sunday 15 October
Thursday 23 November (RESERVE DATE)	Sunday 3 December (RESERVE DATE)

If you would like to get involved by joining the Grounds Committee or attending the upcoming working bee can you please complete the Google form by accessing the link below:

<https://forms.office.com/r/1dnjyrcaF5>

or contact Anna Panas via email [pan@elthamhs.vic.edu.au](mailto:pan@elthamhs.vic.edu.au)

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**ANNA PANAS, On behalf of the EHS Grounds Committee**

## STUDENT SUPPORT

Berry Street Family Services is offering Tuning in to Teens (parenting program) once more in Term 1. It will run on Tuesdays from 11am – 1pm for 6 consecutive weeks, beginning on **12 February and finishing on 28 March**. We are delivering the group online, via Zoom. The group is facilitated by 2 Family Services Case Managers, and we will cap the group at approximately 8 participants.

For those of you that may be unfamiliar with the group program, here are some key features and benefits:

- Interactive evidence-based parenting program developed by child and adolescent psychologists from the University of Melbourne.
- Sessions are built around group discussion, activities and some roleplays where caregivers reflect on their parenting and practice the strategy of Emotion Coaching, sharing their experiences with the group.
- Supports caregivers to better attune to their teen's emotions and support them with these through Emotion Coaching.
- Supports caregivers to teach their teens how to better manage their emotions.
- Can reduce isolation for caregivers through peer support.
- Helps to prevent or reduce behaviour problems in teens through a more connected relationship with the caregiver.
- Helps promote resilience in teens.

Please find the flyer attached laer in this Newsletter.

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**ANNA JENKINS, Student Services**

## LIBRARY

Welcome back to returning families and a special warm welcome to the new families whose children are commencing at Eltham High School. The EHS Library supports and reinforces the educational goals of the school and students. We are open for students between the hours of 8.15am and 3.45pm every day. The Library Team assists students in the location of resources that are appropriate for the needs of the individual student. The enjoyment of reading and exposure to different types of literature is encouraged. There is a wide range of reading material available that caters for different interests and reading levels e.g. fiction, nonfiction, quick reads, audio books, graphic novels, etc.

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**RHONDA MALONE, Library Coordinator**

# CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

## 2023 Clubs & Activities Schedule

A = A week only/B = B Week only

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	All
M	<a href="#">Training Band</a> <a href="#">Recreational Sport</a> <a href="#">Book Club</a>						<a href="#">Stage Band</a> <a href="#">String Orchestra</a> <a href="#">Indonesian HW</a> <a href="#">STEM Club</a> <a href="#">2K Walking Club</a> <a href="#">Textiles (B)</a> <a href="#">Art Space</a> <a href="#">French Conversations</a>
T	<a href="#">Training Strings</a> <a href="#">Volleyball – Boys</a> <a href="#">Volleyball – Girls</a> <a href="#">Art Club</a>	<a href="#">Recreational Sport</a> <a href="#">Volleyball - Boys</a>	<a href="#">Volleyball - Boys</a>		<a href="#">VCE Art Space</a>	<a href="#">VCE Art Space</a>	<a href="#">Breakfast Club</a> <a href="#">Chamber Strings</a> <a href="#">Concert Band</a> <a href="#">Anthology</a> <a href="#">Dungeons and Dragons</a> <a href="#">Enviro Team</a> <a href="#">TLT (B)</a> <a href="#">Table Tennis Club</a> <a href="#">French Homework</a>
w	<a href="#">Drama</a>	<a href="#">Drama</a> <a href="#">Volleyball – Girls</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a>	<a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball – Girls</a>	<a href="#">Breakfast Club</a> <a href="#">Public Speaking (A)</a> <a href="#">Harmony</a> <a href="#">Origami</a> <a href="#">2K Walking Club</a> <a href="#">Lego Club</a>
T	<a href="#">Wind Ensemble</a> <a href="#">Volleyball Comp.</a>	<a href="#">Wind Ensemble</a> <a href="#">Volleyball – Girls</a> <a href="#">Volleyball Comp.</a> <a href="#">Volleyball - Boys</a>	<a href="#">Wind Ensemble</a> <a href="#">Drama</a> <a href="#">Volleyball – Girls</a>	<a href="#">Recreational Sport</a> <a href="#">Drama</a>	<a href="#">Art Making – VCE</a> <a href="#">Drama</a> <a href="#">Conversations that Matter (A)</a>	<a href="#">Art Making – VCE</a> <a href="#">Drama</a> <a href="#">Conversations that Matter (A)</a>	<a href="#">Breakfast Club</a> <a href="#">EHS Swim Squad</a> <a href="#">Big Band</a> <a href="#">Jazz Band</a> <a href="#">StandOUT</a> <a href="#">Chess Club</a>
F	<a href="#">Volleyball – Girls</a>	<a href="#">Volleyball – Girls</a>	<a href="#">Symphonic Band</a>	<a href="#">Symphonic Band</a> <a href="#">Volleyball - Boys</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball - Boys</a>	<a href="#">Recreational Sport</a> <a href="#">Symphonic Band</a> <a href="#">Art Making – VCE</a> <a href="#">Volleyball - Boys</a>	<a href="#">Choir</a> <a href="#">2K Walking Club</a>

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Anthology</b>	Ray Kumar Julie Wilk	Tuesday lunchtime	Years 7-12	301	Reading, editing and selecting student work to be published in the annual anthology.
<b>Art Space</b>	Lisa Foote	Monday lunchtime	Years 7 - 12	613	Art Space 7-11 is an informal group that meets once a week to draw, paint and create. Join like minded students to access materials and work on your own projects.
<b>Art Club – Year 7</b>	Lisa Foote	Thursday lunchtime	Year 7	613	Year 7 Art Club is a place for students to connect and be creative. You don't need to be good at Art just enjoy being creative. This club will be run by our Visual Arts Leaders who will offer activities for students to work on.
<b>Art Space - VCE</b>	Lisa Foote	Tuesday lunchtime	Years 11 and 12	613	VCE Art Space provides time for visual art students to work on their folios, access materials and gain support with their work and ideas.
<b>Art Making - VCE</b>	Ute Leiner	Wed-Friday Lunchtime	Years 11 and 12	608	Art-making and reflecting for VCE Art making and Exhibiting Students.
<b>Art Therapy Club</b>	Carly Young	TERM 3 Tuesday lunchtime	Years 7 - 12	Wellbeing Area	An opportunity for students to participate in creative art therapy activities.

	Facilitator	When	Who	Where	What
<b>Book Club</b>	Melissa Hughes	Friday lunchtime	Year 7	134	A space for avid readers and book lovers to come along and talk about...books!
<b>Breakfast Club</b>	Lyn Davis	8:10 – 8:45am Tues - Thurs	Years 7 - 12	413	Free breakfast available to students during this time.
<b>Chess Club</b>	Ross McKinnon & Henry Mckay (Year 11)	Thursday lunchtime	Years 7 – 9	916	Chess enthusiasts, come along and play. There will also be an opportunity to participate in interschool competitions.
<b>Choir</b>	Lynlee Williams Scarlett Gill (Year 12), Nina Boesenberg (Year 11), Ava Andrews (Year 11), Joshua Wike-Gysen (Year 11), Christiaan Brown-Nafatali (Year 11), Jessica Nichols (Year 10), Naomi Dique (Year 9), Isla Marshall (Year 9)	Friday Lunchtime	Years 7 -12	904	Choir is run by our Choir Director, Lynlee Williams. The Choir rehearse once a week during lunchtime on Fridays. Our Choir is very active and participate in a number of Eisteddfods, concerts and workshops throughout the year. There is a small annual levy charged. All students welcome!
<b>Conversations that Matter</b>	Rashad Seedeem	Thursday lunchtime (A)	VCE students	405	Political discussion group that looks to critically analyse issues and consider possible solutions on a local, national and global level.
<b>Drama Ensemble - Junior</b>	Tim Monigatti	Wednesday after school	Years 7 & 8	111	In Junior Drama, students have the opportunity to develop and refine their performance skills through a range of improvisations games, theatre sports and play making techniques. Students who join will also be able to participate in the school productions.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Drama Ensemble - Senior</b>	Ryan Patterson	Thursday after school	Years 9 - 12	111	In Senior Drama, students have the opportunity to develop and refine their performance skills through a range of improvisations games, theatre sports and play making techniques. Students who join will also be able to participate in the school productions.
<b>Dungeons and Dragons</b>	Michael McDonald Maddi Baillie	Tuesday lunchtime	Years 7 -12	704	Role playing in the famous, immersive Dungeons and Dragons game – beginners welcome.
<b>EHS Swim Squad</b>	Phil Boyd	Thursday 7 – 8am	Years 7 -12	Eltham Leisure Centre	In Swim Squad, students receive expert coaching in technique whilst at the same time having fun and building their fitness.
<b>Enviro Team</b>	Lauren McNally	Tuesday lunchtime	Years 7 -12	140	Join the Enviro Club and help us to make real and lasting changes that have a positive environmental impact in and around our school. Projects include the development and maintenance of a kitchen garden, working bees and recycling programs.

	Facilitator	When	Who	Where	What
<b>French Conversations</b>	Catherine Considine	Monday lunchtime	Years 7 - 12	612	French students of all year levels are invited to attend weekly French conversation club. This club is designed to provide keen Francophones with an inclusive, supported space in which to practise their French oral skills. Discussion topics will be tailored to suit attendees' interests and linguistic needs. The club will be run by senior French students and will have the support of a French teacher.
<b>French Homework Club</b>	Catherine Considine	Tuesday lunch time	Years 7 - 12	612	French students of all year levels are provided with a lunch time session where they will be supported with their homework/ongoing study. The aim of this club is the ensure that students stay up to date with and in control of their learning.
<b>Harmony Team</b>	Olivia Monro	Wednesday lunchtime	Years 7 -12	321	Harmony Team aims to promote diversity and inclusion within the school and broader community by raising awareness for social and ethical issues.
<b>Indonesian HW Club</b>	Matthew Atherton & Tika Sartika	Monday Lunchtime	Years 7 - 12	610	Indonesian students of all year levels are provided with a once weekly lunch time session where they will be supported with their homework/ongoing study. The aim of this club is the ensure that students stay up to date with and in control of their learning. Students will also be provided with additional practice for the annual VILTA speaking competition during homework club time.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Lego Club</b>	Kayla Bertoncini	Wednesday lunchtime	Years 7 – 12	700	A space for students to come along and explore with lego.
<b>Mountain Bike Club</b>	To be confirmed.				
<b>Music – Stage Band</b>	Rick Keenan	Monday 3:30 – 5:30 pm	Years 7 -12	306	Weekly rehearsal time for students involved with Stage Band.
<b>Music – Chamber Strings</b>	Rick Keenan	Tuesday 3:30 – 5:00 pm	Years 7 -12	700	Weekly rehearsal time for students involved with Chamber Strings.
<b>Music – Training Band</b>	Rick Keenan	Monday 3:30 – 4:45 pm	Year 7	111	Weekly rehearsal time for students involved with Training Band.
<b>Music – Training Strings</b>	Rick Keenan	Tuesday 7:30 – 8:45 am	Year 7	306	Weekly rehearsal time for students involved with Training Strings.
<b>Music – Concert Band</b>	Rick Keenan	Tuesday 3:30 – 5:30 pm	Years 7 -12	306	Weekly rehearsal time for students involved with Concert Band.
<b>Music – Wind Ensemble</b>	Rick Keenan	Thursday 3:30 – 4:45 pm	Years 7 – 9	306	Weekly rehearsal time for students involved with Wind Ensemble.
<b>Music – Big Band</b>	Rick Keenan	Thursday Lunchtime	Years 7 - 12	306	Weekly rehearsal time for students involved with Big Band.

	Facilitator	When	Who	Where	What
<b>Music – Symphonic Band</b>	Rick Keenan	Wednesday 3:30 – 5:30 pm Friday 3:30 – 4:45 pm	Years 9 - 12	306	Weekly rehearsal times for students involved with Symphonic Band.
<b>Music – Jazz Band</b>	Rick Keenan	Thursday 3:30 – 5:30 pm	Years 7 - 12	306	Weekly rehearsal time for students involved with Jazz Band.
<b>Music – String Orchestra</b>	Rick Keenan	Monday 7:30 – 8:45 am	Years 7 – 12	306	Weekly rehearsal time for students involved with String Orchestra.
<b>Public Speaking/ Voice of Youth</b>	Peter Torey	Wednesday Week A Lunchtime	Years 7 - 12	916	Rostrum Voice of Youth is a national speaking competition which provides an excellent opportunity for secondary school students to gain experience and confidence in expressing their views and communicating a message. Training and practice will be held at lunchtimes.
<b>Origami Club</b>	Melissa Hughes	Wednesday lunchtime	Years 7 – 12	134	Come along to explore and create all things origami.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

	Facilitator	When	Who	Where	What
<b>Recreational Sport – Year 7</b>	PE Staff	Monday lunchtime	Year 7	Gym	This is an allocated time for students in Year 7 to use the gymnasium during lunch.
<b>Recreational Sport – Year 8</b>	PE Staff	Tuesday lunchtime	Year 8	Gym	This is an allocated time for students in Year 8 to use the gymnasium during lunch.
<b>Recreational Sport – Year 9</b>	PE Staff	Wednesday lunchtime	Year 9	Gym	This is an allocated time for students in Year 9 to use the gymnasium during lunch.
<b>Recreational Sport – Year 10</b>	PE Staff	Thursday lunchtime	Year 10	Gym	This is an allocated time for students in Year 10 to use the gymnasium during lunch.
<b>Recreational Sport – Year VCE</b>	PE Staff	Friday lunchtime	Years 11/12	Gym	This is an allocated time for students in VCE to use the gymnasium during lunch.
<b>StandOUT</b>	Matthew Hapsberg Maddi Baillie	Thursday Lunchtime	Years 7 – 12	420	A student-led group aiming to provide a safe and welcoming environment for LGBTQIA+ people and their allies. We are a group of students who are committed to celebrating LGBTQIA+ identities, promoting issues, and providing education relating to LGBTQIA+ community.

	Facilitator	When	Who	Where	What
<b>Smart not Scattered</b>	Melissa Hughes	Term 2	Year 7	TBC	This group is focused on goal setting and on learning new strategies to manage time and organisation. It's a great chance to meet new people and to get some help getting on top.
<b>STEM Club</b>	Kathryn Boysen	Monday lunchtime	Years 7 - 12	802	Different activities and challenges for those interested in science, technology, engineering and mathematics.
<b>Table Tennis Club</b>	Will Stubbings	Tuesday Lunchtime	Years 7-12	200's Indoor table tennis courts	The table tennis club is an opportunity for students to sharpen their table tennis skills on the indoor courts. Come along to meet new people and enjoy some friendly competition. Students from any year level are welcome to join, but there are limited courts available.
<b>Teaching and Learning Team</b>	Kirsty Leahy	Tuesday lunchtime (B)	Years 7 - 12	156	This team is a student-led team that promotes and acts on student voice and implements projects to improve student learning experiences at school.
<b>Textiles Club</b>	Emma Shelton	Monday (B)	Years 7 - 12	615	Students are welcome to create anything using fabrics and textiles. Working collaboratively or individually.

## CLUBS AND ACTIVITIES AT ELTHAM HIGH SCHOOL

<b>Volleyball Training</b>	<b>Facilitator</b>	<b>When</b>	<b>Who</b>	<b>Where</b>	<b>What</b>
<b>Year 7 Boys &amp; Girls Competition</b>	Anthony Young	Thursday 3:15 – 4:20 pm	Year 7	Stadium	All year 7 students welcome.
<b>Years 10-12 Girls</b>	Anthony Young	Wednesday 7:00 – 8:30 am	Years 10 - 12	Stadium	Training for students involved in this volleyball squad.
<b>Years 8 &amp; 9 Boys</b>	Anthony Young	Tuesday 7:00 – 8:30 am	Years 8 – 9	Stadium	Training for students involved in this volleyball squad.
<b>Years 10 - 12 Boys</b>	Anthony Young	Friday 7:00 – 8:30 am	Years 10 -12	Stadium	Training for students involved in this volleyball squad.
<b>Years 8 &amp; 9 Girls</b>	Anthony Young	Thursday 7:00 – 8:30 am	Years 10 -12	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 Girls</b>	Anthony Young	Monday Lunchtime	Year 9	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 Boys</b>	Anthony Young	Tuesday Lunchtime	Year 7	Stadium	Training for students involved in this volleyball squad.
<b>Year 8 Girls</b>	Anthony Young	Wednesday Lunchtime	Year 8	Stadium	Training for students involved in this volleyball squad.
<b>Year 8 Boys</b>	Anthony Young	Thursday Lunchtime	Year 7	Stadium	Training for students involved in this volleyball squad.
<b>Year 7 or 8 Girls</b>	Anthony Young	Friday Lunchtime	Year7 - 8	Stadium	Training for students involved in this volleyball squad.

	<b>Facilitator</b>	<b>When</b>	<b>Who</b>	<b>Where</b>	<b>What</b>
<b>2K Walking Club</b>	Lyn Davies Anna Jenkins Carly Young	Monday, Wednesday, Friday Lunchtime (Terms 1 and 2)	Years 7-12	Meet @ student services	Take a stroll offsite during lunchtime!



# ELTHAM HIGH SCHOOL PHOTO DAY



## WEDNESDAY 15TH FEBRUARY 2023

Orders can now be made through your Compass Portal via your email link or under the **COMMUNITY** tab

**PLACE YOUR ORDER NOW TO ENSURE OUR BEST PRICES!**



### FAMILY PHOTOS

Family/Sibling photos are available for students attending school. Orders must be placed by **11:59PM** the day before photo day.

### GROUP STYLE



**We're here to help.**

9466 7331 | [admin.nem@msp.com.au](mailto:admin.nem@msp.com.au)



# Junior Drama

An inclusive after-school program that involves students in Year 7 & 8. You will develop your dramatic potential through games, devising and interpreting play scripts.

Each semester includes a presentation.



*fun*

There is a cost of \$ 180 per semester for this program

*play*



Wednesdays 3.20 - 5  
In the Drama Room 111

# SENIOR DRAMA

An inclusive after-school program that involves students in Year 9 - 12. You will develop skills related to performance and theatre-making. Each semester involves a performance.



There is a cost of \$ 180 per semester for this program

Thursdays 3.20 - 5  
In the Drama Room 111



## ELTHAM HIGH SCHOOL

### ***School Council Elections:***

I take this opportunity to provide you with information about School Councils. School Council elections are imminent. It is important that you all consider the possibility of nominating for a position on council.

Each year a number of positions become vacant and I urge you to consider this opportunity. The following information may help you clarify some of the main roles of School Council and the responsibilities of School Councillors. More detailed information is available from the school on request.

### ***What Is A School Council and What Does It Do?***

All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides to its students.

### ***Who Is On The School Council?***

There are three possible categories of membership:

- A mandated elected parent category. More than one third of the elected members must be from this category. Department of Education and Training employees can now be parent members at their child's school.
- A mandated elected Department of Education and Training employee category. Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- A mandated elected student category. A Student member category on school council was mandated for Victorian government schools with a year 7 cohort and above. Each school council increased by two positions to allow for two Student members to be elected to council.
- An optional community member category. Its members are co-opted by the decision of the council because of their special skills, interests or experiences. Department of Education and Training employees are not eligible to be community members.

The term of office for members is two years. Normally half the members retire each year and this creates vacancies for the annual school council elections.

### ***Why Is Parent Membership So Important?***

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school.

Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

### **How Can You Become Involved?**

The most obvious way is to vote in the elections, which will be held in late February. However, ballots are only held if more people nominate as candidates than there are positions vacant.

In view of this, you might seriously consider:

- Standing for election as a member of the Eltham High School Council.
- Encouraging another person to stand for election.

### **Do I Need Special Experience To Be On A School Council?**

No. What you need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

### **What Do You Need To Do To Stand For Election?**

A notice of the election and a call for nominations accompanies this document.

If you decide to stand for election, you will need to arrange for someone to nominate you as a candidate in the parent category (use Form 4). Alternatively, you may self-nominate (use Form 3). Once the nomination form is complete, return it to the school within the time stated on the notice of election. (Form 3 and Form 4 are available from the School Website or directly from the General Office).

If there are more nominations received than there are vacancies on council, a ballot will be conducted in the two weeks after the call for nominations has closed.

### **Remember The Following:**

- Consider standing for election to the Eltham High School Council this year.
- Be sure to vote in the election if it goes to ballot.
- Contact the Principal for further information.

### **School Council Election Timeline – 2023**

Wednesday	08 February 2023	Call for nominations
Wednesday	15 February 2023	Nominations Close, 4:00 pm
Thursday	16 February 2023	Display list of candidates and nominators
Tuesday	21 February 2023	Distribute Ballot Papers
Monday	28 February 2023	Close Ballot, 4:00 pm
Monday	28 February 2023	Count votes and declare the poll
Wednesday	15 March 2023	First Meeting of New School Council

### **School Council Annual General Meeting:**

The Annual General Meeting (AGM) of the School Council will take place on 15 March 2023 at 7:00 pm in Rooms 140/142 (enter via the Withers Way entrance). This will be followed by the first meeting of the new School Council starting at 8:00 pm.

All members of the School community are invited to attend the AGM and will be most welcome.

RSVP: To the Executive Assistant (Mrs Kate Scalzo)

Telephone: 9430 5111

e-mail: [sca@elthamhs.vic.edu.au](mailto:sca@elthamhs.vic.edu.au)

Vincent Sicari  
Principal



# Notice of election and call for nominations

An election is to be conducted for members of the school council of

## ELTHAM HIGH SCHOOL

Nomination forms may be obtained from the school and must be lodged by 4.00pm on:

15 / 02 / 2023.

The ballot will close at 4.00 pm on:

28 / 02 / 2023.

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

Membership category	Term of office	Number of positions
Parent member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	3
School employee member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	2
Student member	From the day after the date of the declaration of the poll in 2023 to and inclusive of the date of the declaration of the poll in 2025	1  (The election of the Student Representative will be managed by the Student Agency and Growth Leader - Nadia Devlin)

Following the closing of nominations, a list of the nominations received will be posted at the school.

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Vincent Sicari  
Principal

## Form 4: nomination form for parent member category

I wish to nominate ( <i>name below</i> )
for an elected position as a parent member on the school council.

### Candidate's details

Name

Residential Address:

Contact phone ( <i>mobile or landline</i> ):

Email:

### Nominators details

I am the parent/guardian of ( <i>name below</i> )
who is/are currently enrolled at this school.

Statement	Yes (Mark with an x)	No (Mark with an x)
The person I have nominated is:		
an employee of the Department of Education and Training.		
an employee of the school council.		
is engaged in work at and for the school.		

Name of nominator

Signature of nominator

Date:	
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### Candidate to complete

I accept the nomination and I am prepared to serve as a parent member of the above-named school council. I hereby declare that:

- I am not and have not been insolvent under administration within the last three years
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.

## Form 3: self-nomination form for parent member category

I wish to declare my candidacy for an elected position as a parent member on the school council.

<b>Name</b>

<b>Residential Address:</b>

<b>Contact phone (mobile or landline):</b>

<b>Email:</b>

<b>I am the parent/guardian of</b>
<b>who is/are currently enrolled at this school.</b>

<b>Statement</b>	<b>Yes</b> <i>(Mark with an x)</i>	<b>No</b> <i>(Mark with an x)</i>
I am an employee of the Department of Education and Training		
I am an employee of the school council		
I am engaged in work at and for the school.		

I am prepared to serve as a parent member of the above-named school council. I hereby declare that:

- I am not and have not been insolvent under administration within the last three years
- I am of sound mind
- I have not been found guilty of an offence that is, or would if committed in Victoria be, an indictable offence
- I am not a registrable offender within the meaning of the *Sex Offenders Registration Act 2004*.
- I am not suffering from any medical condition that would affect my ability to perform the role of member of a school council.

<b>Signature of Candidate</b>

<b>Date:</b>	
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## Tuning in to Teens

### Emotionally Intelligent Parenting

*A free six-session interactive online parenting program for parents or carers of adolescents*

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Feedback from previous participants:

- “This program was complete and helpful”
- “I understand my teen’s emotions better”
- “Overall our house is calmer and there are less explosive emotions”
- “My teen and I are talking more and arguing less!”
- “I feel happier as a parent”

*Tuning in to Teens* shows you how to help your teen develop *emotional intelligence*. Adolescents with higher emotional intelligence:

- are more resilient - this means change and stress are easier to deal with
- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success - Emotional intelligence may be a better predictor of academic and career success than IQ!

**\*\* To be eligible to participate in this program, you must reside in Banyule, Nillumbik, Darebin, Yarra or Whittlesea.**

**Where:** Online via video call (Zoom)

**When:** Tuesdays 11am – 1pm, from 21<sup>st</sup> February – 28<sup>th</sup> March (6 consecutive Tuesdays)

**Contact:** Candice (0417 047 426) or Chantelle (0498 313 569) from Family Services

# Barista Basics

Sat 25 Feb  
10am-3pm  
Eltham

Learn the basics of coffee  
making using a  
commercial coffee  
machine

[www.livinglearningnillumbik.vic.gov.au/Services/learnLocal](http://www.livinglearningnillumbik.vic.gov.au/Services/learnLocal)



# ROTARY eltham FESTIVAL



Gold coin donation  
appreciated at entry

Saturday 4 and Sunday 5  
March 2023

Alistair Knox Park

Celebrating Community – Supporting Local

[www.elthamfestival.org.au](http://www.elthamfestival.org.au) Facebook/elthamfestival

Major Sponsors



ELTHAM LEISURE CENTRE

Sponsors



Proudly supported by



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